

STANDARD INSTALLATION
TOPIC EXCHANGE SERVICE



RELOCATION INFORMATION FOR
Naval Air Station Patuxent River
Maryland

Information Date
November 14, 2003

Visit the SITES Web Site at
<http://www.dmdc.osd.mil/sites>

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Installation

Installation Overview

For more information on this subject:
NAS Patuxent River Homepage
<http://nas.nawcad.navy.mil>

Naval Air Station Patuxent River stretches across approximately 12 miles of shoreline at the mouth of the Patuxent River, overlooking the picturesque Chesapeake Bay, 65 miles southeast of Washington, D.C. and 75 miles south of Baltimore. NAS Patuxent River covers more than 13,800 acres, including the Bloodsworth Island Range and the Webster Field Annex, which is located about 15 miles south of the station.

Patuxent River is home to the Naval Air Systems Command headquarters and the Naval Air Warfare Center Aircraft Division. NAVAIR's Aircraft Division at Patuxent River (including the Webster Field Annex) is the Navy's full spectrum acquisition, research, development, test, evaluation and engineering and fleet support activity for manned and unmanned aircraft, engines, avionics, aircraft support systems and ship/shore/air operations.

With more than 165,000 air operations annually, activities at Patuxent River fly 140 aircraft (type/model/series) over 780 restricted and 5,000 controlled square miles. The RDT&E capability ranges from concepts analysis and procurement to flight testing and support equipment. Patuxent River has five runways and 935 buildings with an estimated \$2.8 billion current plant value.

The Navy has become the largest employer in the community. More than 19,200 people are employed on the station. This work force includes approximately 3,100 active-duty service members, 7,200 civil service employees, 8,500 defense contractor employees, and 400 non-appropriated-fund employees. In addition, the station services approximately 4,500 military family members.

In addition to bringing a larger work force to Southern Maryland, the station has expanded facilities in recent years. During the last two decades, the station has grown to include a manned flight simulator, a large aircraft anechoic chamber, the Capt. Steven A. Hazelrigg Flight Test Facility, the U.S. Naval Test Pilot School academic building and a pool facility at the Aviation Survival Training Center.

These new facilities have significantly improved aviation safety and the quality of naval aviation products. With the consolidated work force and expanded facilities, Naval Air Station Patuxent River is where the future of naval aviation begins.

| |
|--|
| Name: Command Duty Office, NAS |
| POC: Command Duty Officer |
| Address: 22268 Cedar Point Road Building 409 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1095 |
| FAX: 301-342-6613 |
| DSN Phone: 342-1095 |
| DSN FAX: 342-6613 |
| Comments: The Quarter Deck is open 24 hours a day for check-in. All personnel reporting aboard should arrive in the Uniform of the Day at the Command Duty Office (CDO), Bldg. 409, for inprocessing. The CDO officially terminates leave and travel time, and directs new arrivals to the Personnel Support Detachment (PSD), located in the same building, for further processing. After hours arrivals at the CDO should report to PSD at the beginning of the next work day. |

| |
|---|
| Name: Fleet and Family Support Center |
| POC: Bettie Broadhurst/Relocation Manager |
| Address: 21993 Bundy Road Unit 2090 |
| City: NAS Patuxent River, MD 20670-1132 |
| Phone: 301-757-1863 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1863 |
| DSN FAX: 342-4802 |
| E-Mail: bettie.broadhurst@navy.mil |

| |
|--|
| Name: Naval Air Station Public Affairs Office |
| POC: John Romer |
| Address: 22268 Cedar Point Road, Bldg. 409 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-7710 |
| FAX: 301-342-7509 |
| DSN Phone: 342-7710 |
| DSN FAX: 342-7509 |

| |
|---|
| Name: Naval Air Station Security Pass Office |
| POC: Jim McCoy |
| Address: Building 2189 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-4675 |
| FAX: 301-342-3392 |
| DSN Phone: 757-4675 |
| DSN FAX: 342-3392 |

| |
|---|
| Name: Personnel Support Activity Detachment |
| POC: PNSN Dalmeida, PN2 P or PNSN Walsh |
| Address: NAS Admin/PSD, Bldg 409, Ste 2 , 22268 Cedar Point Rd, Unit 42325 |
| City: NAS Patuxent River, MD 20670-1154 |
| Phone: 301-342-7303 (Dalmeida), 301-342-7315 (Prentice), 301-342-7311 (Walsh) |
| FAX: 301-342-1059 |
| DSN Phone: 342-7303 (Dalmeida), 342-7315 (Prentice), 342-7311 (Walsh) |
| DSN FAX: 342-1059 |

Must Know Items

If you have orders to Patuxent River, you will need a sponsor who can assist you with your needs. To ensure a sponsor is assigned, call your command, or the Fleet and Family Support Center, Bettie Broadhurst (301-757-1863/DSN 757-1863). Consistent communication with your sponsor prior to moving here will make your relocation much easier.

Housing options are limited. Please insure that you have researched your options prior to arrival. Check with the Housing Welcome Center at 301-342-3847 for their housing and rental listings and apply for base housing if possible.

Child care is also limited for certain ages. There is care provided on base and in many housing units as well as in the community. Please call to verify appropriate choices.

SEE CHILD AND TEEN SERVICES/CHILD CARE PROGRAMS - ON INSTALLATION.

There are no commercial bus, railroad or air service to our area. If you are flying here, you will land in the D.C. area or Baltimore (all airports are at least 1.5 hours from the base). There is a base shuttle two times a day to/from Ronald Reagan National Airport, but you MUST contact our Transportation Office at 301-342-5088/DSN 342-5088 for information and to make reservations. If they do not know of anyone coming in, the Transportation Office may not have

the van stop. Also you can contact your command and/or sponsor for a possible pick-up.

There are also several local shuttle services that will take you to and from Union Station (AMTRAK) and all the area airports; Dulles, Baltimore/Washington International (BWI) and Ronald Reagan National. Call C'Agnes Transportation at 301-994-0773, Martin Airport Shuttle at 301-373-4407/pager 888-788-7444, or Smart Ride Inc. at 410-535-6932 for reservation and fees. Smart Ride, Inc. has just started the St. Mary's Airport to BWI van service offering 3 trips a day to and from BWI at a reduced fee. SEE INSTALLATION/TRANSPORTATION for more transportation details.

DRIVING TO PATUXENT RIVER

*From Ronald Reagan National Airport take Route 1 south to I-95 toward Baltimore. Go about 4 miles to Route 210 south to Indian Head. Go 10 miles to Route 228 to Waldorf. Go 6 miles, cross Route 301, and keep straight onto Route 5 south. Route 5 will become Route 235 as you continue straight. Continue on Route 235 to Lexington Park. Gate 1 is on the left at the intersection of Route 235 and Peggs Road. Gate 2 is on the left at the intersection of Route 235 and Great Mills Road (Route 246). Both intersections have a stop light.

*From BWI Airport take I-97 south to Route 3 south. Route 3 will become Route 301 South. From 301 south exit to Route 4 south. Continue through Prince Frederick and over the Governor Thomas Johnson Bridge. Go to the traffic light at the intersection of Routes 4 and 235 and turn left onto Route 235. Gate 1 is on the left at the intersection of Route 235 and Peggs Road. Gate 2 is on the left at the intersection of Route 235 and Great Mills Road (Route 246). Both intersections have a stop light.

*If driving, take Route 234 south off of Route 301, or take Route 4 south or Route 5 south off of Route 301 or I-95. For Route 234, go about 20 miles to intersection of Route 5 south - make a right. Continue straight about 15 miles to Great Mills Road (Route 246, light) and turn left. Go approximately four miles and Gate 2 is at the end of Great Mills Road. For Gate 1 turn north on Route 235 and Gate 1 is on the right at the intersection of Peggs Road and Route 235.

For Route 4 south, go about 45 miles to Route 235. Turn left onto Route 235 and go about 5 miles. Gate 1 is on the left at the intersection of Route 235 and

Peggs Road. Gate 2 is on the left at the intersection of Route 235 and Great Mills Road (Route 246).

For Route 5 off of Route 301, go approximately 25 miles to Waldorf where Route 5 will turn left going to Lexington Park. Route 5 will merge into Route 235 as you continue straight (about 20 miles after you turn in Waldorf). Continue straight on Route 235. Gate 1 is on the left at the intersection of Route 235 and Peggs Road. Gate 2 is on the left at the intersection of Route 235 and Great Mills Road (Route 246). Both intersections have a stop light.

After entering Gate 1, continue straight to Cedar Point Road (at the third traffic light). Turn left to Building 409, your check in spot, which is on the right at the intersection of Cedar Point Road and Tate Road. After entering Gate 2, continue straight on Cedar Point Road to Building 409 (approximately a mile down on the right just before the second light). In Building 409, you will check in at the Command Duty Office.

CHECK IN

Check in starts at the Command Duty Office, 301-342-1095 or at your command check in point. From your check in point, you will be directed to the Personnel Support Detachment (301-342-7303/7311/7315) opened M-F from 7:30 A.M.-2:00 A.M. Check in times are 7:30A.M.-11:00 A.M. If you arrive after 11:00 A.M., you will be given your paperwork and told to come back the next working day. After hours, you still go to the Quarter Deck and see the Officer of the Day. Both PSD and the CDO are located in Building 409 (NAS Administration) on Cedar Point Road.

If you have been directed to go to your command check in location, call your sponsor for directions or ask at the gate.

Please refer to the "Nearby Installations" section of this booklet for further information.

Must Know Items

| | |
|-------------------------------------|----------------------------------|
| --Installation-- | |
| Site Name | Naval Air Station Patuxent River |
| Last Updated | November 14, 2003 |
| State/Territory | Maryland |
| County | St Mary's |
| ZIP Code | 20670 |
| Service | USN |
| Host Command | NAS Patuxent River |
| Physical Size | 7950 |
| --Personnel-- | |
| FSC/ACS Director | Susan Claggett |
| Relocation Assistance Manager | Bettie Broadhurst |
| Relocation Assistance Specialist | |
| --Phones-- | |
| DSN Country Code | |
| DSN Number | 757-1863 |
| Commercial Country Code | |
| Commercial Area Code | 301- |
| Commercial Number | 757-1863 |
| FAX DSN Country Code | |
| FAX DSN Number | 342-4802 |
| FAX Commercial Country Code | |
| FAX Commercial Area Code | 301- |
| FAX Commercial Number | 342-4802 |
| --Official Mailing Address-- | |
| Street Line 1 | Fleet and Family Support Center |
| Street Line 2 | 21993 Bundy Road, Building 2090 |
| City | Naval Air Station Patuxent River |
| State/Territory | MD |
| ZIP Code | 20670-1132 |
| --Deliverable Address-- | |
| Street Line 1 | Fleet and Family Support Center |
| Street Line 2 | BLDG. 2090 |
| City | NAS Patuxent River |
| State/Territory | MD |
| ZIP Code | 20670-1132 |
| E-Mail | bettie.broadhurst@navy.mil |

Geographically Separated or Satellite Locations

| <i>Satellite</i> | <i>Command</i> | <i>Distance</i> | <i>Associated Site Name</i> |
|---------------------|----------------|-----------------|----------------------------------|
| Webster Field Annex | VC-6 DET. | 15 MILES | Naval Air Station Patuxent River |

Nearby Installations (Listed Separately in SITES)

| <i>State/Country</i> | <i>Site Name</i> | <i>Service</i> | <i>Distance</i> |
|----------------------|-------------------------|----------------|-----------------|
| District of Columbia | Bolling AFB/AF Pentagon | USAF | 65 miles |
| District of Columbia | NAVDIST Wash DC | USN | 60 miles |
| Maryland | Andrews AFB | USAF | 45 miles |
| Maryland | Fort Meade | USA | 60 miles |
| Maryland | U.S Naval Academy | USN | 54 miles |
| Virginia | Fort Belvoir | USA | 60 miles |
| Virginia | Fort Myer | USA | 65 miles |
| Virginia | Henderson Hall | USMC | 65 miles |
| Virginia | NSWCDD Dahlgren | USN | 40 miles |
| Virginia | Quantico | USMC | 70 miles |

Regulations

For more information on this subject:
Maryland Motor Vehicle Administration
<http://www.mva.state.md.us>

Photo I.D.s are taken during the following hours: 7:30-11:00 A.M., M-Th at Gates 1 and 2, 12:00-3:45 P.M., M-Th at Gate 1 and 2, and on Fridays only during the morning hours until 11:00 A.M. Decals are done from 7:30 A.M.-5:30 P.M. M-F at Gate 1 and 7:30 A.M.-3:30 P.M. M-F at Gate 2. Military members should have checked in at Personnel Support Activity Detachment and have their I.D. card, driver's license, registration, and proof of insurance. Civil Service employees should have checked in with the Human Resource Organization and follow above requirements. Civilian contractors should check with their Command Security Coordinator for procedures. Weapon registration is done from 7:30 A.M.-5:30 P.M. M-F at Gate 1 and 7:30 A.M.-3:30 P.M. at Gate 2. Weapons can also be registered at Webster Field. For this registration you are required to have your I.D.card, the weapon serial number, and description. **DO NOT BRING THE WEAPON WITH YOU.**

Military IDs are issued at Personnel Support Activity Detachment.

If you are planning to go fishing on the base, you will need a state license and a base license. The base license may be purchased from Morale, Welfare, and Recreation or the Command Duty Office for \$5.00. Crabbing on base also requires a license.

VEHICLE OWNERSHIP

Members of the Armed Forces are exempt from acquiring Maryland license if they have a valid driver's license from the service members state of domicile.

Military personnel do not need to re-register their car if the car is registered in their home state.

To register a vehicle on base you must have registration, identification card, valid drivers license and proof of insurance. You can register your vehicles at the Department of Public Safety, Building 2189 (at Gate 2), or at the Gate 1 Pass Office. Hours 7:30 A.M.-5:30 P.M., M-F for Gate 1 or 7:30 A.M.-3:30 at Gate 2.

All the major insurance companies have offices in Southern Maryland, for more information call the insurance companies to compare rates and services that meet your needs.

| |
|--|
| Name: Command Duty Office/CDO |
| POC: Officer of the Day |
| Address: Bldg. 409, Admin. Bldg., 22268 Cedar Point Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1095 |
| FAX: 301-342-6613 |
| DSN Phone: 342-1095 |
| DSN FAX: 342-6613 |
| Comments: Open 24 hours per day. Come in the Uniform of the Day for check in.. |

| |
|--|
| Name: Direct Express Auto Tag & Title, LLC |
| POC: Kristyn Hood |
| Address: 22934 Three Notch Road Suite 001 |
| City: California, MD 20619 |
| Phone: 301-862-5533 |
| WWW Link: http://www.marylandautotags.com |
| Comments: Save yourself a trip to MVA. Maryland vehicle tags and registration while you wait or next day - cars, trucks, motorcycle, trailers, anything on wheels. MVA licensed. Service charge. Located near Blockbuster Video. Call for further information and questions. There are three other locations, one in Prince Frederick at 410-535-5979, Dunkirk at 410-286-5599 and Temple Hills at 301-433-0970. Hours: 9:00 A.M.-6:00 P.M. M-F and 9:00 A.M.-1:00 P.M. on Saturday. |

| |
|---|
| Name: Fast Stop Tag and Title, LLC |
| Address: 22340 Three Notch Road (at Exploration Dr.) 1/4 mile N. of Gate 1 |
| City: Lexington Park, MD 20653 |
| Phone: 301-863-2886 |
| FAX: 301-863-2053 |
| E-Mail: fstt_autotags@yahoo.com |
| Comments: AUTO REGISTRATION SERVICE (for additional charge), servicing Southern Maryland since 1994. MVA licensed. Customer oriented service offering MD vehicle registration and out of state registration. New resident's service, with or without a MD driver's license, and with or without a lien. Notary and fax service available. Discount for multi vehicle registration and repeat customers. Leonardtown location at 25805 Point Lookout Rd., 301-475-9241/Fax 301-475-2013. Prince Frederick location at 810 N. Solomons Island Road, 410-414-9824/Fax 301-414-9822. Hours: 9:00 A.M.-5:00 P.M. M-F. |

| |
|--|
| Name: Morale, Welfare, and Recreation |
| Address: Bldg. 467 Suite A, NASMR |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3510 |

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|---|
| Name: Motor Vehicle Administration |
| Address: 11 Industrial Park Dr. |
| City: Waldorf, MD 20602 |
| Phone: 1-800-950-1682 |
| WWW Link: http://www.marylandmva.com |
| Comments: Hours of operation are 8:30 A.M. to 4:30 P.M., M-F for full service. 8:30 A.M. to noon on Saturday for drivers license services only except for the last Saturday of the month when you can do tag renewals. Call to verify. |

| |
|--|
| Name: Motor Vehicle Administration |
| Address: 27351 Point Lookout Rd. Route 5 at Sunnyside Rd. |
| City: Leonardtown, MD 20650 |
| Phone: 1-800-950-1682 |
| WWW Link: http://www.marylandmva.com |
| Comments: Hours of operation are 8:30 A.M. to 3:45 P.M., W-F with a half an hour lunch break from 12:00-12:30 P.M. Part-time facility featuring: renewal of driver's license and I.D. cards, duplicate driver's license and I.D. cards, corrected driver's license and I.D. cards, new residents conversion to MD driver's license (with valid out of state license), commercial drivers license learner's permit (CDL is obtained in Waldorf), learner's permits (no road skills test), conversion of profile license/I.D. to front view, conversion of provisional license, tag return, certified copies of driving records and voter registration. NO TAG & TITLE WORK IS PROCESSED AT PART-TIME FACILITIES. Mobile Unit comes four days of the month. Call for days and times. Services include driver's license conversion (from present to MD), ID services, registration renewal, substitute tags and stickers, tag returns, disabled parking tags and placards, voter registration, organ donor registration, change of address, duplicate registration, and certified copies of your driving record. |

| |
|--|
| Name: Motor Vehicle Administration/Mobile Unit |
| Address: Parking lot/Building 2189/Frank Knox Bldg. |
| City: NAS Patuxent River, MD 20670 |
| Phone: 1-800-950-1682 |
| WWW Link: http://www.marylandmva.com |
| Comments: Opened the last Thurs. and Fri. of the month. CALL TO VERIFY HOURS, DAYS AND LOCATION. Driver's License conversion (from present to MD), ID services, registration renewal, substitute tags and sticker, tag returns, disabled parking tags and placards, voter registration, organ donor registration, change of address, duplicate registration and certified copies of your driving records. |

| |
|---|
| Name: Motor Vehicle Administration/Prince Frederick |
| Address: 200 Duke Street (Louis Goldstein Bldg.) |
| City: Prince Frederick, MD 20678 |
| Phone: 1-800-950-1682 |
| WWW Link: http://www.marylandmva.com |
| Comments: Hours are 8:30 A.M.-3:45 P.M. Monday and Tuesday with a lunch break from 12:00-12:30 P.M. Part-time facility featuring: renewal of driver's license and I.D. cards, duplicate driver's license and I.D. cards, corrected driver's license and I.D. cards, new residents conversion to MD driver's license (with valid out of state license), commercial drivers learner's permit (CDL permit is obtained in Waldorf), learner's permits (no road skills test), conversion of profile license/I.D. to front view, conversion of provisional license, tag return, certified copies of driving records and voter registration. NO TAG & TITLE WORK IS PROCESSED AT PART-TIME FACILITIES. |

| |
|---|
| Name: NAS Security Pass Office |
| POC: Jim McCoy |
| Address: Bldg. 2189 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-4675 |
| FAX: 301-342-3392 |
| DSN Phone: 757-4675 |
| DSN FAX: 342-3392 |
| Comments: This is the Pass Office at Gate 2. There is also a Pass Office at Gate 1 (Bldg. 2389, 301-757-1770). Gate 1 is where housing guest passes are issued. |

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|--|
| Name: Personnel Support Activity Detachment |
| POC: PNC Cannon |
| Address: BLDG 409, Suite 2, 22268 Cedar Point Road, Unit 42325 |
| City: NAS Patuxent River, MD 20670-1154 |
| Phone: 301-342-7293 |
| FAX: 301-342-1059 |
| DSN Phone: 342-7293 |
| Comments: Call 301-342-7313/DSN 342-7313 if you do not get an answer on the above number. Hours: 7:30 A.M.-2:00 P.M. M-F. |

| |
|---|
| Name: St. Mary's County Treasurer |
| Address: P.O. Box 642 23150 Leonard Hall Drive |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4472 |
| Comments: Maryland vehicle tag renewal may be done at this location for an additional \$1.00 fee. |

Commonly Referenced Numbers

| <i>Name</i> | <i>Commercial</i> | <i>DSN</i> |
|---|-----------------------------|------------------------------|
| Chaplain | 301-342-3812/3811 | 342-3812/3811 |
| Child Development Center | 301-342-7636 | 342-7636 |
| Child Development Center Annex | 301-342-3636 | 342-3636 |
| Command Career Counselor | 301-342-1562 | 342-1562 |
| Exchange | 301-342-0614 | 342-0614 |
| Fleet and Family Support Center | 301-342-4911 | 342-4911 |
| Housing | 301-342-3847 | 342-3847 |
| Legal | 301-342-7643/1934/1047 | 342-7643/1934/1047 |
| Morale , Welfare and Recreation | 301-342-3510/3508 | 342-3510/3508 |
| Naval Air Station Information Operator | 301-342-3000 | 342-3000 |
| Naval Medical Clinic Appointments | 301-342-1506 | 342-1506 |
| Naval Medical Clinic/Information Desk | 301-342-1419/1418 | 342-1419/1418 |
| Navy Lodge | 301-737-2400/ 1-800-NAVYINN | |
| Navy/Marine Corps Relief Society | 301-342-4739 | 342-4739 |
| Officer of the Day (CDO) | 301-342-1095 | 342-1095 |
| Personal Property | 301-757-9666 | 757-9666 |
| Public Affairs Office - NAS | 301-342-7710 | 342-7710 |
| Public Affairs Office - NAVAIR | 301-757-1487 | 757-1487 |
| Public Safety Department | 301-342-3277 | 342-3277 |
| Quarters: Combined Bachelor | 301-342-3601 | 342-3601 |
| Red Cross | 301-342-4100 | 342-4100 |
| TRICARE Information/Health Benefits Advisor | 301-342-1457 | 342-1457 FAX 301-342-3134 |
| Transportation Management (Dispatcher) | 301-342-5088 | 342-5088 |
| Veterinarian Clinic | 301-342-4213 | 342-4213 |

Major Unit Listing

| <i>Unit</i> | <i>Command</i> | <i>Point of Contact</i> | <i>Commercial</i> | <i>DSN</i> | <i>Fax</i> |
|-------------|--|-------------------------|--|------------------------------------|------------------------------|
| | Air Test & Evaluation Squadron One (VX-1) | Command Duty Office | 301-757-3224 | 757-3224 | |
| | Aircraft Intermediate Maintenance Dept. (AIMD) | Command Duty Office | 301-342-3311 | 342-3311 | 301-342-3957 |
| | Marine Aviation Detachment (MAD) | Command Duty Office | 301-342-1101 | 342-1101 | 301-342-1698 |
| | Naval Air Station (NAS) | Command Duty Office | 301-342-1095 | 342-1095 | 301-342-6613 DSN 342-6613 |
| | VX-20 | Command Duty Office | 301-342-4765 | 342-4765 | 301-342-4516 |
| | VX-23 | Command Duty Office | 301-342-4200 | 342-4200 | 301-342-4660 |
| | Naval Test Wing Atlantic | Command Duty Office | 301-342-1113 | 342-1113 | 301-342-6790 |
| | United States Naval Test Pilot School (TPS) | Command Duty Office | 301-757-5041 (After hours 301-757-3999) | 757-5041 (After hours 757-3999) | 301-342-5940 DSN 342-5940 |
| | Naval Air Systems Command/NAVAIR | Military Personnel | 301-342-6810/3719 | 342-6810/3719 | 301-757-2675/DSN 757-2675 |
| | HX-21 | Command Duty Office | 301-342-1762 | 342-1762 | 301-342-1783 |
| | Naval Medical Clinic | | 301-342-1418 | 342-1418 | 301-342-1502 |
| | Naval Air Warfare Center - Aircraft Division-NAWC- | Vice Commander | 301-342-1100 | 342-1100 | 301-342-1112 |
| | Fleet Air Reconnaissance Squadron Four (VQ-4) | Command Duty Office | 301-342-3374 | 342-3374 | 301-342-3343 |
| | Fleet Composite Squadron Six (VC-6 DET) | Command Duty Office | 301-995-8805 | 995-8805 or 342-3000 x8805 | 301-995-8090 |
| | Naval Air Systems Command/NAVAIR | Command Duty Office | 301-757-6100/6072 | 757-6100/6072 | 301-757-7861/DSN 757-7861 |
| | Personnel | Administration | 301-342-7324 | 342-7324 | 301-342-1059 |

| | | | | | |
|--|--|--------|--|--|--|
| | Support Activity Detachment (PSD) | Office | | | |
|--|--|--------|--|--|--|

Transportation

There is a base taxi for official business only. There is a base shuttle service that travels two times a day (M-F except holidays) to and from Ronald Reagan National Airport, Bethesda-Naval Regional Medical Center, Andrews Air Force Base, the Navy Yard, and Anacostia. For all services you should call the Transportation Office (301-342-5088) for information and reservations. There are several local shuttle services that will take you to/from bus and train stations and local airports - Baltimore/Washington International, Dulles, and Ronald Reagan National Airport. SEE RECORD LISTING. You should call your command or sponsor for an airport pickup.

THERE IS NO PUBLIC TRANSPORTATION TO THE PATUXENT RIVER AREA, AND TAXIS ARE GENERALLY NOT REIMBURSABLE AND VERY EXPENSIVE!

| |
|--|
| Name: C'Agnes Transportation |
| POC: Leo Young |
| Phone: 301-994-0773 |
| Comments: All occasion sedan - van service offering door to door service 24 hours a day. Service to and from airports/trains included. Call for reservations and fees. |

| |
|---|
| Name: Martin Shuttle Service |
| Phone: 301-373-4407/Emergency number 301-672-0599 |
| E-Mail: gomassinc@aol.com |
| Comments: Shuttle service to and from area train stations and airports (BWI, Dulles, and Ronald Reagan National Airport) plus any destination in the D.C., VA or Baltimore area. Single, family, group and corporate rates. Call for reservations and fees. 48 hours notice is recommended. |

| |
|---|
| Name: Public Works Transportaion Office |
| POC: Dispatcher |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-5088 |
| Comments: This is the contact for the shuttle services and for the base taxi. The base taxi is used for official base business and will take you to pick up a rental car if for business. A shuttle departs M-F, except holidays from Ronald Reagan National Airport near the flag pole in front of the old terminal departure entrance. Current schedule has two departures, at 8:35-8:40 A.M. and 2:10-2:20 P.M. daily. The schedule is subject to change. Be sure to check with your sponsor, the Public Works Transportation Office or the Command Duty Officer (301-342-1095) to reserve your seat. Reservations are a must! You must be waiting in the appointed spot at the appointed time. THERE IS NO PUBLIC TRANSPORTATION TO THE PATUXENT RIVER AREA, AND TAXIS ARE GENERALLY NOT REIMBURSABLE AND VERY EXPENSIVE! |

| |
|--|
| Name: Smart Ride |
| Phone: 410-535-6932 |
| E-Mail: info@smartrideinc.com |
| Comments: Shuttle service to and from bus and train stations and airports (BWI, Dulles and Ronald Reagan National). Family plan - \$5.00 for each additional family member beyond the first full fare member. American Express, MC, VISA and personal checks are accepted. Call 24 hours in advance for reservations and fees. Pick-ups 10:00 P.M.-5:00 A.M. incur a \$10.00 additional charge. Smart Ride, Inc. has just started the St. Mary's Airport to BWI van service offering 3 trips a day to and from BWI at a reduced fee. Call to reserve your spot. |

| |
|---|
| Name: Transportation Office - Personnel Support Activity Detachment |
| POC: Mickey Lafayette |
| Address: Building 409, First floor |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-7309 |
| Comments: Hours of operation are 7:30 A.M.-3:00 P.M. Working with SATO, this office issues passports and approves travel for military members, civil servants, and their families on PCS/TAD orders. |

Commissary and Exchange Operations

See Record Listings below.

| |
|---|
| Name: Commissary |
| Address: Building 2173 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3789 |
| Comments: Hours of operation are 9:00 A.M.-7:00 P.M. T-F, 9:00 A.M.-6:00 P.M. Sat., and 10:00 A.M.-6:00 P.M. Sun. Closed on Monday. Early Bird hours are 8:00 A.M.-9:00 A.M. T-F for purchase of 15 items or less. From Gate 1, go to the first light and take a right. Commissary is on the right. From Gate 2 take the second left onto Mandt Road, an immediate left onto Bundy Road and then a right onto Cuddihy Road and the commissary is on the left about a mile down, across the street from Navy Lodge. WIC, vender coupons, Traveler's Checks, debit and credit cards (American Express, MC, VISA and Discover), and food stamps are accepted. |

| |
|---|
| Name: Navy Exchange |
| Address: Building 2369 22099 Cuddihy Rd. |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-0614 |
| Comments: Our Navy Exchange mall comes complete with a food court. Hours of operation for the Main Exchange are 9:00 A.M.-8:00 P.M., M-Sat. and 10:00 A.M.-5:00 P.M., Sun. and holidays. Other shops, phone numbers and hours are: Barber, 301-342-0612, 8:00 A.M.-6:00 P.M., M-F and 8:00 A.M.-4:00 P.M. on Sat. Beauty, 301-342-0611, 8:00 A.M.-6:00 P.M., M-F and 8:00 A.M.-5:00 P.M. on Sat. Jewelry, 301-342-0623, hours are the same as Main Exchange. Dry Cleaners, 301-737-0720, 9:30 A.M.-6:00 P.M. M-F and 9:30 A.M.-5:00 P.M. on Sat. Optical, 301-342-0627, 9:30 A.M.-6:00 T-F and 9:30 A.M.-3:00 P.M. on Sat. Tailor, 301-342-0634, 10:00 A.M.-7:00 P.M. M-F. Uniform, 301-342-0636, hours are the same as Main Exchange. Video Rental, 301-342-0637, hours are the same as Main Exchange. |

| |
|---|
| Name: Quick Mart/Citgo |
| Address: Commissary parking lot |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-863-1258 |
| Comments: Hours of operation are 6:00 A.M.-10:00 P.M. M-F and 7:00 A.M.-10:00 P.M. Sat. and Sun. Gas, cigarettes, liquor, beer and limited grocery items are here. U-Haul is located here. There is a car wash offered at a discount with any store purchase. |

Local Community

Local Community Overview

For more information on this subject:

Southern Maryland On Line

<http://www.somd.com>

Imagine living in an area surrounded by water with beautiful scenery, historic sites and friendly people. Then put this area close to several major cities such as Baltimore (85 miles), Washington D.C. (53 miles), Richmond (101 miles), Philadelphia (181 miles) and New York City (281 miles). Southern Maryland gives you all this and more.

Southern Maryland refers to the Tri-County area of Calvert, Charles and St. Mary's. St. Mary's County, where NAS Patuxent River is located, is approximately one hour south of Washington D.C. and offers natural resources, recreational opportunities and cultural events. Located where the Patuxent River and the Potomac River join the Chesapeake Bay, this area offers miles of scenic shoreline where outdoor sporting activities abound.

Settled in 1634 by a group of English settlers pursuing religious freedom, St. Mary's City became the first capital of the new colony. The area is a treasure trove of colonial history and unspoiled wetlands. Museums, historical churches and homes, state parks and special events await you in the beautiful Tri-County area.

The Southern Maryland area offers you a quality of life you may never had imagined. The Amish buggies ride down the side of the road as airplanes soar overhead. Many have chosen this area to live in and raise families. Now it is your turn.

| |
|--|
| Name: Additional information about St. Mary's County |
| WWW Link: http://www.co.saint-marys.md.us |

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|--|
| Name: Calvert County Chamber of Commerce |
| POC: Carolyn McHugh, President/CEO |
| Address: P.O. Box 9 120 Dares Beach Road |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-2577 |
| FAX: 410-257-3140 |
| E-Mail: info@calvertchamber.org |
| WWW Link: http://www.calvertchamber.org |

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|--|
| Name: Calvert County MD |
| WWW Link: http://www.co.cal.md.us/cced |

| |
|--|
| Name: Charles County |
| WWW Link: http://www.charlescounty.org |

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|--|
| Name: Charles County Chamber of Commerce |
| POC: Sally Jameson, Executive Director |
| Address: 6360 Crain Highway |
| City: La Plata, MD 20646 |
| Phone: 301-932-6500 |
| FAX: 301-932-3945 |
| E-Mail: info@cccc-md.org |
| WWW Link: http://www.cccc-md.org |

| |
|--|
| Name: St. Mary's County Chamber of Commerce |
| POC: Bill Scarafia, Executive Director |
| Address: 28290 Three Notch Road |
| City: Mechanicsville, MD 20659 |
| Phone: 301-884-5555 |
| FAX: 301-884-2149 |
| E-Mail: info@smcchamber.com |
| WWW Link: http://www.smcchamber.com |

Time Zone Chart

Normally the local time zone is Eastern Standard Time. In the spring, we go to Daylight Savings Time until the end of October. Time in chart has been left at Eastern Standard Time so make adjustments.

Time Zone Chart

| <i>Location</i> | <i>Adjustment for GMT</i> |
|----------------------------|---------------------------|
| Pacific | -8 |
| Mountain | -7 |
| Central | -6 |
| Eastern | -5 |
| Greenwich (United Kingdom) | 0 |
| Central European (Germany) | 1 |
| East Asia (Japan) | 9 |

Climate

For more information on this subject:
Base weather

<https://nlmod-patuxentrivernavy.mil/nlmod-patuxentrivernavy/>

This location in Maryland experiences moderate winters with occasional snowfall/snowstorms with average temperatures being 40 degrees. Summers are hot and humid with average temperatures being 80

degrees. The temperature ranges from the teens to the high nineties. Annual precipitation is normally 40.47 inches with snowfall averaging 14.8 inches, but this year we have been well below normal.

Climate

| <i>Month</i> | <i>High</i> | <i>Low</i> | <i>Humidity</i> | <i>Precipitation</i> |
|--------------|-------------|------------|-----------------|----------------------|
| January | 44 | 29 | 68 | 3.2 " S/R |
| February | 46 | 30 | 66 | 2.9" S/R |
| March | 54 | 37 | 65 | 3.9" S/R |
| April | 64 | 46 | 63.5 | 3.0" R |
| May | 73 | 56 | 67 | 4.1" R |
| June | 81 | 65 | 68 | 3.5" R |
| July | 86 | 70 | 69 | 4.2" R |
| August | 84 | 69 | 71 | 4.3"R |
| September | 78 | 63 | 71.5 | 3.3"R |
| October | 68 | 52 | 71 | 2.9" R |
| November | 58 | 42 | 68 | 3.3" S/R |
| December | 47 | 33 | 64 | 3.3" S/R |

Events Calendar

See Record Listings.

| |
|---|
| Name: Blessing of the Fleet |
| Address: St. Clement's Island Museum |
| City: Colton's Point, MD 20626 |
| Phone: 301-769-2222 |
| WWW Link: http://www.co.saint-marys.md.us/recreate/museum |
| Proximity to site: 25 miles |
| Comments: First weekend in October. Live music, food, arts and crafts, parade, fireworks, and the blessing of the fleet. Boat rides to the island. Small admission. |

| |
|---|
| Name: Calvert County Fair |
| Address: P.O. Box 224 |
| City: Barstow, MD 20610 |
| Phone: 410-535-0026 |
| Proximity to site: 25 miles |
| Comments: The fair takes place the last week of September, Wed.-Sun. Small admission. |

| |
|---|
| Name: Charles County Fair |
| Address: P.O. Box 968 8440 Fairgrounds Rd. |
| City: La Plata, MD 20646 |
| Phone: 301-932-1234 |
| Proximity to site: 40 miles |
| Comments: The second Thursday-Sunday after Labor Day. |

| |
|---|
| Name: Crab Festival |
| Address: Governmental Center |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-6910 |
| Proximity to site: 12 miles |
| Comments: June 6, 2004 from 12:00 noon-5:00 P.M. Steamed crabs, seafood, and non-seafood dishes are served. Entertainment, arts and crafts, and an antique and classic car show. There is an admission fee. |

| |
|---|
| Name: Governor's Cup Yacht Race |
| Address: St. Mary's College |
| City: St. Mary's, MD 20686 |
| Phone: 240-895-3059 |
| Proximity to site: 6 miles |
| Comments: Sailboat race departing Annapolis August 6, 2004 at 6:00 P.M. and ending at St. Mary's City during the morning hours of August 7. During the day there is continuous live entertainment, food and festivities ending with the Governor's Cup Dinner in the evening. This will be the 31st annual race and special events will be planned. |

| |
|---|
| Name: Maryland Days |
| POC: Kim Cullins |
| Address: St. Clement's Island - Potomac River Museum |
| City: Colton's Point, MD 20626 |
| Phone: 301-769-2222 x305 |
| Proximity to site: 25 miles |
| Comments: March 25th celebration of Maryland's 370th birthday with a special ceremony with addresses by guest speakers and local officials at 11:00 A.M. followed by a luncheon (by reservation). |

| |
|---|
| Name: Maryland Days at Historic St. Mary's City |
| City: St. Mary's City, MD |
| Phone: 240-895-4960 |
| WWW Link: http://www.stmaryscity.org |
| Comments: March celebration of Maryland's 370th birthday with historical reenactments, pagentry and ceremonies. March 24, 2004. |

| |
|--|
| Name: Oyster Festival |
| POC: David Taylor |
| Address: P.O. Box 766 |
| City: California, MD 20619 |
| Phone: 301-863-5015 |
| WWW Link: http://www.usoysterfest.com |
| Proximity to site: 10 miles |
| Comments: Held at the St. Mary's County Fairgrounds the third weekend in October (October 16-17, 2004). Great food, non-stop live entertainment and fun. Admission fee. Home of National Oyster Shucking Championship and National Oyster Cookoff. |

| |
|---|
| Name: Patuxent River Appreciation Days |
| POC: Karen Stone |
| Address: Calvert Marine Museum, P.O. Box 97 |
| City: Solomons, MD 20688 |
| Phone: 410-326-2042 x32 |
| Proximity to site: 10 miles |
| Comments: Columbus Day weekend in October (Oct. 9-10, 2004). Food, arts and crafts, seafood cooking demonstrations, children's activities, educational exhibits, a parade, 5K run/walk and free boat rides. No admission. Museum hours are 10:00 A.M.-5:00 P.M. daily. Admission charge to the museum is waived for this event. |

| |
|--|
| Name: River Concert Series |
| POC: Barbara Bershon |
| Address: St. Mary's College of Maryland |
| City: St. Mary's City, MD 20686 |
| Phone: 240-895-4107 |
| WWW Link: http://www.riverconcertseries.com |
| Proximity to site: 6 miles |
| Comments: Seven free performances starting Friday, June 11 and continuing on Friday evenings ending July 23, 2004. Concerts are on the Townhouse Green. Grounds open for picnicking at 5:00 P.M with the concert starting at 7:00 P.M. A large selection of food items will be available on site. Concerts will cater to a variety of musical taste and the evenings will feature family fun. The information line for the concers is 240-895-2024. |

| |
|---|
| Name: St. Mary's Co. Department of Economic and Community Development/Tourism |
| POC: Carolyn Laray, Tourism Manager |
| Address: 23115 Leonard Hall Drive, Governmental Center P.O. Box 653 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4200 x1404 |
| FAX: 301-475-4414 |
| E-Mail: carolyn_laray@co.saint-marys.md.us |
| WWW Link: http://www.co.saint-marys.md.us/ |
| Comments: Area information on events and sights to see. Hours: 8:00 A.M.-5:00 P.M. |

| |
|---|
| Name: St. Mary's County Fair |
| POC: John Richards |
| Address: St. Mary's Fairgrounds P.O. Box 243 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-8434 |
| E-Mail: jrichards@olg.com |
| Proximity to site: 10 miles |
| Comments: Third weekend after Labor Day (Sept. 23-26, 2004). Traditional activities, 4-H exhibits, horse pull, carnival, exhibition buildings with flowers, arts and crafts, food items, farming displays and livestock. Admission. |

Cultural Attractions

St. Mary's College contributes to the cultural atmosphere of Southern Maryland through art, music, drama and dance. Announcements are in the local newspapers as well as in the River Gazette (inserted monthly in the Enterprise and the Tester), and the College homepage. Of special note is the River Concert Series, a free family outdoor concert series in the summer, which features a professional orchestra with international and nationally prominent guest artists. Recent artists have included Hilary Hahn, Leon Bates, the Paul Reed Smith Band and Ethel Ennis. If interested in further information, you can call the Arts Outreach Coordinator of St. Mary's College at 240-895-4107.

High schools and organizations throughout the area plan many special events during the year. All events are posted on roadside signs and in the local newspapers.

St Mary's Musica is a local vocal group that specializes in madrigal and classical music. They are featured at many functions in St. Mary's County, most noted is the Christmas Madrigal Dinner at the Statehouse.

In Calvert County an active Cultural Arts Commission and community-based groups support outdoor and theme concerts, theatrical productions, art shows, and crafts and antique festivals. Some of the events throughout the year are the Waterside Concert at the Calvert Marine Museum, the Annual Children's Day on the Farm at Jefferson Patterson Park in June, the Bay Breeze Summer Concert in Chesapeake Beach in June, Artsfest at Annmarie Gardens in September, the county fair in late September, the Fall Heritage Festival in October and the Solomons Christmas Walk in December.

The College of Southern Maryland Fine Arts Center in LaPlata features many events rounding out the cultural atmosphere of Southern Maryland.

Throughout the year visiting performance groups, sponsored by local organizations, come to our counties. Check your local newspapers for all events

Call your local Chamber of Commerce for more information. SEE LOCAL COMMUNITY/LOCAL COMMUNITY OVERVIEW for record listings.

See records listings below.

| |
|--|
| Name: Arts Alliance of St. Mary's College of Maryland |
| POC: Barbara Bershon or Nancy Aud |
| Address: Ann Arundel Hall; St. Mary's College |
| City: St. Mary's City, MD 20688 |
| Phone: 240-895-4107 |
| FAX: 240-895-4999 |
| WWW Link: http://www.smcm.edu/artsalliance |
| Comments: One of the region's strongest and most diverse cultural forces. A membership organization with the mission to provide, support and sponsor cultural and arts related activities and programs at St. Mary's College for the enrichment and enjoyment of the Southern Maryland community. The organization provides awards to St. Mary's College students and provides faculty grants for programs, lectures, concerts and performances in the arts. The Arts Alliance is a proud sponsor of the River Concert Series starting Friday, June 11, 2004 and continuing on Friday evenings until July 23, 2004. The River Concert Series provides a delightful evening of picnicking and free music on the College Townhouse Green. St. Mary's College Events are listed in the local newspapers, College website (Go to News and Events), College newspaper, and the River Gazette. The River Gazette is published six times a year and is inserted into the Enterprise and the Tester and is mailed to Arts Alliance members. For Arts Alliance membership information, call Nancy Aud at 240-845-3038. |

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|---|
| Name: Maryland State Arts Council |
| POC: Teresa Colvin, Executive Director |
| Address: 175 W. Ostend St., Suite. E |
| City: Baltimore, MD 21230 |
| Phone: 410-767-6555 |
| WWW Link: http://www.msac.org |
| Proximity to site: 90 miles |
| Comments: Information about state arts functions and the state funding agency for the arts. |

| |
|--|
| Name: St Mary's County Arts Council |
| POC: Erin Gass |
| Address: P.O. Box 1310 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-6868 |
| FAX: 301-475-2030 |
| E-Mail: smcart@starpower.net |
| Comments: The purpose is to increase county awareness of the arts, and how the arts can enhance community and individual life. They encourage the development of arts and artists and receive, review, and approve grant applications. |

Recreation Opportunities

When you move to this area, you will quickly discover the joys of living near the water. Boating (you can rent one at the Solomon's Recreation area and at the NAS marina), fishing, crabbing, and swimming will surely top your list of enjoyable activities.

All three counties have very active parks and recreation programs. There are so many programs offered that there is not enough space to elaborate on all of them. Please contact the individual agencies to get their schedule of events and programs.

Calvert County Parks and Recreation offers a complete program of recreational activities including dance, fitness, martial arts, trips, art and crafts, plus special events to name a few. You will also find almost every possible sport in which to participate. During the summer, swimming lessons, summer sports, and youth camps are available. Kinder Camp is designed for ages 3-5 years and features games, crafts, play, and field trips. Super Summer offers a seven week program for 6-11 year olds. Teen summer activities, including a travel camp, are a big focus so come to any one of three community centers or activity areas to have fun and meet new friends. Park facilities in Calvert County include athletic facilities, a swimming pool, boat ramp and the Breezy Point Park - a public beach and campground situated on the Chesapeake Bay.

Charles County Department of Community Services offers a full range of sports and fun activities throughout the year. There are 9 community center sites at area schools for activities and registration. Sports activities for ages 5 and up include golf, ballet, gymnastics, aerobics, and year round swimming, pee wee tennis and soccer, teen and adult basketball, indoor soccer, and volleyball to name a few. Summer

camp, special events, developmental sports, and trips and tours provide a complete program. To see what Community Services has to offer each month, visit our website and view our monthly publications.

St. Mary's County Department of Recreation and Parks provides a wide variety of facilities and activities for citizens of all ages and abilities. The department develops and maintains the local park system consisting of over 1,200 acres of open space dedicated to public use. Twenty-one parks, fourteen public landings, and various athletic facility sites are available. The Department oversees Wicomico Shores Golf Course, St. Clements's Island-Potomac River Museum and Piney Point Museum and Park. The department also manages a historic shipwreck preserve, the recently acquired African American Schoolhouse in Drayden, the Leonard Hall Recreation Center, a Gymnastics Center, a Teen Center, the Hollywood and Carver Recreation Centers, a skate park at Nicolet Park and the new Great Mills Swimming Pool next to Great Mills High School. Over 90 youth and adult programs are offered that encompass a broad range of educational, therapeutic, leisure and sports activities. Recreation and Parks also operates "Before and After School" programs at school age centers, "KEEP" (Kindergarten Extended Enrichment Care), After School Learning Centers, Summer Day Camps and Sports Camps. Please call 301-475-4200 x1800 or visit our website for further information on facilities, programs and registration.

SEE SUPPORT SERVICES/MORALE, WELFARE, AND RECREATION for base recreational opportunities.

| |
|--|
| Name: Calvert County Parks and Recreation |
| Address: 175 Main Street, Courthouse |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-1600 x2225 |
| FAX: 410-535-2233 |
| WWW Link: http://www.co.cal.md.us/ccpr |
| Proximity to site: 25 miles |

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|--|
| Name: Charles Co. Dept. of Community Services |
| Address: 8190 Port Tobacco Road |
| City: Port Tobacco,, MD 20677 |
| Phone: 301-934-9305 x5152 |
| FAX: 301-934-5624 |
| WWW Link: http://www.charlescounty.org |
| Proximity to site: 50 miles |

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|--|
| Name: Navy Recreational Center - Solomons |
| Address: P.O. Box 147 |
| City: Solomons, MD 20688 |
| Phone: 410-326-5000 |
| FAX: 410-326-4280 (lodging) |
| Proximity to site: 6 miles |
| Comments: The Navy Recreation Center is a component command of Naval Support Activity, Washington, D.C. The installation provides a wide range of recreational opportunities offered by the Morale, Welfare and Recreation Department, primarily during the summer season. Services available at MWR-NRC Solomons include, but are not limited to, lodging, camping facilities, swimming pool complex, designed beach and swimming areas, fishing/crabbing pier, boat rentals/wet and dry storage slips at a marina, cycling, tennis and a recreation center which offers an array of recreational programs for all ages. To reach the Marina call (410)326-4009, and for lodging information and reservations (410)326-5204 or 1-800-NAVY-230 (MD,DC,VA). |

| |
|--|
| Name: On-Base Recreational Facilities |
| POC: MWR/ Management Support Office |
| Address: Bldg. 467, Ste. A 47402 Buse Rd, Unit NASMR |
| City: NAS Patuxent River, MD 20670-1537 |
| Phone: 301-342-3510 |
| FAX: 301-342-3637 |
| DSN Phone: 342-3510 |
| DSN FAX: 342-3637 |
| Proximity to site: on base |
| Comments: MWR facilities include a marina, campground and picnic areas, woodworking shop, custom frame shop, group exercise center, auto skills center, golf course, tennis courts, swimming pools (both indoor and outdoor), youth center, clubs and the "Drill Hall". The "Drill Hall", Building 458, houses the bowling center, basketball, volleyball, and racquetball courts, Nautilus center, lifecycles, and stairclimbers, and free weight room as well as an indoor pool. |

| |
|--|
| Name: St. Mary's County Department of Recreation and Parks |
| Address: P.O. Box 653 23150 Leonard Hall Drive |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4200 x1800 or 1801 |
| FAX: 301-475-4108 |
| E-Mail: rec&parks@co.saint-marys.md.us |
| WWW Link: http://www.co.saint-marys.md.us/recreate |
| Proximity to site: 12 miles |

Military Related and Civic Organizations

These listings represent a sampling of the military related and civic organizations available. For assistance locating organizations of particular interest to you that are not in this list, please contact the Fleet and Family Support Center at 342-4911 and talk with Bettie Broadhurst (Relocation Counselor) or Patsy Baxley (Information and Referral).

There are Rotary clubs, Kiwanis clubs, Lions and Lioness clubs, Jaycees, Optimist clubs, Elks, Knights of Columbus, Moose Lodges, and American Legions located throughout the Tri-County area.

| |
|---|
| Name: Boy Scouts of America |
| POC: Rob Parks -Tri-County area |
| Phone: 301-214-9169 |
| E-Mail: rparks@boyscouts-ncac.org |
| Comments: If there is no answer, leave a message on the machine. |

| |
|--|
| Name: Fleet Reserve Association |
| POC: Ernest Bernich, Club Manager |
| Address: P.O. Box 21 21707 Three Notch Road |
| City: Lexington Park, MD 20653 |
| Phone: 301-863-8291 |
| Comments: This civic organization works for the benefit of enlisted persons, active or retired, from the Navy, Marine Corps, and Coast Guard. The group sponsors civic, social and community activities. |

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|---|
| Name: Girl Scouts |
| POC: Julie Carlson-Field Director for Tri-County Area |
| Address: Livingston Square Shopping Center |
| City: Ft. Washington, MD 20601 |
| Phone: 800-834-1702 |
| E-Mail: jcarlson@gscnc.org |
| Comments: Also Patti Howard is an alternate contact at phoward@gscnc.org. |

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|--|
| Name: Navy League |
| POC: Tom Hill, President |
| Phone: 301-862-7083 (work) |
| WWW Link: http://www.navyleague.org |
| Comments: The Navy League is a civilian organization dedicated to the education of our citizens, including our elected officials, and the support of the men and women of the sea services and their families. You need not have served in the military to be a member of the Navy League. National Office in Arlington, VA - 800-356-5760. |

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|--|
| Name: Veterans of Foreign Wars |
| Address: P.O. Box 86 Route 235 |
| City: California, MD 20619 |
| Phone: 301-862-3247 |
| Comments: VFW helps to supply Christmas baskets to the needy. The group sponsors Little League, Girl Scouts, Senior Citizens, Boy Scouts, Sea Cadets, and many worthy community projects. Meetings are on the second Tuesday of the month at 7:30 P.M. and the Lady's Auxillary meets on the third Tuesday of the month at 7:30 P.M. Hours of operation are M-Th from 3:00-9:00 P.M., Friday and Saturday from 12:00 noon to midnight and on Sunday from 12:00 noon to ... Active duty are welcome. |

Shopping

Although the closest mall is about 40 miles away, the Tri-County does offer ample shopping possibilities. Also the Washington, D.C. and Annapolis areas are certainly close enough for a day at the mall.

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|--|
| Name: Charles Towne Center (mall) |
| City: Waldorf, MD |
| Phone: 301-870-6996 (management office) |
| Proximity to site: 40 miles north |
| Comments: This is the closest mall to the base and features Hechts, Sears, Gap, Old Navy, Victoria's Secret, Kohls and J.C. Penney as the major retailers. Many smaller shopping centers are nearby. |

| |
|--|
| Name: First Colony |
| Address: Route 235 (Three Notch Road) |
| City: California, MD |
| Proximity to site: 6 miles |
| Comments: This shopping center has Target, Bed, Bath and Beyond, Dress Barn, Pier 1 Imports, Giant, a Super Lowes, Staples, Michael's (crafts), Ruby Tuesdays, Chick Filet, and Burger King. |

| |
|--|
| Name: Fox Run Shopping Center |
| City: Prince Frederick, MD |
| Proximity to site: 45 miles |
| Comments: KMart, Giant, Fashion Bug and Peebles are located in this shopping center. |

| |
|---|
| Name: Laurel Glen Shopping Center |
| Address: 16080 Three Notch Road (Route 235) |
| City: California, MD |
| Proximity to site: 4 miles |
| Comments: KMart, Food Lion, and Cato are located in this shopping center. |

| |
|---|
| Name: Leonardtown Centre |
| Address: Route 5 |
| City: Leonardtown, MD |
| Proximity to site: 10 miles |
| Comments: Food Lion, Radio Shack, a fitness center, Blockbuster Video, and various restaurants are in this shopping center. |

| |
|--|
| Name: Millison Plaza |
| Address: Shangri-La Drive |
| City: Lexington Park, MD 20653 |
| Proximity to site: One block from Gate 2 |
| Comments: Eckerd's Drug, Big Lot, Bon Buffet and McDonald's are located in this shopping center. |

| |
|---|
| Name: Potomac Mills Mall |
| City: Dale City, VA |
| Proximity to site: 70 miles (I-95 South, exit 156) |
| Comments: This is an outlet mall with J.C. Penney, Marshalls, Spiegel's, Macy's, Bass Shoe, SYMS, Nine West, Casual Corner, plus much more. |

| |
|---|
| Name: San Souci Plaza |
| Address: MacArthur Blvd. |
| City: California, MD |
| Proximity to site: 3 miles north, off Route 235 |
| Comments: Fashion Bug, Taco Bell, Linda's Hallmark, a bridal store, Navy Federal, Keep It Simple Computers, CVS Pharmacy, Jo-Ann Fabric and Crafts, the California Post Office and several restaurants are located in this shopping center. |

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|--|
| Name: St. Mary's Square |
| Address: Great Mills Road |
| City: Lexington Park, MD |
| Proximity to site: 1 mile west |
| Comments: Food Lion, Peebles, Radio Shack and Pro Fitness are located in this shopping center. |

| |
|---|
| Name: Wildewood Shopping Center |
| Address: Route 235 |
| City: California, MD |
| Proximity to site: 7 miles north |
| Comments: Belks, GNC, Bay Books, Pro Fitness Gym, J. C. Penney, Sears, McKay's Grocery and Eckerd's Drug. |

State and Community Social Service Agencies

See Record Listings.

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|--|
| Name: Department of Social Services/Calvert County |
| POC: Gary Anderson, Director |
| Address: 200 Duke Street |
| City: Prince Frederick, MD 20678 |
| Phone: 410-286-2100 |
| E-Mail: calvdss@chesapeake.net |
| WWW Link: http://www.dhr.state.md.us/calvert.htm |
| Comments: Hour of operation are M-F, 8:00 A.M.-5:00 P.M. Applications taken from 8:00 A.M.-11:30 A.M. WHEN APPLYING FOR ASSISTANCE, A LIMITED NUMBER OF CLIENTS ARE SEEN EACH DAY ON A FIRST COME FIRST SERVE BASIS. Protective Services Intake line is 410-286-2108. |

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|--|
| Name: Department of Social Services/Charles County |
| POC: Judith Rudolf - Director |
| Address: P.O. Box 1010 200 Kent Avenue |
| City: La Plata, MD 20646 |
| Phone: 301-392-6400/877-871-1177 |
| WWW Link: http://www.dhrnet.dhr.com/ |
| Comments: Hours of operation are M-F, 8:00 A.M.-5:00 P.M. except for federal holidays. *APPLICATIONS FOR ASSISTANCE ARE TAKEN ON A WALK IN BASIS FROM 8:00 A.M.-4:00 P.M. NO APPLICATIONS ARE TAKEN AFTER 4:00 P.M.- EXCEPT EVERY 2nd & 4th TUE. OPEN TIL 7 PM BY APPOINTMENT ONLY! |

| |
|--|
| Name: Department of Social Services/St. Mary's County |
| POC: Ella May Russell, Director |
| Address: 23110 Leonard Hall Dr. |
| City: Leonardtown, MD 20650 |
| Phone: 240-895-7000 |
| WWW Link: http://www.dhr.state.md.us/stmarys.htm |
| Comments: Hours of operation are M-F, 8:00 A.M.-5:00 P.M. Food stamps, medical assistance, child protective services, adult protective services, adoption, child support enforcement, child day care, emergency assistance, foster care, burial assistance, etc. Satellite office located at 21775 Great Mills Rd., Lexington Park, MD, 20653. For information about this office, call the Leonardtown number. |

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|---|
| Name: Health Department/Calvert County |
| POC: Dr. David Rogers, Health Officer |
| Address: P.O. Box 980 975 Solomons Island Rd., N |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-5400 |
| Comments: Hours of operation are M-F, 8:00 A.M.-5:00 P.M. Clinic closes at 4:30 P.M. |

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|---|
| Name: Health Department/Charles County |
| POC: Dr. Chinnadurai Devadason |
| Address: P.O. Box 1050 (mail) 4545 Crain Hwy. |
| City: White Plains, MD 20695-1050 |
| Phone: 301-609-6900 |
| Comments: Hours of operation are M-F, 8:00 A.M.-5:00 P.M. Clinic closes at 3:00 P.M. |

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|---|
| Name: Health Department/St. Mary's County |
| POC: William B. Icenhower, M.D., M.P.H., Health Officer |
| Address: P.O. Box 316, 21580 Peabody St. |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4330 |
| E-Mail: healthdept@smhd.com |
| WWW Link: http://www.smchd.org/ |
| Comments: Hours of operation are M-F, 8:00 A.M.-5:00 P.M. Community health nursing, geriatric evaluations, environmental control programs, birth/death certificates, medical transportation plus many other services. Call or check out the website. |

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|--|
| Name: St. Mary's County Office of Community Services |
| POC: Cynthia Brown - Director |
| Address: 21580 Peabody Street |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4632 |
| FAX: 301-475-4268 |
| E-Mail: commsvs@co.saint-marys.md.us |
| WWW Link: http://www.co.saint-marys.md.us/ocs/ |
| Comments: The Office of Community Services (OCS) is the department of county government directed to address social needs and community problems. This is achieved by coordinating volunteer programs, administering guidance and support to citizens advisory boards, and aggressively organizing local communities through education and empowerment efforts. Substance abuse prevention, juvenile delinquency, illiteracy, community safety, disability awareness and human rights are all issues under the OCS umbrella. To summarize in one sentence: The function of the OCS is to identify community concerns and work with citizens and agencies to find successful solutions. A directory of over 700 different services in St. Mary's County is available upon request. Hours of Operation are M-F 8:00 A.M.-5:00 P.M. |

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|--|
| Name: Women, Infants, and Children's Program (WIC) |
| Address: P.O. Box 1050 |
| City: White Plains, MD 20695-1050 |
| Phone: 877-631-6182 (toll free) |
| Comments: This program provides nutritious foods to mothers during pregnancy, up to six months after the baby is born, or while breastfeeding up to one year. Protein, iron, and vitamin rich foods are furnished to infants and children under five. Provides nutritional counseling information to all its recipients and breast feeding consultations. Locations: Charles County Health Department in White Plains, Calvert Co. Health Dept. (410-535-5400), St. Mary's County Health Department in Leonardtown (301-475-4362), and 46935 South Shangri-La Drive in Lexington Park (301-737-5563). Clients are seen by appointment. Call the numbers above. |

Non-Profit Social Service Agencies

This listing represents a sampling of agencies in our area. For further assistance to find a group to support your particular needs please call the Fleet and Family Support Center, 301-342-4911, and talk with Bettie Broadhurst (Relocation Counselor) or Patsy Baxley (Information and Referral).

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|---|
| Name: Alcoholics Anonymous /AL-ANON |
| Address: P.O. Box 767 |
| City: Charlotte Hall, MD 20622 |
| Phone: 800-492-0209 (answering service) or 301-342-3811 (on base) |
| Comments: Call the above number for information for Calvert, Charles and St. Mary's Counties. Leave a message stating your needs. PLEASE NOTE: Alcoholics Anonymous meets every Wednesday at 5:00 P.M. at the Religious Program Center at NAS Patuxent River. Call the base number, listed above, for more information. AL-ANON helps spouses, families, and friends deal with the problem of alcoholism. Call 800-425-2666 for Southern Maryland AL-ANON. |

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|--|
| Name: American Cancer Society |
| Address: 1041 Route 3 North |
| City: Gambrills, MD 21054 |
| Phone: 1-888-603-4304 |
| WWW Link: http://www.cancer.org |
| Comments: Prevention, detection and educational programs. Patient Services 1-888-227-6333. |

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|--|
| Name: American Heart Association, Maryland Council |
| Address: 415 N. Charles Street |
| City: Baltimore, MD 21201 |
| Phone: 800-886-3065 |
| FAX: 410-539-5049 |
| WWW Link: http://www.americanheart.org |
| Comments: Fighting heart disease and strokes. |

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|---|
| Name: American Red Cross - NAS Patuxent River |
| POC: Alice Pitcher |
| Address: Building 401 22187 Arnold Circle (2nd floor) |
| City: Patuxent River, MD 20670 |
| Phone: 301-342-4100 |
| FAX: 301-342-4157 |
| Comments: Hours of operation are M-F, 8:00 A.M.-3:00 P.M. Emergency after hours phone number is 877-272-7337. |

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|--|
| Name: American Red Cross/Calvert County |
| Address: P.O. Box 855 |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-5230 |
| FAX: 410-535-9565 |
| E-Mail: redcrosscalco@chesapeake.net |
| Comments: Hours of operation are M-F 9:00 A.M.-3:00 P.M. After hours disaster pager is 410-586-6370. After hours emergency pager for military is 410-586-6368. |

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|---|
| Name: American Red Cross/Charles County |
| POC: Mike Zabko, Director, Southern MD |
| Address: 9255 W & W Industrial Road P.O. Box 507 |
| City: LaPlata, MD 20646 |
| Phone: 301-934-2066 |
| FAX: 301-753-4042 |
| E-Mail: charlescounty.redcross@verizon.net |
| WWW Link: http://charlescounty.redcross.org/ |
| Comments: Hours of operation are M-F 9:00 A.M.-4:00 P.M. After hours emergency disaster pager, 301-553-0864. For military members the emergency number 24 hours a day is 888-737-4306. |

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|---|
| Name: American Red Cross/St. Mary's County |
| POC: Mike Zabko, Director, Southern MD |
| Address: P.O. Box 387 41655 Court House Drive |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4705 |
| FAX: 301-475-4707 |
| E-Mail: redcross@co.saint-marys.md.us |
| WWW Link: http://www.somd.lib.md.us/smredcross/ |
| Comments: Hours of operation are M-F, 9:00 A.M.-3:00 P.M. Emergency after hours number for military members is 1-877-272-7337. After hours Disaster Services number is 301-475-3250. |

| |
|---|
| Name: Big Brothers/Big Sisters of Southern Maryland |
| Address: P.O. Box 1646 |
| City: California, MD 20619 |
| Phone: 301-863-7919/St. Mary's County |
| FAX: 301-863-9932 |
| E-Mail: bbbs@olg.com |
| WWW Link: http://www.olg.com/bbbs |
| Comments: To provide quality mentoring services to enable children to make positive life choices-MAKING AN IMPACT ONE CHILD AT A TIME. This organization is always seeking volunteer mentors. Please considers this very worthwhile endeavor. Calvert County - 410-535-1115, Charles County - 301-934-6433. |

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|---|
| Name: Christmas In April |
| POC: Mary Ann Chasen |
| Address: P. O. Box 705 |
| City: Hollywood, MD 20636 |
| Phone: 301-863-2905 |
| FAX: 301-862-2054 (Call first to have turned on) |
| E-Mail: mchasen@uzoom.net |
| WWW Link: http://www.christmasinaprilmc.org |
| Comments: Volunteer organization that operates year long. On the last Saturday in April volunteers rehabilitate houses of low-income homeowners, particularly the elderly and disabled. This group welcomes volunteers (14 years and up) for their worthy projects. |

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|---|
| Name: Hospice of St. Mary's |
| POC: Charlene Taylor |
| Address: P.O. Box 625 22699 Washington Street |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-2023 |
| FAX: 240-434-7082 |
| Comments: Hospice is a concept of care that provides pain and symptom management as well as supportive services for terminally ill people and their families. Bereavement support for families and community are provided. Contact Hospice of Calvert County at 410-535-0892, and for Charles County call 301-934-1268. |

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|--|
| Name: The ARC of Southern Maryland |
| POC: Pam Main |
| Address: P.O. Box 1259 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-5652 |
| FAX: 301-475-3357 |
| WWW Link: http://www.arcsomd.org |
| Comments: The hours of operation are M-F, 8:30 A.M.-4:30 P.M. The group promotes community involvement, responsibility, independence, and personal success for people with mental retardation/developmental disabilities. Calvert County - 410-535-2413, Charles County - 301-870-0387. |

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|---|
| Name: United Way of St. Mary's County |
| POC: Deb Stone, Director |
| Address: P.O. Box 946 |
| City: Lexington Park, MD 20653 |
| Phone: 301-862-5577 |
| E-Mail: uwsmc@erols.com |
| WWW Link: http://www.unitedwaysmc.org |
| Comments: United Way raises and provides funds for 39 local agencies and programs. There are many volunteer opportunities. Call for more information. |

Religious Activities

In the Tri-County area all major religious groups have places of worship. A directory of all churches can be obtained from the yellow pages of the telephone book.

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| Name: St. Nicholas Protestant and Catholic Chapel |
| POC: CAPT Joseph Lamonde |
| Address: Building 401, Religious Program Center |
| City: NAS, Patuxent River, MD 20670 |
| Phone: 301-342-3811 |
| FAX: 301-342-4207 |
| DSN Phone: 342-3811 |
| Proximity to site: On base |
| Comments: Cross reference to Category SUPPORT SERVICES/CHAPEL SERVICES AND PROGRAMS, for information on the installation religious programs. |

Community Transportation

For more information on this subject:
Tri-County Council
<http://www.somd.lib.md.us/>

Arrivals via commercial air carrier will land at one of three airports in the Washington, D.C. and Baltimore areas. Because of the rural location of Patuxent River, no public transportation is available between the airports and the base. To avoid being stranded at an airport, call your sponsor to arrange a pickup. If you do not know who your sponsor is, call Bettie Broadhurst, Relocation Counselor, at 301-757-1863/DSN 757-1863. If possible, have either a nationally recognized credit card or enough cash on hand to rent a car. Taxi service is available, but costs may be over \$100. In order to be reimbursed for taxi fares or rental car fees, orders must specifically state: "Authorized to utilize taxi or rental car from airport to ultimate destination." NAS Pax River does have a

shuttle bus service to/from Ronald Reagan National Airport. The "Pax Shuttle" is a free transportation service available from Ronald Reagan National Airport M-F (NO WEEKEND OR HOLIDAY SERVICE). The shuttle departs from near the flag pole in front of the old main terminal departure. The current shuttle schedule has two departures from the airport at 8:35-8:40 A.M. (arriving at 1:00 P.M. at Pax) and 2:10-2:40 P.M. (arriving at 5:00 P.M.). This schedule is subject to change. Be sure to check with your command, your sponsor, or the Public Works Transportation Office at 301-342-5088/DSN 342-5088 for changes. RESERVATIONS ARE A MUST FOR THE "PAX SHUTTLE" - CALL 301-342-5088. There are also several local shuttles that will take you to/from area train and bus stations and Ronald Reagan National Airport, Dulles Airport, and Baltimore/Washington Airport. Call C'Agnes at 301-994-0773, Smart Ride, Inc. at 410-535-6932 or Martin Shuttle at 301-373-4407 to reserve a spot.

There are several commuter buses offering service from the Tri-County area. SEE RECORD LISTING. Also there are van pools to and from the Tri-County area and D.C.

Calvert, Charles and St. Mary's counties have local bus service. Area taxi services are available.

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|--|
| Name: C'AGNES Transportation |
| POC: Leo Young, Jr. |
| Phone: 301-994-0773 |
| Comments: Sedan-van service offering door to door 24 hour a day service for airport/train pick-ups, weddings, etc. Call for fees and arrangements. |

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|--|
| Name: Calvert County Public Transportation |
| Address: Courthouse, 175 Main Street |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-1600 x360 |
| FAX: 410-535-2129 |
| WWW Link: http://www.co.cal.md.us |
| Comments: Go to the website or call for schedules and routes. They also schedule morning and afternoon bus services (Route 904 Flyer) between Calvert County and the Washington DC Metropolitan Area. |

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|---|
| Name: Charles County/Department of Community Services |
| POC: VANGO |
| Address: 11701 Central Ave. |
| City: Waldorf, MD 20601 |
| Phone: 301-609-7917/7924 |
| FAX: 301-632-6330 |
| Comments: Two types of services are available. Deviated Fixed Service provides transportation from each area of the county M-Sat. from 6:45 A.M. to 10:30 P.M. to the business districts in Waldorf and LaPlata. The Demand Response Service utilizes paratransit vehicles to provide general transportation for senior citizens (60 years or older) and handicapped individuals - M-F, 8:00 A.M.-5:00 P.M. Call for further information. They also offer transportation to people needing medical assistance who have no other means of transportation. |

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| Name: Courtesy Cab |
| Address: P.O. Box 37 46406 Pegg Road |
| City: Lexington Park, MD 20653 |
| Phone: 301-866-9600 |
| Comments: Services the Tri-County area and provides transportation area airports. Hours of operation are 5:00 A.M.-1:00 A.M. |

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|---|
| Name: Friendly Cab Service |
| Address: 21761 Great Mills Road |
| City: Lexington Park, MD 20653 |
| Phone: 301-863-8141 |
| Comments: Provides 24 hour, 7 days a week service to St. Mary's and Calvert counties. Service to Washington, D.C., Baltimore and the area airports. |

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|---|
| Name: Martin's Shuttle Service |
| Phone: 301-373-4407 |
| E-Mail: gomassinc@aol.com |
| Comments: Shuttle service to and from area train stations and airports (BWI, Dulles, and Ronald Reagan National Airport) plus other destinations in the D.C, VA, and Baltimore area. Single, family, and group/corporate rates. Call for reservations and fees. 48 hours notice is recommended. In case of an emergency, call 301-672-0599. |

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|--|
| Name: Route 901 Flyer Services, Charles County, MD |
| POC: Tri-County Council |
| Phone: 301-870-2777 (24 hours) |
| WWW Link: http://www.tccsmd.org |
| Comments: Daily commuter bus service with stops in LaPlata and Waldorf, Maryland into Washington, D.C. Schedule and fare information can be obtained by phoning the Tri-County Council for Southern MD at the above number or toll free at 800-SO-CLOSE. Hearing and/or speech impaired may call 410-539-3497. |

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|---|
| Name: Route 902 Flyer Services, Calvert County, MD |
| POC: Tri-County Council |
| Phone: 301-870-2777 (24 hours) |
| WWW Link: http://www.tccsmd.org |
| Comments: Stops in St. Leonard and Prince Frederick, MD into Washington, D.C. Schedule and fare information can be obtained by calling the TCC, toll free at 1-800-SO-CLOSE. Hearing or speech impaired may call 410-539-3497. |

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| Name: Route 903 Flyer Services, St. Mary's & Charles Counties, MD |
| POC: Tri-County Council |
| Phone: 301-870-2777 or 800-SO-CLOSE |
| WWW Link: http://www.tccsmd.org |
| Comments: Stops in Charlotte Hall and Waldorf, MD into Suitland, MD and into Washington, D.C. Schedule and Fare information can be obtained by calling the TCC. Hearing or speech impaired may call 410-539-3497. |

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|---|
| Name: Route 904 Flyer Services, Calvert & Anne Arundel Counties, MD |
| POC: Tri-County Council for Southern MD |
| Phone: 301-870-2777 (24 hours) |
| WWW Link: http://www.tccsmd.org |
| Comments: Stops in North Beach and Pindell, MD into Washington, D.C. Schedule and Fare Information can be obtained by phoning Tri-County Council for Southern MD. - toll free at 800-SO-CLOSE. Hearing and/or speech impaired call 410-539-3497. |

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|---|
| Name: Route 905 Flyer Services, St. Mary's & Charles Counties, MD |
| POC: Tri-County Council for Southern MD |
| Phone: 301-870-2777 (24 hours) |
| WWW Link: http://www.tccsmd.org |
| Comments: Daily commuter bus service from Charlotte Hall and Waldorf, MD into Washington, D.C. Schedule and fare information can be obtained by phoning the Tri-County Council for Southern MD - toll free 800-SO-CLOSE. Hearing and/or speech impaired may call 410-539-3497. |

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| Name: Route 907 Flyer Services, Charles County, MD |
| POC: Tri-County Council Commuter Assistance Program |
| Phone: 301-870-2777 (24 hours) |
| WWW Link: http://www.tccsmd.org |
| Comments: Stops in LaPlata and Waldorf, MD into Washington, D.C. For schedule and fares call toll free at 800-SO-CLOSE. Hearing impaired call 410-539-3497. |

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|---|
| Name: Route 909 Flyer Services, St. Mary's County, MD |
| POC: Tri-County Council Commuter Assistance Program |
| Phone: 301-870-2777 (24 hours) |
| WWW Link: http://www.tccsmd.org |
| Comments: Stops in California and Charlotte Hall, MD into Washington, D.C. For schedules and fares, you may also call toll free at 800-SO-CLOSE. Hearing impaired may call 410-539-3497. |

| |
|---|
| Name: Smart Ride |
| Phone: 410-535-6932 |
| E-Mail: info@smartrideinc.com |
| Comments: Shuttle service to and from bus and train stations and airports (BWI, Dulles, and Ronald Reagan National). Family plan - \$5.00 for each additional family member with one full fare member. American Express, MC, VISA and personal checks accepted. Pick-ups from 10:00 P.M.-5:00 A.M. may incur an additional \$10.00 charge. Call 24 hours in advance for reservations and fees. Smart Ride has just started a shuttle van service to/from the St. Mary's County airport and Baltimore -Washington Airport (BWI) three times a day. Fees are greatly reduced. Call for more details. |

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|---|
| Name: Southern MD Ridesharing/Commuter Assistance Program |
| POC: Tri-County Council for Southern Maryland |
| Address: P.O. Box 745 |
| City: Hughesville, MD 20637 |
| Phone: 301-274-1922 or 301-870-2777 (24 hour) |
| WWW Link: http://www.tccsmd.org |
| Comments: Call toll free number 800-SO-CLOSE. Computerized ridesharing matchlist for commuters, assistance to vanpool owners/operators, telework/telecommute options, commuter tax credit benefits, employer transportation demand management support services, both an emergency ride home and guaranteed ride home services, and information on area commuter bus services, and assistance in monitoring and marketing of these services in the Southern Maryland area. |

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|--|
| Name: St. Mary's Transit System |
| POC: St. Mary's County Public Works & Transportation |
| Address: 44829 St. Andrews Church Road |
| City: California, MD 20619 |
| Phone: 301-475-5100 |
| FAX: 301-866-6797 |
| Comments: This program provides public transportation service Monday-Saturday. Routes operate in Great Mills, California, Leonardtown, Loveville, and Charlotte Hall from 6:00 A.M.-10:00 P.M. Route 5 Express and the Calvert Connection operate 6:00 A.M.-6:30 P.M., Monday-Friday. All routes are interconnecting. At Charlotte Hall STS connects with the Charles County VanGo transportation system. The Calvert Connection connects with Calvert County public transportation. A new northern route for Golden Beach, Country Lakes, Wicomico Shores and Thompson Corner Road in Mechanicsville operates Monday-Saturday from 6:00 A.M.-6:30 P.M. Transportation is provided to the county's main shopping, medical, and residential centers. The fare is \$1.00, regardless of boarding and exit point on the route. Seniors, children under 12, and persons with disabilities pay \$.50. Medical Assistance or Project Independence card holders pay \$.85. Transfer fees may apply on all routes. All buses are ADA accessible. Call for further details. |

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|---|
| Name: Washington Metro Area Transit Authority (Metro) |
| Address: 600 Fifth Street #5, N.W. |
| City: Washington, DC 20001 |
| Phone: 202-637-7000 |
| Comments: C-18 and W-19 services from Charles County to the Branch Avenue Metro and the Southern Avenue Metro is handled here. For Schedule and Fare Information for Metrobus and Metrorail, phone the number above, 6:00 A.M. to 11:30 P.M. For the hearing impaired call 202-628-8973. |

Education

Education Overview

When you come to NAS Patuxent River, you will probably live in one of three counties. Each has excellent public and private schools. Each public school system has an advanced placement/gifted program, special education programs, and adult

education classes. In each county there is a before and after school child care program in selected schools.

Calvert County Public Schools, with a pre-kindergarten to 12th grade student enrollment of 16,845, has a total of 23 schools, (12 elementary, 6 middle, 3 high, one special and one technical). Ten of those schools were built in last decade. Rapid growth represents the most immediate challenge facing the community and the school system. Calvert's growth rate has exceeded Maryland's other 23 jurisdictions for some time. Moreover 21 percent of the county's population is school age, the highest percentage of any county in the state. The construction plan calls for an elementary and high school and additions to the Career Center and Sunderland Elementary to accommodate the anticipated influx of families that could take the population from 72,000 in 1998 to 80,000 plus by 2005.

Charles County is located approximately 30 miles south of Washington, D.C. With a student population of more than 24,000, there are 19 elementary schools (K-5), 7 middle schools (6-8), 5 high schools (9-12). A sixth high school, North Point High School for Science, Technology and Industry is under construction. There are a number of special centers including the Charles County Career and Technology Center for high school students, an environmental education center, a learning evaluation center, an early childhood center, adult services centers, NOVEL--an alternative to the regular high school and Radio Station Road Academy. The county has one of the top technology programs in the state and an aggressive renovation and new construction program.

With the motto "Fulfilling the Promise In Every Child", the St. Mary's County Public School system has successfully maintained some of the smallest class sizes throughout Maryland. St. Mary's County Public Schools are in the middle of a dynamic renovation/building program. There are 16 elementary schools, 4 middle schools, 3 high schools, a vocational/technical center, as well as 2 extended special education centers. At present, the student population is nearing 16,263 students.

Active duty should always see counselors in the Navy College Office for information about completing high school graduation requirements, scheduling appropriate testing, researching college information, and signing up for college courses.

Public and DODDS Schools

There are no DODD schools available in our area.

Public school registration requirements vary from county to county, but there are certain state standards that are followed by all. Maryland law requires that children must attend kindergarten before they enter first grade. The Maryland Transfer Record (SR7) is required for students transferring within the state, and a physical examination is a must for all students entering Maryland public schools for the first time. All children's immunization records must show DPT, mumps, measles, rubella (MMR, 2 doses), and, oral polio. Children less than 59 months of age enrolled in educational pre-school programs are required to have the meningitis vaccine (HIB).

Calvert County schools ask that parent/guardians also provide proof of residency, student's social security number, emergency information, and information from the previous school, plus a birth certificate for pre-kindergartners (age 4 by Oct. 31, 2003 or by Sept. 30, 2004) and kindergartners (age 5 by Nov. 30, 2003 or by Oct. 30, 2004) entering school for the first time or those transferring from out of state. Charles County schools ask for the same but also require two proofs of residency other than a driver's license such as a utility bill, etc. In St. Mary's County, proof of residency is also required and includes one of the following: 1) deed and/or rental agreement which shows occupancy of an owned or rented domicile, 2) building contract (letter from builder, realtor, landlord, etc. which indicates address and projected occupancy date), 3) current property tax bill, electric/gas/oil bill which identifies the 911 address of a bona fide residence (no post office box is accepted), 4) official documentation from a landlord or residence management company that verifies the 911 address. (If the documentation is from the landlord, then the landlord must provide the parent with proof of residence using one of the preceding categories, 5) Patuxent River Naval Base Housing Form NOW-NATC-1110-1/15, Assignment to Public Quarters, which identifies bona fide residence in St. Mary's County, 6) hardship case as determined by the Director of Student Services.

The Maryland State Board of Education adopted the following graduation requirements for students: students must pass functional tests in reading, writing, citizenship and mathematics, must complete student service learning requirements and earn four credits beyond their junior year. Credits required are English, 4; social studies, 3; science, 3; mathematics, 3; physical education, 1/2; health, 1/2; fine arts, 1;

technology education, 1; and choice of advanced technology education, 1; career and technology courses or foreign language, 2; and electives for a total of 21 credits. St. Mary's County requires one extra social studies and mathematics credit plus a student portfolio.

Pending state board approval, beginning statewide with the 2007 graduating class, students must pass five tests on core subjects to graduate under the High School Assessment plan. They must pass test in English, algebra, geometry, government and biology. The High School Assessment is part of the state's efforts to improve education in public schools and the quality of Maryland's work force.

As a part of the state requirement for graduation, students in Calvert must complete either a school system-designed program in student service or 75 hours of student service that includes preparation, action, and reflection components. This is called a Service Learning Requirement for Graduation.

Public schools in Calvert, Charles and St. Mary's Counties start in August, 2004. Verify exact date as the 2004 school year approaches.

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| Name: Calvert County Schools |
| POC: Helen Thompson |
| Address: 1305 Dares Beach Road |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-7207 |
| FAX: 410-535-7476 |
| WWW Link: http://www.calvertnet.k12.md.us |

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|---|
| Name: Charles County Schools |
| POC: Katie O'Malley-Simpson |
| Address: P.O. Box 2770 |
| City: La Plata, MD 20646 |
| Phone: 301-934-7221 or 301-870-3814 x7221 |
| FAX: 301-932-6651 |
| E-Mail: komalley@ccboe.com |
| WWW Link: http://www.ccboe.com |

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|---|
| Name: St. Mary's County Schools |
| POC: Zina Thomas, Communications Specialist |
| Address: P.O. Box 641 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-5511 x7 |
| FAX: 301-475-4262 |
| E-Mail: zthomas@mail.smcps.k12.md.us |
| WWW Link: http://www.SMCPs.K12.md.us |
| Comments: Also: Rose Alvey at 301-475-5511 x8. |

Private Schools

Many good private schools are available in the Tri-County area. Many of these schools have religious affiliation but have an open acceptance policy. For information about schools in the Southern Maryland area, please contact Bettie Broadhurst at 301-757-1863, the yellow pages or the area Chamber of Commerce.

Private schools in the tri-county area start school usually on the same day that the public schools start in their county.

Colleges and Universities

For more information on this subject:

SMART Transcript

<https://www.navycollege.navy.mil>

There are a variety of local on and off base colleges in the area. St. Mary's College (a 4 year/liberal arts, Public Honors college), and College of Southern Maryland (2 years) in LaPlata with branch campuses in St. Mary's County and Calvert County. In addition to these colleges, there are several colleges and universities that offer courses on the base and at the Southern Maryland Higher Education Center in California, MD. Semester hour rate vary depending on college of choice.

For military members, your first stop should be at the Navy College Office which is there to assist in the educational development of sailors. The Navy College Program at NAS Patuxent River is multi-faceted. Its programs include providing command and individual group briefings and coordinating off-duty educational opportunities for active duty personnel. The Navy College Office is an educational resource, guidance, and advisement center providing information on local colleges, vocational-technical training, tuition assistance, testing, and non-traditional education programs.

There are several programs at the Navy College Office to note for the military. "SMART", the Sailor/Marine American Council on Education Registry Transcript, is now available on line. You can now view and print your own copy of the "SMART" transcript. Just go to the web overview link and follow the instructions. "SMART" is a record which documents all Navy and Marine occupational experience and training, along with the corresponding recommended college credit. "Servicemembers Opportunity College Navy", and the "Tuition Assistance Program" for active duty sailors who attend accredited colleges during off-duty

time are some of the other programs available at the Navy College Office. The Navy will pay 100% of tuition, not to exceed \$250.00 per semester hour, with a fiscal year funding limit of 12 semester hours (or equivalent). "Servicemembers Opportunity Colleges" (SOC) degree program for the Navy is a system of college curriculum networks designed for servicemembers and their adult family members. Networks consist of groups of colleges that have agreed to accept each others courses in a particular program of study. Students can move freely among the colleges in a network without being reevaluated or worrying about whether or not courses will transfer. Any questions on the programs should be directed to the Navy College Office.

Don't forget to check on your veterans education benefits with the Veterans Benefits Representative at the Fleet and Family Support Center.

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| Name: College of Southern Maryland/LaPlata campus/Charles County |
| Address: Mitchell Road, P.O. Box 910 |
| City: La Plata, MD 20646 |
| Phone: 301-934-2251/7765 |
| FAX: 301-934-7698 |
| WWW Link: http://www.csm.cc.md.us |
| Proximity to site: 40 Miles |
| Comments: Associates degree programs in Accounting, Arts and Sciences, Applied Science and Technology, Arts and Humanities, Biological Science, Dental Hygiene, Mathematics/Physical Sciences, Nursing, and Social Sciences, Business Administration, Computer Programming (Mainframe and Microcomputer), Early Childhood Development, Electronics Technology, Management Development, Paralegal Studies, Radiography, Respiratory Therapy, and Teacher Education, Health Care Technology, Physical Therapist Assistant, Fire Science Technology and Emergency Medical Services. Classroom Locations: Courses offered on the main campus in La Plata, MD and at satellite classroom locations throughout the Tri-County area. Earn an entire associate's degree in general studies at home via your TV and the Web. Call 301-934-7765 or visit the website Maryland on Line at the web address below. (see Detail/Record Listing: Maryland on Line.) |

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| Name: College of Southern Maryland/Leonardtown campus/St. Mary's County |
| POC: Jane Sypher, Executive Director |
| Address: 22950 Hollywood Road |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-8799 |
| FAX: 301-475-6700 |
| WWW Link: http://www.csm.cc.md.us |
| Proximity to site: 12 Miles |
| Comments: Courses are offered in support of available certificate and degree programs. The college has programs ranging from Business and Electronics Technology to Engineering just to name a few. |

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|---|
| Name: Florida Institute of Technology |
| Address: Bldg. 1489 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-862-1004 |
| FAX: 301-862-2737 |
| Comments: The degrees to choose from are Master's Degrees in Electronic Engineering, Engineering Management, Mechanical Engineering, Management, and Systems Management, Public Administration, Professional Master of Business Administration, Acquisition and Contract Management, Computer Information Systems, Computer Science, Information Systems, Human Resources Management. |

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|---|
| Name: College of Southern Maryland/Prince Frederick campus/Calvert County |
| Address: P.O. Box 3709 |
| City: Prince Frederick, MD |
| Phone: 410-586-3056 |
| FAX: 410-586-2474 |
| WWW Link: http://www.csm.cc.md.us |
| Comments: Courses are offered in support of available certificate and degree programs. The college has programs ranging from Business and Electronics Technology to Engineering just to name a few. |

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| Name: Navy College Office |
| POC: Christie Dunn - Education Specialist |
| Address: Bldg. 2189, Room 145 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-4111/4100 |
| FAX: 301-342-2665 |
| Comments: Full service educational needs are addressed here. Hours are 7:30 A.M.-4:00 P.M. M-Th and 7:30 A.M.-3:00 P.M. on Friday. SEE THEM FIRST IF YOU ARE ACTIVE DUTY MILITARY. |

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| Name: Embry Riddle Aeronautical University |
| Address: N. Shangri La Drive |
| City: Lexington Park, MD 20653 |
| Phone: 301-863-8776 |
| FAX: 301-863-7046 |
| E-Mail: Patuxent_River_Center@cts.db.erau.edu |
| Comments: The degrees to choose from are Associate Degree in Professional Aeronautics, Bachelor's Degree in Professional Aeronautics and Management of Technical Operations, Masters of Aeronautical Science. |

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|---|
| Name: Excelsior College |
| Address: Excelsior College, 7 Columbia Circle |
| City: Albany, NY 12203 |
| Phone: 518-464-8500 |
| Comments: There are non-traditional sources of college level credit including military, business and industry training; credit by examination; and previous college and correspondence courses. Excelsior will evaluate what credit you have earned what is needed to complete your degree program. Check with Navy College Office. |

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|--|
| Name: Southern Maryland Higher Education Center |
| POC: Dr. Mel Powell, Executive Director |
| Address: 44219 Airport Road |
| City: California, MD 20619 |
| Phone: 301-737-2500 |
| FAX: 301-737-2542 |
| E-Mail: admin@smhec.org |
| WWW Link: http://www.smhec.org |
| Proximity to site: 7 miles |
| Tuition: Varies for college of choice |
| <p>Comments: Southern Maryland Higher Education Center offers more than 50 graduate programs in Engineering, and Management, Information Technology, Education, Nursing, Social Work and Theological Studies: Almost 50 Master's degree programs, 7 upper division Bachelor's degree programs, and post-master's certificate and certification programs in education. Degree programs are offered in their entirety at SMHEC. Classes are held weeknights and weekends to accomodate the professional student.</p> <p>Universities and colleges offering classes are: Johns Hopkins University, University fo Maryland College Park, Bowie State Univerisity, College of Notre Dame of MD, Towson University, University of MD University College, Catholic University of America and Washington Theological Un ion.</p> <p>Other programs are coming to the Center. Please call the above number or check out the website for details or request.</p> |

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|---|
| Name: St. Mary's College of Maryland |
| POC: Admissions Office |
| City: St. Mary's City, MD 20686 |
| Phone: 240-895-0292 |
| FAX: 240-895-0906 |
| WWW Link: http://www.smcm.edu/ |
| Proximity to site: 10 Miles |
| <p>Comments: St. Mary's College is a small, coed, and residential college of about 1,500. Approximately 70% of the student population is full-time and lives on campus.</p> <p>St Mary's has been named one of two "Public Honors" colleges in the United States. It is a four year liberal arts college with 17 majors. The college also has a continuing education division which offers both credit and non-credit courses. Several campus facilities, events, and services are available to the public, including the library (free borrowing privileges), athletic events, small business institute, fine arts events and exhibits, and guest lecturers.</p> |

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| Name: University of Maryland, University College |
| Address: Bldg. 1489 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-737-3228 |
| FAX: 301-862-2863 |
| WWW Link: http://www.umuc.edu |
| <p>Comments: There are several Bachelor's and Master's Degree programs - most are on-line courses. Call or visit the website for more information.</p> |

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| Name: University of Phoenix |
| Address: Center for Distance Ed., 4615 E. Elwood Street |
| City: Phoenix, AZ 85040 |
| Phone: 1-800-366-9699 |
| FAX: 602-894-2152 |
| Comments: This is an External Degree School. Please visit the Navy College Office for information on External Degrees. The degrees to choose from are Associates of Arts Degree with military related professional options, Bachelor's Degrees in Business Administration and Management, Master's Degrees in Education, Nursing, Organizational Management and Business Administration. No on-campus residency requirements. Credit is awarded by non-traditional instruction, transfer credits, credit by exam, and credit for military experience. |

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| Name: University of Tennessee Space Institute |
| Address: Bldg. 1489 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-862-2343 |
| E-Mail: utsipax@erols.com |
| WWW Link: http://www.utsi.edu/ |
| Comments: The only degree offered is a Master of Science in Aviation Systems. Hours are M and F 12:00 noon to 5:00 P.M., Tues.-Thurs. 12:00 noon to 7:00 P.M. |

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| Name: Veterans' Educational Benefits |
| Address: Fleet and Family Support Center, Bldg. 2090, 21993 Bundy Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4911 |
| FAX: 301-342-4802 |
| Comments: A Veterans' Benefits Representative is available at the Fleet and Family Support Center, periodically throughout the month. Contact the Fleet and Family Support Center for days and hours. Clients are seen by appointment only. For additional assistance, you may call the GI Bill Education Benefits Program Manager at 1-888-442-4551. |

Adult or Continuing Education

Remember check with your Navy College Office, your prime educational resource, for basic skills

education, GED requirements, testing, college information, plus much more. SEE EDUCATION - COLLEGES AND UNIVERSITIES.

Adult Learning Centers are strategically located throughout the Tri-County area. Classes are open to all persons 16 years of age or older who have officially withdrawn from school. Fees vary depending upon the materials used. In many cases, there may be no fee at all. Classes begin on a regular basis throughout the school year. Instruction is tailored to individual student's needs. Major components of the Adult Learning Centers are: Students can brush up on basic skills such as reading, writing, and mathematics, you can prepare for the General Educational Development (GED) test in order to obtain a high school diploma, you can arrange hours of attendance to fit your schedule, and you can work at your own pace in a relaxed setting. Calvert County also offers the External Diploma Program. Charles, Calvert and St. Mary's County have an ESL (English as a Second Language) program. Charles County has ASVAB (Armed Services Vocational Aptitude Battery) Preparation.

Check with each individual county for further details concerning specific programs you may be interested in.

REMEMBER - The Navy pays all tuition for a high school diploma or equivalency program for active duty members.

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|---|
| Name: Calvert County Schools - Adult Education |
| POC: Marjorie Zimmerman |
| Address: 4105 Old Town Road |
| City: Huntingtown, MD 20639 |
| Phone: 410-535-7389 |
| FAX: 410-535-7383 |

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|---|
| Name: Charles County Schools - Adult Education |
| POC: Elizabeth Sinnes |
| Address: 12300 Vivian Adams Drive |
| City: Waldorf, MD 20601 |
| Phone: 301-645-4549 |
| FAX: 301-645-4863 |

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| Name: Navy College Office |
| POC: Christie Dunn - Education Specialist |
| Address: Bldg. 2189, Room 114 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-4111/4100 |
| FAX: 301-342-2665 |
| Proximity to site: On site |

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|--|
| Name: St. Mary's County Schools - Adult Education |
| POC: Melinda Brown |
| Address: P.O. Box 641 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-5511 x6 |
| FAX: 301-475-4238 |

Special Education

Calvert County Public Schools serves 13% of its children who are identified as disabled under the Individuals with Disabilities Education Act and receive special education and related services. Students, from birth to age 21, represent a wide range of disabilities. Services are determined on an individual basis and are delivered in accordance with each child's Individualized Education Program (IEP). The majority of the students receive their services in their neighborhood schools. Related services such as vision, hearing, occupational therapy, physical therapy, speech/language, and assistive technology are available throughout the school system. In addition to the school-based programs and services, the county has a variety of specialized regional programs including an active Child Find program, early intervention services, behavioral development programs, and functional living skills to meet the Federal requirement of continuum of special education services to provide a free appropriate public education for all students.

Charles County Public Schools special education programs provide services for children birth to 21 years of age. Each school provides a continuum of services for academic and related interventions. Vision, hearing speech/language, physical and occupational therapy and adaptive physical education related services are provided by itinerate service providers. Each high school offers career education and support training through participation in a variety of programs such as the Career and Technology Center, CAST (Community and School Together) and World of Work (WOW) as well as the Adult Independence Program (AIP). Regional programs provide intensive services for students with Multiple, Severe and Profound Disabilities (MSPD). The Emotional Adjustment Program provides intensive therapeutic intervention for emotionally disturbed students. The Communications Program addresses the needs of students who are deaf and hard of hearing. Early intervention services are provided in school based preschool programs, their natural environments or at the F. B. Gwynn Center.

The St. Mary's County Public School System provides learning activities and experiences that will guide all students. The commitment of special education is to fulfill the promise of an effective education that prepares students academically, socially, emotionally, and functionally for adult life. A specifically designed instructional program is set forth to meet the needs of students identified as having educational disabilities. Services include specialized classroom instruction, speech/language therapy, counseling, nursing services, services for the visually impaired, assistive technology, resource assistance to classroom teachers, home instruction, and related services. The county offers a continuum of special education programs at all schools.

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| Name: Calvert County Schools -Special Education |
| POC: Robin Welsh |
| Address: 1305 Dares Beach Road |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-7421 |
| FAX: 410-535-7298 |

| |
|---|
| Name: Charles County Schools -Special Education |
| POC: Melissa Charbonnet |
| Address: P. O. Box 2770 |
| City: La Plata, MD 20646 |
| Phone: 301-932-6610 |
| FAX: 301-392-7575 |
| Comments: Information about the Early Intervention Program can be obtained by calling 301-934-3884. |

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| Name: St. Mary's County Schools -Special Education |
| POC: Marilyn Beach |
| Address: Student Services, P.O. Box 1410 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-5511 x3 |
| FAX: 301-475-2469 |

Employment

Employment Overview

Southern Maryland's workforce has become increasingly white-collar, highly skilled and technically oriented, with nearly one-third of its residents possessing managerial, professional and technical skills. Over 1500 businesses are located in St. Mary's County. Major employers include federal, state and local government, private Department of Defense related contractors as well as non-defense companies. The largest employment concentration in

the county is in and around the Patuxent River Naval Air Station and the neighboring Lexington Park area.

Please consider attending one of the Fleet and Family Support Center's employment workshops for job hunting purposes. You can also call the FFSC to schedule an individual appointment. Bring all employment records and information, resumes, SF-171, transcripts, certificates, licenses, SF-50 and OF-612 when meeting with an Employment Counselor. A Computer Resource Room is available for your use on a walk-in basis. Programs include Quick and Easy Federal Applications, MS Office, and access to the internet to assist you with your employment search. Call Kim Connor, Spouse Employment Assistance at 301-757-1861 or Doreen Bickel, Transition Assistance at 301-757-1862.

Federal Civilian Employment for Spouses

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| Name: Fleet and Family Support Center (FFSC) |
| POC: Kim Connor |
| Address: 21993 Bundy Road , Building 2090, NASFS |
| Building 2090 |
| City: Patuxent River, MD 20670-1132 |
| Phone: (301) 757-1861 |
| FAX: (301) 342-4802 |
| E-Mail: connorks@navair.navy.mil |

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| Name: Job Information Office |
| POC: Carolyn Jenkins |
| Address: Building 2189, Room 151 |
| City: Lexington Park, MD 20653 |
| Phone: (301) 757-4128/4129 |
| FAX: 301-342-4523 |
| WWW Link: http://hro.navair.navy.mil |
| Comments: Patuxent River federal job announcements are at this location. Job applications can be mailed or e-mailed by the applicant to the Human Resource Center-Northeast (HRSC-NE) for processing. The address is on each application. For information about the Military Spouse Preference Program for Federal employees contact Charolette Cleghorn at 215-408-5264 at HRSC-NE. |

Permanent Employment Resources

Each of the three counties has a branch of the State Employment Security Division, which is the Department of Labor, Licensing and Regulations (DLLR). A computer program known as the AJB (America's Job Bank) is located at each job service

site. AJB job opportunities are stored in an easy to understand database. Identify the types of employment desired by job title, occupational code, or military specialty. AJB provides a print-out of customized listings as selected in your category. Self-service Resource Centers are located in Leonardtown, St. Mary's County and Prince Frederick, Calvert County. The Resource Centers offer personal computers with Microsoft Word software and a laser printer for resume and cover letter preparation, books and other resource materials that will help you with your job search, information on jobs for the future, community resource information, and much more. The hours are Monday through Friday from 8:00 A.M. to 4:00 P.M. for Leonardtown and 9:00 A.M.-3:00 P.M. in Prince Frederick. For more information on the Resource Centers call 301-475-8300 (Leonardtown) or 410-535-8815 (Prince Frederick).

Numerous job hotlines and websites are available for companies in the area. Listings of these hotlines may be obtained through the Maryland Job Service, the Fleet and Family Support Center, Patuxent River Office of Human Resources and the local libraries.

For more information on the Federal Job Resources please see the EMPLOYMENT/FEDERAL CIVILIAN EMPLOYMENT FOR SPOUSES section.

Job opportunities within the state and local governments are advertised in the Southern Maryland Classified section which is available on Wednesdays and Fridays through the Enterprise, a local newspaper; the Tester, the base newspaper, as well as in other Baltimore and Washington Metro newspapers. Other sources of job information are the Maryland AJB program, the Maryland Job Service, human resources offices for each locality and in the libraries. Many municipalities offer job hotlines through their human resources office. A listing of employers for the local area is also available at the Fleet and Family Support Center.

Private and non-profit job openings are also listed in the Southern Maryland Classifieds, on AJB, and at all of the sites previously listed.

For information on temporary employment agencies, please refer to the EMPLOYMENT/TEMPORARY EMPLOYMENT AGENCIES section.

The Fleet and Family Support Center (FFSC) Employment Assistance Program offers employment workshops, a Computer Resource Room with 5

personal computers, photocopying services, a fax machine, phones for job search purposes, and a comprehensive library of resources for the job seeker. A scheduled appointment is needed to obtain personal assistance with resume preparation and review, composing cover letters and thank you letters, and writing your OF-612. Software programs include Microsoft Word for Windows, SITES, Quick and Easy Federal Applications including the SF-171, OF-612, and OF-306. A listing of local employer's and job listings for the local area may be reviewed. Printing options are available for all job search programs. Internet and e-mail services are also available to research employers and send out resumes. The FFSC Computer Resource Center is open on a walk-in basis. Call 301-342-4911 to check availability. If assistance is needed, please make an appointment.

For active duty members considering or planning retirement or separation the Transition Assistance Office is ready to assist you. The Transition Assistance Office may be reached Monday through Thursday from 7:30 A.M.-5:00 P.M. and until 4:30 P.M. on Friday at 301-757-1862 commercial or DSN 757-1862.

Numerous classes are offered by the FFSC on a monthly basis on a wide variety of topics ranging from the "Federal Application Process" to "Preparing For the Interview" and "Resume Writing". Programs are available to all active duty/retired personnel, reserve personnel while on active duty status, government employees and eligible family members. Reservations are a must due to the popularity of the programs.

A full listing of the monthly program schedule appears in the FFSC Monthly Calendar, the FFSC website, the Tester (Pax River's weekly newspaper), the Plan of the Week (POW), the base e-mail, and on bulletin boards located throughout the base. FFSC Calendars are included in all welcome aboard packets.

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| Name: Dept. of Labor, Licensing and Regulations/Calvert Co. |
| POC: Arlene Butler |
| Address: 200 Duke Street, Suite 1400 |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-8815 |
| FAX: 301-855-1961 |
| WWW Link: http://www.dllr.state.md.us/ |

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| Name: Dept. of Labor, Licensing and Regulations/Charles Co. |
| POC: Lavan Roane |
| Address: 175 Post Office Road P.O. Box 9 |
| City: Waldorf, MD 20604 |
| Phone: 301-645-8712 |
| FAX: 301-645-8713 |
| WWW Link: http://www.dllr.state.md.us/ |
| Comments: Hours are 8:00 A.M.-3:00 P.M. M-F. Office provides job training, unemployment info and job placement assistance. To apply for unemployment call 877-293-4125. For unemployment benefits information call 800-827-4839. |

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| Name: Dept. of Labor, Licensing and Regulations/St. Mary's Co. |
| POC: Arlene Butler |
| Address: 23110 Leonard Hall Dr. P.O. Box 282 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-8300 |
| FAX: 301-475-4106 |
| WWW Link: http://www.dllr.state.md.us/ |
| Comments: Hours are M-F, 8:00 A.M.-4:00 P.M. Gail Dowling at 301-475-9588 is available to assist veterans. |

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| Name: Spouse Employment/Fleet and Family Support Center |
| POC: Kim Connor |
| Address: 21993 Bundy Road Building 2090, NAS |
| City: Patuxent River, MD 20620-1132 |
| Phone: 301-757-1861 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1861 |
| DSN FAX: 342-4802 |
| E-Mail: kimberly.connor@navy.mil |
| WWW Link: http://www.nawcad.navy.mil/ |

| |
|--|
| Name: Transition Assistance/Fleet and Family Support Center |
| POC: Doreen Bickel |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1862 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1862 |
| DSN FAX: 342-4802 |
| E-Mail: bickelpd@navair.navy.mil |

Temporary Employment Resources

There are two temporary employment agencies located in the Tri-County area. See the record listing for points of contact, addresses and phone numbers.

| |
|--|
| Name: Manpower Temporary Services/Calvert , Charles & St. Mary's Counties |
| POC: Jan Costinett and Anissa Davis |
| Address: 22811 Three Notch Road P.O. Box 344 |
| City: California, MD 20619 |
| Phone: 301-737-1338 |
| FAX: 301-932-5509 |
| E-Mail: waldorf.md@na.manpower.com |
| WWW Link: http://www.manpower.com/ |
| Comments: Provides word processing, data entry, secretaries, typists, office skills, light industrial and more. Office hours are on Tuesday and Thursday from 1:00 5:00 P.M. by appointment. |

| |
|--|
| Name: True Temps Inc./Tri-County area |
| POC: Laurie Marshall |
| Address: 65 Duke Street, Ste 207 P.O. Box 356 |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-4905 or 301-769-4905 |
| Comments: Provides temporary support for clerical, general labor, special events and companion care. Office hours are 7:30 A.M.-5:00 P.M., Monday-Friday. |

Non-Paid or Volunteer Opportunities

Volunteer organizations within the Tri-County area offer a variety of opportunities for service in a non-paid status. Volunteering offers you the chance to enhance career skills while providing invaluable service to the community. An often overlooked benefit to volunteering is the chance to network

within the community and to explore possible new career options. Volunteering allows you to meet a larger number of community members in a short amount of time, increasing your network of local contacts while providing you the chance to promote your skills and abilities "on-the-job". A brief listing of organizations that traditionally use volunteers are located in the record listing.

| |
|---|
| Name: American Red Cross/Calvert County |
| Address: P. O. Box 855 |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-5230 |
| FAX: 410-535-9565 |
| E-Mail: redcrosscalco@chesapeake.net |
| Comments: Open 9:00 A.M. to 3:00 P.M., M-F. After hours emergency for military families: 410-586-6368. After hours pager for disasters: 410-586-6370. |

| |
|---|
| Name: American Red Cross/Charles County |
| POC: Mike Zabko, Director Southern MD |
| Address: P.O. Box 507 9255 W & W Industrial Road |
| City: La Plata, MD 20646 |
| Phone: 301-934-2066 |
| FAX: 301-753-4042 |
| E-Mail: charlescounty.redcross@verizon.net |
| WWW Link: http://charlescounty.redcross.org/ |
| Comments: Office hours are 9:00 A.M. to 4:00 P.M., M-F. After hours for military families: 888-737-4306. Pager for disasters: 301-553-0864. |

| |
|--|
| Name: American Red Cross/NAS Patuxent River |
| POC: Alice Pitcher |
| Address: Building 401 22187 Arnold Circle (2nd floor) |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4100 |
| FAX: 301-342-4157 |
| Comments: Hour of operation are M-F 8:00 A.M.-3:00 P.M. Emergency after hours 1-877-272-7337. |

| |
|---|
| Name: American Red Cross/St. Mary's County |
| POC: Mike Zabko, Director, Southern MD |
| Address: 41655 Court House Drive P.O. Box 387 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4705 |
| FAX: 301-475-4707 |
| E-Mail: redcross@co.saint-marys.md.us |
| WWW Link: http://www.somd.lib.md.us/smredcross/ |
| Comments: Hours are 9:00 A.M. to 3:00 P.M., M-F. Toll free number for Armed Forces Emergency Service Center is 877-272-7337. Disaster Service - 301-475-3250. |

| |
|--|
| Name: Fleet and Family Support Center |
| POC: Kim Connor |
| Address: 21993 Bundy Road, Building 2090, NASFS |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1861 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1861 |
| DSN FAX: 342-4802 |
| E-Mail: kimberly.connor@navy.mil |

| |
|---|
| Name: Navy/Marine Corps Relief Society |
| Address: Building 401 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4739 |
| FAX: 301-757-1836 |
| WWW Link: http://www.nmcrrs.org |
| Comments: Provides budget counseling, layettes, educational loans and grants (also info on other educational loans), coordination with civilian agencies, and interest free loans and/or grants for help with emergencies. Emergencies include funerals, medical/dental bills, emergency transportation, food, rent, utilities, disaster relief assistance, vehicle repairs or unforeseen family emergencies. Services available to active duty, retired, reserves on active duty and family members plus those eligible family members of military members who have died. M-Thu 8:30 A.M. to 2:30 P.M., by appointment. Walk-ins on a space available basis and emergencies go to the head of the line. |

Chambers of Commerce

For more information on this subject:
Southern Maryland Online
<http://www.somd.com>

Each of the three counties in Southern Maryland (Calvert, Charles and St. Mary's) provides a Chamber of Commerce. Membership lists, community information, maps of the local area, and a wide variety of resources are available at no cost. For individuals interested in attending a meeting, it is suggested that you contact the local Chamber for updated information on locations and times, as these are subject to change.

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|--|
| Name: Calvert County Chamber of Commerce |
| POC: Carolyn McHugh, President/CEO |
| Address: P.O. Box 9 120 Dares Beach Road |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-2577 |
| FAX: 410 257-3140 |
| E-Mail: info@calvertchamber.org |
| WWW Link: http://www.calvertchamber.org |

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|--|
| Name: Charles County Chamber of Commerce |
| POC: Sally Jameson, Executive Director |
| Address: 6360 Crain Highway |
| City: LaPlata, MD 20646 |
| Phone: 301-932-6500 |
| FAX: 301-932-3945 |
| E-Mail: info@cccc-md.org |
| WWW Link: http://www.cccc-md.org |

| |
|--|
| Name: St. Mary's County Chamber of Commerce |
| POC: Bill Scarafia, Executive Director |
| Address: 28290 Three Notch Road |
| City: Mechanicsville, MD 20659 |
| Phone: 301-884-5555 |
| FAX: 301-884-2149 |
| E-Mail: info@smcchamber.com |
| WWW Link: http://www.smcchamber.com |

Private Sector Employment

There are a number of major businesses in the Tri-County area. The larger employers are defense contractors attached to the base. Employment in this sector is expected to grow over the next few years. For further information on employment trends please refer to the overview at the beginning of this section. A listing of all major employers can be obtained at the Fleet and Family Support Center (301-342-4911) from Kim Connor, Spouse Employment Assistance

Counselor or Doreen Bickel, the Transition Assistance Counselor.

Government Employment

| |
|--|
| Name: Dept. of Labor, Licensing and Regulations/Calvert Co. |
| POC: Arlene Butler |
| Address: 200 Duke Street, Suite 1400 |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-8815 |
| FAX: 301-855-1961 |
| WWW Link: http://www.dllr.state.md.us/ |

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|--|
| Name: Dept. of Labor, Licensing and Regulations/Charles Co. |
| POC: Lavan Roane, Manager |
| Address: 175 Post Office Road, P.O. Box 9 |
| City: Waldorf, MD 20604 |
| Phone: 301-645-8712 |
| FAX: 301-645-8713 |
| WWW Link: http://www.dllr.state.md.us/ |
| Comments: Hours of operation are 8:00 A.M.-3:00 P.M. Office provides job training, unemployment info and job placement assistance. To apply for unemployment, call 877-293-4125. For unemployment benefits info call 800-827-4839. |

| |
|--|
| Name: Dept. of Labor, Licensing and Regulations/St. Mary's |
| POC: Arlene Butler |
| Address: 23110 Leonard Hall Drive |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-8300 |
| FAX: 301-475-4106 |
| WWW Link: http://www.dllr.state.md.us/ |
| Comments: Hours are M-F, 8:00 A.M.-4:00 P.M. Ed Downey is available for veterans. Call 301-475-9558 or e-mail at edowney@careernet.state.md.us |

| |
|---|
| Name: Fleet and Family Support Center |
| POC: Kim Connor, SEAP |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1861 |
| FAX: 301-342-4802 |
| E-Mail: kimberly.connor@navy.mil |

| |
|--|
| Name: Human Resources Office Outplacement Center |
| POC: Carolyn Jenkins |
| Address: Building 2189 Room 151 |
| City: Lexington Park, MD 20653 |
| Phone: 301-757-4128 |
| WWW Link: http://hro.navair.navy.mil |
| Comments: NAS Pax River HRO civilian employment announcements are at this location and also on the internet site. With regionalization, all applications are mailed by the applicant to the Human Resource Service Center-Northeast (HRSC-NE). This address is on all job announcements. |

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|---|
| Name: Transition Assistance/Fleet and Family Support Center |
| POC: Doreen Bickel |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301/757-1862/DSN 757-1862 |
| FAX: 301-342-4802 |
| E-Mail: bickelpd@navair.navy.mil |

Professional or Occupational Licensing

For information about obtaining Maryland licensing please contact the state office for your career field. If you require assistance in locating appropriate state offices, be sure to contact the Spouse Employment Assistance or Transition Assistance Program Coordinators at the Fleet and Family Support Center at 301-342-4911.

| |
|---|
| Name: Child Care Administration |
| POC: Lois Gaulke |
| Address: P.O. Box 1709 41670 Courthouse Drive |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-3770 or 800-874-6797 (MD only) |
| FAX: 301-475-4017 |
| Comments: Hours of operation are M-F, 8:00 A.M.-5:00 P.M. |

| |
|---|
| Name: Child Development Home |
| POC: B.J. Heibel |
| Address: Building 433 47060 Liljencrantz Road |
| City: NAS, Patuxent River, MD 20670 |
| Phone: 301-342-3960 |
| FAX: 301-342-0930 |
| Comments: Contact this office for on base Home Care Certification, training in early childhood education, business practices, federal background checks, subsidy programs and home day care. Orientation for new providers is held on the third Tuesday and Thursday of the month from 8:30 A.M.-4:30 P.M. Assistance with child care is available for this training. |

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|--|
| Name: Cosmetology - Board of Barbers and Cosmetologists |
| POC: Department of Labor, Licensing & Regulation |
| Address: Division of Occupational & Professional Licensing 500 N. Calvert St., Rm. 307 |
| City: Baltimore, MD 21202-3651 |
| Phone: 410-230-6320 |
| E-Mail: cos@dllr.state.md.us (cosmotology), barbers@dllr.state.md.us (barbers) |
| WWW Link: http://www.dllr.state.md.us/license/occprof/cos.html |
| Comments: For apprentice cosmetologists, demonstrator hairdressers, instuctor, manicurist, shop manager, and operators. Call to request applications and information about licensures, reciprocity, school programs and exams. |

| |
|---|
| Name: Dental - Board of Dental Examiners |
| POC: Department of Health and Mental Hygiene, Secretary |
| Address: Spring Grove Hospital Center Benjamin Rush Building, 55 Wade Ave. |
| City: Catonsville, MD 21228 |
| Phone: 410-402-8518 |
| WWW Link: http://www.dhbmh.state.md.us/html/proflcm.htm |
| Comments: For dentist, hygienist, personnel, and technicians. M-F, 8:00 A.M - 5:00 P.M. |

| |
|---|
| Name: Educational Testing |
| WWW Link: http://www.ets.org/index.html |
| Comments: The Educational Testing Service provides information on licensing, advanced certification and professional development for teachers and school leaders. |

| |
|---|
| Name: MD Association of Certified Public Accountants, Inc. |
| Address: 1300 York Road Building C, Ste. 10 |
| City: Lutherville, MD 21094 |
| Phone: 800-782-2036 |
| WWW Link: http://www.macpa.org/home.htm?ctest=on& |

| |
|---|
| Name: Maryland State Department of Labor and Licensing |
| WWW Link: http://www.dllr.state.md.us/license/occprof/index.html |
| Comments: Check out the Maryland State Department of Labor and Licensing website for agency contacts and telephone numbers. |

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|--|
| Name: Real Estate |
| POC: Real Estate Commission |
| Address: 500 N. Calvert Street, 3rd floor |
| City: Baltimore, MD 21202-3651 |
| Phone: 410-230-6230/800-218-5925 |
| FAX: 410-333-0023 |
| E-Mail: mrec@dllr.state.md.us |
| WWW Link: http://www.dllr.state.md.us/ |
| Comments: Hours are 8:30 A.M.-4:30 P.M. Exam Center number is 800-733-9267. |

| |
|--|
| Name: Registered Nurse |
| POC: State Board of Nursing |
| Address: 4140 Patterson Ave. |
| City: Baltimore, MD 21215-2254 |
| Phone: 877-847-0626 |
| WWW Link: http://www.mbon.org |
| Comments: Hours are M-F 8:00 A.M.-5:00 P.M. |

| |
|--|
| Name: Social Worker |
| POC: Board of Social Work Examiners |
| Address: 4201 Patterson Avenue |
| City: Baltimore, MD 21215-2299 |
| Phone: 410-764-4788 |
| FAX: 410-358-2469 |
| WWW Link: http://dhmh.state.md.us/bswe/ |

| |
|--|
| Name: Teacher Certification |
| POC: State Department of Education |
| Address: 200 W. Baltimore Street |
| City: Baltimore, MD 21201 |
| Phone: 410-767-0412 (Certification Assistance Line) |
| FAX: 410-333-8963 |
| WWW Link: http://certification.msde.state.md.us |
| Comments: 8:00 A.M. to 5:00 P.M. Information may be requested by calling the number above. Leave your name, address, and phone number including area code, and information will be mailed to your residence. |

Networking Opportunities

Networking opportunities exist through a number of local organizations. A Chamber of Commerce is located in each of the three counties making up the Southern Maryland area as well as Offices of Economic Development. Numerous Rotary Clubs, Business and Professional Women's Clubs and local Employment Offices are also available. Contact the Spouse Employment Assistance Counselor, Kim Connor, at the FFSC at 301-757-1861, as soon as you receive your orders and/or as soon as possible after your arrival to make an appointment. The SEAP Counselor will assist you in establishing career goals and objectives, provide training and education direction and information, assist you in developing and refining your resume and interviewing skills, and direct you to job leads and resources.

For military members separating from the service, referrals should be made to the Transition Office as soon as possible. The TAMP Counselor, Doreen Bickel, can be reached by dialing 301-757-1862. She will assist you in establishing career goals and objectives, provide training and education direction and information, assist you in developing and refining your resume and interviewing skills, and direct you to job leads and resources.

Medical And Dental

Medical and Dental Overview

The Naval Medical Clinic is dedicated to providing customers with outstanding healthcare services. Our patients are an integral part of our mission, and their health and well being is very important to us. We are conveniently located on board the Naval Air Station, Patuxent River, MD. We offer family focused care by a Primary Care Manager (PCM) of your choice. Healthcare available at the Naval Medical Clinic includes Family Medicine, Pediatrics, Military Medicine, Internal Medicine, Optometry, Mental Health, Physical Therapy, and Health Promotion. Appointments are available until 8:00 P.M. Monday-Friday and we have same day appointments from 8:00 A.M.-4:00 P.M. on Saturdays and Sundays and 8:00 A.M. to 12:00 P.M. on holidays. To schedule an appointment call 1-888-999-5195 or 301-342-1506. When you enroll in TRICARE Prime you and your family will be assigned to one of the primary care teams who will coordinate all your healthcare needs. If you choose not to enroll in TRICARE Prime or you cannot enroll, your ancillary services (pharmacy, x-ray and lab) will be available.

A Defense Enrollment Eligibility Registration Services (DEERS) check is made for each patient who accesses care at Pax River. Be sure that you are enrolled in DEERS. If you are not enrolled contact Personnel Support Detachment (301-342-7296).

In addition to the Naval Medical Clinic, each of the three counties in Southern Maryland has a hospital with patient-focused programs and extensive services. Services that are not covered in the local hospitals are cardiovascular and brain surgery.

The Branch Dental Clinic at the Naval Medical Clinic services active duty personnel. The TRICARE Family Member Dental Plan is available to active duty family members. There is also a retiree dental plan. For information call 888-838-8737. A list of participating dentists is available at the Customer Services area located at the Quarterdeck.

Medical Services/Directory - on Installation

There is a shuttle service to Bethesda Naval Hospital, leaving the clinic 2 times a day. The first shuttle leaves at 5:45 A.M. Monday-Friday from the Naval Medical Clinic main entrance and arrives at Bethesda at 7:30 A.M. This shuttle then leaves Bethesda at 7:45 A.M. to do a continuation route which comes

back to Bethesda. It then leaves Bethesda at 11:20 A.M. to go back at NAS Patuxent River Clinic, arriving at 1:00 P.M. The second shuttle arrives at Bethesda at 3:10 P.M. and departs from Bethesda at 3:20 P.M. to head back to our base, arriving at about

5:00 P.M. Seating is limited so call 301-342-1419 to make reservations.

See the Record Listings for additional listings. .

Medical Services/Directory - on Installation

| <i>Clinic</i> | <i>POC</i> | <i>Number</i> |
|----------------------|---------------------------|---------------------------|
| Naval Medical Clinic | Appointments | 301-342-1506/888-999-5195 |
| Naval Medical Clinic | Customer Service Manager | 301-995-3682 |
| Naval Medical Clinic | Military Medicine | 301-342-1414 |
| Naval Medical Clinic | Health Benefits Advisor | 301-342-1457 |
| Naval Medical Clinic | Family Medicine | 301-342-1506 |
| Naval Medical Clinic | Immunizations | 301-757-2142 |
| Naval Medical Clinic | Quarter Deck/ Main Number | 301-342-1418 |
| Naval Medical Clinic | Optometry | 301-342-1499 |
| Naval Medical Clinic | Pediatrics | 301-342-1520 |
| Naval Medical Clinic | Mental Health | 301-342-7628/7629 |
| Naval Medical Clinic | Wellness | 301-342-4050 |

Health Benefits Advisor, Wellness, and CHAMPUS/TRICARE Programs

All active duty members must be enrolled in TRICARE at their work-site Medical Treatment Facility when they check in. TRICARE educational sessions are held at the Fleet and Family Support Center on a regular basis. Active duty family members, those transferred from another region, and retirees must fill out an enrollment form to be enrolled in TRICARE Region 1.

THE FOLLOWING IS A LISTING OF HEALTH BENEFITS ADVISORS LOCATED IN THE WASHINGTON METROPOLITAN AREA. SEE RECORD LISTINGS ALSO.

NAS Naval Medical Clinic -301-342-1457
PATUXENT RIVER MD Malcolm Grow Medical Center -301-981-5615/9840
ANDREWS AFB MD National Naval Medical Center -301-295-4000
BETHESDA MD Walter Reed Army Medical Center -202-782-1336/1337
WASHINGTON DC Dewitt Army Hospital -703-805-0644/9045.
FORT BELVOIR VA Naval Regional Medical Clinic -410-293-2276
ANNAPOLIS MD Kimbrough Army Clinic -301-677-8982
FORT MEADE MD Wyman Park Medical Center -410-338-3361
BALTIMORE MD Radar Army Health Clinic -703-696-3656
FORT MYERS VA

| |
|--|
| Name: TRICARE / Health Benefits Advisor |
| Address: Naval Medical Clinic |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1457 |
| FAX: 301-342-2768 |
| DSN Phone: 342-1457 |
| DSN FAX: 342-2768 |
| Proximity to site: On-site |

| |
|---|
| Name: TRICARE Service Center |
| Address: Naval Medical Clinic |
| City: NAS Patuxent River, MD 20670 |
| Comments: You are seen on a walk-in basis at this Center. |

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|---|
| Name: Wellness Program, Health Promotion Division |
| POC: Mindy Ashton |
| Address: Naval Medical Clinic |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4050 |
| WWW Link: http://www.quitnet.com |
| Proximity to site: On-site |
| Comments: Tobacco Cessation (patches and pills) and Diet/Nutrition programs are offered in addition to other consultations. QUITNET is an online smoking cessation program at the web address above. |

Community Hospitals

The Southern Maryland Tri-County area has three hospitals that offer an array of health services in a community hospital setting.

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|---|
| Name: Calvert Memorial Hospital |
| POC: Cathy Hasle, Community Wellness Supervisor |
| Address: 100 Hospital Road |
| City: Prince Frederick, MD 20678 |
| Phone: 410-414-4573 |
| FAX: 410-535-8397 |
| WWW Link: http://www.calverthospital.com |
| Proximity to site: 35 miles |
| Comments: Calvert Memorial Hospital is certified as a 100 bed, acute care hospital with 18 skilled beds which comprise the Transitional Care Unit which offers respite care. Medical staff of over 220 active and consulting physicians representing all major specialties. Its new Family Birth Center features all private rooms and the latest technology backed by a highly trained staff. This hospital has earned national accreditation from the Joint Commission on Accreditation of Hospital Organizations. For a Physicians Directory call the Public Relations Office or log onto our website. Solomons Medical Center, located 10 minutes from Lexington Park, features urgent care, wellness, diagnostic services, primary care physicians and specialists. |

| |
|--|
| Name: Chesapeake Potomac Home Health Agency |
| Phone: 1-800-656-4343 |
| Comments: Chesapeake Potomac Home Health Agency is a licensed, Medicare certified agency offering comprehensive home care services to the residents of Calvert, Charles and St. Mary's counties. The agency works with patients and their physicians to develop an individualized plan of treatment to ensure safe, high quality, cost effective home healthcare as an alternative to hospitalization. Services include skilled nursing, physical therapy, occupational therapy, speech-language pathology, medical social work, and home care aides. The agency also has specialized clinical programs including infusion therapy, wound care, and pediatrics. Each patient's case is coordinated and monitored by a skilled professional, and nurses are on call 24 hours a day. The agency is a joint venture between St. Mary's Hospital, Calvert Memorial Hospital and Civista Medical Center. |

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|--|
| Name: Civista Medical Center (Charles County) |
| POC: Darlene Fairfax, Public Relations Specialist |
| Address: P.O. Box 1070, 701 East Charles Street |
| City: La Plata, MD 20646-1070 |
| Phone: 301-609-4394 |
| FAX: 301-609-4470 |
| WWW Link: http://www.civista.org |
| Proximity to site: 45 miles |
| Comments: Civista Health is a 105 bed hospital with over 260 physicians covering 27 specialties and subspecialties. The medical center offers inpatient hospital care, surgery, intensive care, emergency services, family birthing center, outpatient services, laboratory, radiology, rehabilitation, surgery, pain management, cardiac and pulmonary rehab, and a sleep lab. Additional services are offered at the Civista Women's Health Center in Waldorf, Civista Health Center at Bryans Road, and the Civista Surgery Center in Waldorf. Community health and education programs are offered at most sites. For general information, physician referral and class registration, please call 1-888-332-4847. |

| |
|---|
| Name: Health Share of St. Mary's , Inc. |
| Phone: 240-895-7042 |
| Comments: Health Share of St. Mary's provides access to primary health care for adults whose monthly income is less than \$1145.00 for one person and \$1542.00 for two persons and who, in most instances, do not have other insurance. Eligible recipients get generic perscriptions drugs filled and pay a co-pay ranging from 40% to 60%. Health Share recipients see a primary care provider and pay a \$4.00 "dignity fee". Inpatient and outpatient services are provided on a sliding scale at St. Mary's Hospital. Health Share is a joint effort of local St. Mary's County physicians, St. Mary's Hospital, St. Mary's County Health Department, and St. Mary's County Department of Social Services. |

| |
|--|
| Name: St. Mary's Hospital |
| POC: Martha Beavers, Marketing and Public Relations |
| Address: P.O. Box 527 25500 Point Lookout Road |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-6010 or 800-222-1SMH |
| FAX: 301-475-6390 |
| WWW Link: http://www.smhwecare.com |
| Proximity to site: 15 miles |
| Comments: St. Mary's Hospital is a full-service acute-care hospital located in Leonardtown. A private, nonprofit hospital, St. Mary's provides state-of-the-art emergency, inpatient and outpatient care. The hospital's goal is to offer the best in health care talent and technology, delivered in a warm, comfortable and comforting environment. SMH is governed by a 17-member board of directors composed of area citizens who serve on a volunteer basis. Over 850 employees work for the hospital. The Medical Staff consists of more than 225 physicians representing a wide range of specialties. An overwhelming majority of these doctors are board-certified. For a physician referral, please call 301-475-6088 or consult the hospital's online physician directory. The web address is located in this detail. In February 2002, St. Mary's Hospital completed a major expansion and renovation project on its Leonardtown campus. The expansion includes the building of a third floor, with an Intensive Care Center twice its former size and a state-of-the-art medical/surgical/telemetry unit. The project also involves a larger Emergency Care Center, increased surgical support areas, a Women's Health Center, and a beautiful new Birthing Center. St. Mary's offers a full complement of health services, including ambulatory surgery, cardiology, case management, diagnostic imaging, drug information, Health Connections, laboratory, maternal and women's health, behavioral health, neurology (including EEG and a sleep lab), nutrition therapy, oncology, pain management, rehabilitation medicine and pulmonary care. Over the past few years, SMH has acquired technologies that make the facility as advanced as many leading research hospitals. St. Mary's has a state-of-the-art angiography suite, for example, along with the most advanced CT scanning, |

sophisticated MRI and nuclear medicine technology, and bi-spectral monitoring for surgical patients.

A full range of Cancer Care is available, including patient care and access to research and national clinical trials. The hospital's Outpatient Infusion Service (OPIS) Unit is an ambulatory clinic providing biotherapy and chemotherapy administration, transfusions, venous access device management and intravenous hydration and antibiotics.

A comprehensive guide to the birth experience is available through the hospital. Parents can design their own Birth Preferences Plan. The Women's Health and Family Birthing Center has five beautiful birthing rooms furnished with the ambience of home, along with a jacuzzi room, and 12 private, single patient postpartum rooms. St. Mary's has a telemedicine link with Children's National Medical Center. If a baby requires consultation with a specialist from Children's, a comprehensive examination and diagnosis can be conducted in real time through the telemedicine link.

The hospital's Health Connections programs provide healthy living information through seminars, classes, support groups, health fairs and demonstrations. Free and low-cost programs are offered at the hospital's Health Connections Center, at satellite locations and other sites throughout the county. In partnership with the county health department and the department of social services, Health Connections offers a mobile outreach center to bring wellness activities to surrounding communities.

For information on the hospital's medical services, please call 301-475-8981 or log onto the website that is located in this detail.

Satellite locations:

St. Mary's Hospital Express Care:
St. Mary's Medical Center at Charlotte Hall
weekdays from 4 to 10 p.m., weekends and holidays
from 10 a.m. to 8 p.m. 301-290-1499.
St. Mary's Hospital in Leonardtown weekdays
from 5 to 10 p.m., weekends and holidays from 10
a.m. to 8 p.m. 301-475-7002.

Hospice of St. Mary's: 22699 Washington Street,
Leonardtown. Offering professional medical

services for pain and symptom management, along with physical, emotional and spiritual support to terminally ill patients and their families. 301-475-2023.

Health Connections Center: Located adjacent to the main hospital in Leonardtown. Health and wellness classes, programs and screenings. Also look for our Health Connections Outreach Center, bringing these programs right to your neighborhood. 301-475-6019.

St. Mary's Medical Center at Charlotte Hall:
Express Care, Physician Offices, Laboratory, Health Connections and more. Monday- Friday: 7 a.m. to 7 p.m. 301-290-0184.

St. Mary's Hospital Health Center at Lexington Park: Inside the Department of Social Services office, 21775 Great Mills Road. Laboratory, Nutritional Counseling and Health Connections activities. Monday-Friday: 9 a.m. to 5 p.m. 301-866-1464.

Regional Rehab of St. Mary's: Philip J. Bean Medical Center, 24035 Three Notch Road, Hollywood. A partnership with the National Rehabilitation Hospital and other health partners. 301-373-2588.

St. Mary's Hospital Laboratory Center at the Belmont Building: 2300 Moakley St., Suite 202, Leonardtown. Monday-Friday: 8:30 a.m. to 4:30 p.m. 301-475-2494.

Dental Services/Directory - on Installation

The Branch Dental Clinic, located at the Naval Medical Clinic, services active duty personnel. The clinic provides general dentistry, cleanings by hygienist, simple oral surgery and root canals. Complex cases are referred out to Bethesda, the Navy Yard, or Annapolis. You may call 301-342-1407 from 6:45 A.M.-4:30 P.M., M-TH and 6:45 A.M.-3:30 P.M. Friday for appointments. For emergencies on off hours contact the Quarter Deck at the Naval Medical Clinic, 301-342-1418.

Dental Services/Directory - on Installation

| <i>Clinic</i> | <i>POC</i> | <i>Number</i> |
|----------------------|----------------------|-------------------|
| Naval Medical Clinic | Branch Dental Clinic | 301-342-1407/1408 |

Family Member Dental Plan

The TRICARE Family Member Dental Plan, administered by United Concordia Companies, Inc., is available for active duty family members. You register for the plan at Personnel Support Detachment. The plan is a voluntary comprehensive dental plan. There is a monthly premium paid through payroll deductions. The plan has cost shares, maximums, and limitations with amounts covered varying on the services. Call Concordia at 1-800-866-8499 for information, benefits and list of providers. A list of participating dentist is also available in the clinic's Customer Service area located at the Quarterdeck.

| |
|---|
| Name: Health Benefits Advisor |
| Address: Naval Medical Clinic |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1457 DSN 342-1457 |
| Proximity to site: On site |

Housing

Housing Overview

For more information on this subject:

Housing Information

<http://www.housing.navy.mil/pcshouse/>

Patuxent River has 776 Military Family Housing units. Waiting times vary depending on the location of the housing desired. Bedroom entitlement and assignment policies are in compliance with OPNAVINST 11101.13 series. Please contact the office with any questions you may have and our professional housing staff will be happy to assist you. Upon request, we will provide a "Housing Information Package". Visit our web site located in the overview web address for additional information.

Housing Allowances

| Housing allowance information is available from the Per Diem, Travel and Transportation Allowance Committee's Web Site: | |
|---|---|
| Rates and Allowances Home Page | http://www.dtic.mil/perdiem/rateinfo.html |
| Basic Allowance for Housing | http://www.dtic.mil/perdiem/bah.html |
| Overseas Housing Allowance | http://www.dtic.mil/perdiem/allooha.html |

Government Housing

For more information on this subject:

Navy housing site.

<http://www.housing.navy.mil/pcshouse>

To apply for military family housing, military members need to complete and submit the following as soon as possible: Application for Assignment to Housing (form DD 1746) with your PCs Orders and your "current" Page 2 (Certification of Dependents) attached. When you detach from your last permanent duty station, fax a copy of your Detaching Endorsement (L20/L01). Call the Housing Welcome Center to verify that the fax was received and to request any additional information.

When you arrive at NAS Patuxent River go to the Housing Welcome Center (Bldg.2371) for all your housing concerns and questions. When entering Gate 1, go to the traffic light and take a right on to Cuddihy Road. The Housing Welcome Center is on the right about a mile down. If you enter Gate 2, take the second left on to Mandt Road. Then take an immediate left on to Bundy Road and then a right on to Cuddihy Road. The Housing Welcome Center (Bldg.2371) is down about a half mile on the left. At the Center you will find PCS HOUSE, a computer program, that can give you the latest information about base and community housing. The foyer at the Center is open 24 hours a day with a touch screen computer with information about your ranking on the housing list, community housing, restaurants, places to stay, etc.

SEE RELOCATION SERVICES/BILLETING if you are single and coming to NAS Patuxent River.

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|--|
| Name: Housing Welcome Center |
| POC: Edie Potter |
| Address: Building 2371 21967 Cuddihy Rd., Unit NAS |
| City: NAS Patuxent River, MD 20670-1122 |
| Phone: 301-342-3847 |
| FAX: 301-342-4823 |
| DSN Phone: 342-3847 |
| DSN FAX: 342-4823 |
| E-Mail: edith.potter@navy.mil |
| Comments: Hours of operation are M-Th, 6:30 A.M.-4:30 P.M., Friday 7:30 A.M. to 4:00 P.M. There is a 24 hour computer information system in the entry. |

Community Housing

Remember to come to the Housing Welcome Center before you enter into a rental lease or purchase agreement. You will be informed if the base has a list of housing restrictions approved by the Installation Commander. Available at the Housing Welcome Center is current information on local rental and sale properties and information to help renters understand their rights and obligations. You will be given a booklet about Maryland landlord/tenant laws. This booklet covers topics dealing with applications, security deposits, rent escrow and where to seek help if problems arise. Also available is current information on local homes for sale and a package of information on becoming a homeowner. A wealth of additional information is readily available such as lists of temporary lodging, real estate offices and schools in the area.

Contact the SOUTHERN MARYLAND ASSOCIATION OF REALTORS listing below for more information on realtors in the area. Also, see the AT A GLANCE/ COMMUNITY HOUSING section at the end of this document.

| |
|--|
| Name: Southern Maryland Association of Realtors |
| Address: P.O. Box 400 8440 Leonardtown Road |
| City: Hughesville, MD 20637 |
| Phone: 301-274-4406/888-340-8727 |
| FAX: 301-870-2575 |
| WWW Link: http://www.somdrealtors.com |
| Comments: Website links to information on schools, government, HUD and VA foreclosures, agents, a mortgage calculator, etc. Additional phone numbers are 301-274-4406 (Charles County), 301-884-8533 (St. Mary's County) and 301-870-2323 (for the Metro D.C. area). |

Utilities

The basic utilities are in the following record listings. For natural gas and trash collection there are many companies in the Tri-County area to choose from. Check the yellow pages and call around for the best service and best price for you.

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|--|
| Name: COMCAST- for Calvert County cable |
| Address: 1030 Theater Drive Suite D |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-2602 |
| WWW Link: http://comcast.net |
| Comments: There is a \$29.00 hook-up fee for new homes and \$24.00 fee for older ones for the first television and \$16.50 for each of the others if done at the same time. Limited Basic cable is \$16.30 plus tax and franchise fees and Basic Plus is \$41.90 plus tax and franchise fees. Premium channels (HBO, SHOWTIME, CINEMAX, and TMC) are available for an additional charge. Also be aware that prices may vary with promotional offers in your area. Installation wait for houses with existing cable is 2-3 days and for new homes or homes that never have had cable there is a 2-3 weeks wait depending on availability. This division of the company also services some homes on the border between Charles and St Mary's counties and southern Anne Arundel County. |

| |
|---|
| Name: COMCAST- for Charles County cable |
| Address: 336 Post Office Rd |
| City: Waldorf, MD 20602 |
| Phone: 301-645-9300 |
| FAX: 301-843-7212 |
| WWW Link: http://www.comcast.com |
| Comments: There is a \$35.00 installation fee for the first set and \$19.50 for each after that for homes that did not have cable previously. For homes that did have cable previously, it is \$29.00 installation for the first set and \$19.50 for each after that. Installation can usually be scheduled for following day. Installation can be done on Saturday. Limited Basic cable cost \$13.50 and Basic Plus is \$40.31 per month, however, Indian Head/LaPlata, Md. have franchise fees that slightly increases fees. |

| |
|--|
| Name: Calvert County Water and Sewage Division |
| Address: 150 Main St. |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-1600 x2329 |
| FAX: 410-414-2498 |
| Comments: There is a connection charge for new houses which is usually paid by the builder. Billing is done on a quarterly basis with areas having standard charges - either metered or flat fees. |

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|---|
| Name: Charles County Government - Water and Sewer |
| Address: P.O. Box 1630 |
| City: La Plata, MD 20646 |
| Phone: 301-645-0624 |
| FAX: 301-645-0505 |
| WWW Link: http://www.charlescounty.org |
| Comments: There is a quarterly billing cycle from metered readings. 3-5 days notice is needed before move in to do reading from previous tenant. If you are buying a house, you need the title company name, day of settlement, lot and property number and the new owner's name. When buying a new home, call to set up service. |

| |
|--|
| Name: GMP Cable T.V. |
| POC: Secretary |
| Address: 44150 Airport View Dr. |
| City: Hollywood, MD 20636 |
| Phone: 301-373-3201 |
| FAX: 301-373-3757 |
| WWW Link: http://www.gmpcabletv.net |
| Comments: This company installs television cables in St. Mary's County, Chesapeake Beach, North Beach, Boones Estates, and King George County in Virginia. If it is a new residence or never had a hook-up, you must schedule an install -installation wait can be up to 4-6 weeks. A technician will let you know if the installation is possible, what is involved and the possible cost. The average wait for installation, if cable has previously been installed, is 3-5 working days. Basic cable cost \$39.83 for St. Mary's County and NAS Patuxent River. |

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|--|
| Name: Southern Maryland Electric Cooperative (SMECO) |
| Address: P.O. Box 2000 (for payments) |
| City: Hughesville, MD 20637 |
| Phone: See comments below |
| WWW Link: http://www.smeco.coop |
| Comments: P.O. Box 1937 for correspondence. Call Calvert County 410-535-4400, Charles County 301-645-3636, or St. Mary's County 301-475-5631, or 888-440-3311 for all counties for service. In most circumstances, set-up can be arranged over the phone during working hours 8-5 M-F (except for holidays) one day prior to date of desired service hookup and setting up account. A \$25.00 service application fee will be charged and the charge will be on the first bill. This service application fee is non-refundable. Representatives will inform you of any other requirement at time of call in. Assess first time customers a deposit which varies depending on location. Deposit is deferred until the second month's billing. Confirmation letter mailed on date service requested will address ways of having deposit waived (Ex. good credit reference report from previous utility or credit report done in last 3 months). |

| |
|---|
| Name: St. Mary's County Metropolitan Commission (water /sewage) |
| Address: 43990 Commerce Ave. |
| City: Hollywood, MD 20636 |
| Phone: 301-373-4733 |
| FAX: 301-373-4822 |
| Comments: There is a monthly billing with a quarterly meter reading so your quarterly bill may be slightly higher. Call for details concerning set-up. |

| |
|--|
| Name: Verizon (telephone) |
| Address: P.O. Box 17577 (bill payments) |
| City: Baltimore, MD 21297-0429 |
| Phone: 301-954-6260/6230 |
| FAX: 800-510-1914 |
| WWW Link: http://www.verizon.com |
| Comments: For correspondence: EDMA Imaging Center, P.O. Box 1915, Beltsville, MD, 20704 . There is a \$48.00 connection charge that can be paid in the first bill. Based on credit history, advanced payment of \$75.00 (which goes toward the first bill), and security deposit of \$50.00 may be required. Call the number above for set-up or set up via the internet site. If doing by internet, please be aware that the set up process is slower - follow up by phone. |

Relocation Services

Relocation Services Overview

For more information on this subject:
<http://www.dmdc.osd.mil/sites>

Are you moving soon? Here are just a few questions you'll have to answer. How do I get there? Where will I live? What about my pet? Where will my children go to school? Will my spouse be able to find employment? What about child care?

Relocation is a way of life in the Navy and it can be stressful. Decisions must be made and the choices can have significant effects on your life. You need accurate, timely information to make these decisions. Contact your Relocation Counselor at the Fleet and Family Support Center at your present duty station to prepare for your move and contact your Relocation

Counselor at your new duty station to help you and your family make these all important decisions. This SITES database provides up to date information about bases and the communities outside their gates.

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|---|
| Name: Fleet and Family Support Center |
| POC: Bettie Broadhurst - Relocation Counselor |
| Address: 21993 Bundy Road Unit 2090 |
| City: NAS Patuxent River, MD 20670-1132 |
| Phone: 301-757-1863 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1863 |
| DSN FAX: 342-4802 |
| E-Mail: bettie.broadhurst@navy.mil |

Relocation Assistance

Relocation services are provided for the entire moving process. Come to the Fleet and Family Support Center Relocation Counselor for answers to your questions and help along the way. If we don't have the answer, we know where to refer you.

Outbound services: A reference library of information ("Welcome Aboard") packets for bases around the world is available for short-term check-out; SITES databases for all DoD installations worldwide are available; and assistance is also provided for information and sponsors for your new base. Relocation workshops are also offered.

Inbound services: Our Fleet and Family Support Center will provide "Welcome Aboard" packets, and help you find a sponsor if you haven't heard from one. Workshops are provided on numerous relocation issues on a regular basis. Do not miss the "Welcome to Pax" workshop to become a resident expert on the area. A base tour is included as part of this wonderful class.

Borrow from our hospitality locker which is maintained for use by both inbound and outbound personnel and their families. Included are basic household items such as dishes, pots and pans, utensils, futons, and linens.

In Transit Emergencies

No matter how well you plan, emergencies still do happen. What should you do in case of an emergency?

You can always contact a Fleet and Family Support Center if you are close to a base. We are here to help

you! For medical emergencies go to the nearest military hospital, if one is available, or the local civilian hospital emergency room for assistance. VA hospitals will see active duty personnel, while family members will only be treated on a space available basis.

Don't forget to keep important papers with you for emergencies as well as for safety. Take along a medical information sheet or medical record, with shot record included, for each family member. Also have bank account and investment documents, Powers of Attorney, personal property records, wills, a recent tax return, school records, employment records, plus any other documents you feel that you may need.

The American Red Cross is always available for emergency aid anywhere you may be. Contact the nearest chapter - phone numbers are usually listed in the white pages of the local phone directory. They can help with emergency financial assistance and contacting individuals that will need to know where you are and what's happening.

Numbers for NAS Command Duty Office (301-342-1095), Personnel Support Detachment-PSD (301-342-7301/7203), Public Works Transportation Office/Dispatcher (301-342-5088), your command and your sponsor can be invaluable in case of and emergency while in transit. It is important for you to contact someone at your gaining unit and let them know where and how you are.

Remember the "Pax Shuttle" transportation to/from Ronald Reagan National is limited to two times a day (M-F except holidays) only if you have reservations. Advise your sponsor or command if you need a ride. There are several private shuttle services servicing the Tri-County area to/from Dulles, BWI, and Ronald Reagan National Airports. Call C'Agnes at 301-994-0773, Smart Ride, Inc. at 410-535-6932 or Martin Shuttle at 301-373-4407 (Emergencies 301-672-0599) to reserve a spot.

Financial Preparedness

Financial education is offered to those experiencing money management difficulties or for those who wish to understand better how to budget their finances. Your Fleet and Family Support Center as well as the Navy/Marine Corps Relief Society can work with you to prepare your own personalized financial plan.

The Navy/Marine Corps Relief Society is also there for you with loans if you can't meet your basic living expenses such as rent, food, and electricity. If you need help call them and they will be able to advise you on what services they can provide.

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| Name: Fleet and Family Support Center |
| POC: Patsy Baxley, Financial Educator |
| Address: Bldg. 2090 |
| City: NAS Patuxent River, MD 20670-1132 |
| Phone: 301-342-4914 DSN 342-4914 |
| FAX: 301-342-4802 |
| E-Mail: patsy.baxley@navy.mil |

| |
|---|
| Name: Navy/Marine Corps Relief Society |
| Address: Bldg. 401 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4739 |
| FAX: 301-757-1836 |
| DSN Phone: 342-4739 |
| Comments: Provides budget counseling, layettes, educational loans and grants (also info on other educational loans), coordination with civilian agencies, and interest free loans and/or grants to help with emergencies. Emergencies include funerals, medical/dental bills, emergency transportation, food, rent, utilities, disaster relief assistance, vehicle repairs or unforeseen family emergencies. Services available to active duty, retired, reserves on active duty and family members plus those eligible family members of military members who have died. M-Thu 8:30 A.M. to 2:30 P.M., by appointment. Walk-ins are on a space available basis and emergencies go to the head of the line. |

Exceptional Family Member Program (EFMP)

The Exceptional Family Member Program (EFMP) is a mandatory program designed to identify family members with long term health care or special education needs. The program assists the service member in identifying available services at their next assignment area, confirms the availability of medical and educational support at overseas locations, identifies those who require assignment within major medical areas and identifies those who are eligible for voluntary homesteading. An Exceptional Family Member (EFM) is defined as an authorized family member residing with the sponsor who requires

special medical, psychological, or educational services. The EFM Program requires mandatory enrollment as per OPNAVINST 1754.2 series for any family member who resides with the sponsor, is enrolled in DEERS and who is affected by a physical, emotional or educational condition and requires ongoing special medical care or special education not generally available in isolated areas or overseas locations. Once enrolled in the program you remain enrolled for as long as is necessary with applications updated every three years. Disenrollment requires an updated application. * Bethesda Naval Hospital is 90 miles -1.5 hours. * Andrews Air Force Base hospital is 60 miles -1 hour. * Walter Reed Army Medical Center is 80 miles -1.5 hours.

| |
|---|
| Name: Exceptional Family Member Program |
| POC: Overseas Screening, HM2 Terry |
| Address: Naval Medical Clinic, Room 157 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1444 |
| Comments: Applications are accepted and the process begins. |

| |
|---|
| Name: Fleet and Family Support Center |
| POC: Patsy Baxley |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4914 |
| FAX: 301-342-4802 |
| DSN Phone: 301-342-4914 |
| DSN FAX: 301-342-4802 |
| E-Mail: patsy.baxley@navy.mil |
| Comments: Information, applications, and a video about the program can be obtained at the Center. |

Household Goods In-Bound Shipments

For more information on this subject:
Supply Corps/Household Goods
<http://www.navsup.navy.mil>

Personal Property now has a new toll free number 1-888-271-7950.

Immediately upon arrival in the Patuxent River area, you should notify the Personal Property Inbound Section, providing a contact number(s) and a delivery address if available. When the inbound section is notified that the shipment has arrived, you will be contacted to determine availability for delivery. A direct delivery to the residence is preferred, since it prevents unnecessary handling of the shipment and reduces the risk of loss and/or damage. However, if

the shipment cannot be accepted, it will be placed in temporary storage at government expense. The shipment can remain in storage for 90 days from the date of arrival. If additional storage is required, an extension request may be submitted, with approval at the discretion of the Transportation Office. When you are ready for delivery, at least five working days notice should be given to the Personal Property Office for scheduling. The member/agent MUST be available between 8-5 on the scheduled delivery date. If the contractor is unable to deliver the shipment because the appropriate individuals are not available, the member will be charged with an attempted delivery, and the delivery will have to be rescheduled.

At the time of delivery, the member/agent should have a good, legible copy of the inventory. As items are brought to the residence, they should be checked off the inventory sheets. Any items which are found to be missing or damaged at time of delivery should be recorded on the pink form DD 1840 (Joint Statement of Loss or Damage at Delivery). This form will be signed by the member/agent and the carrier representative, and serves as a notice to start tracer action (if necessary) and seals the carrier's liability for the documented items.

Within 70 days from the date of delivery, the entire shipment should be unpacked and all items checked for damage. Any additional loss/damage discovered at this time should be noted on DD Form 1840R (Notice of Loss or Damage), which is the reverse side of the DD Form 1840. This form must be taken to the Claims Section of the Personal Property Office, where it will be signed off, sent to the carrier to seal liability for the additional items, and a copy given to the member. Completing the pink forms is a notification to the carrier of any loss/damage discovered during and after the delivery. THIS IS NOT THE ACTUAL CLAIM. The member has two years from the date of delivery to complete the claim itself. The claim package may be obtained from the claims section.

ALL ITEMS DOCUMENTED ON THE DD FORM 1840 OR DD FORM 1840R MAY NOT END UP ON THE FINAL CLAIM--HOWEVER, ALL ITEMS ON THE FINAL CLAIM MUST HAVE BEEN DOCUMENTED ON THE DD FORM 1840 OR DD FORM 1840R. ITEMS APPEARING ON THE FINAL CLAIM WHICH WERE NOT PREVIOUSLY DOCUMENTED MAY BE DENIED FOR PAYMENT BY THE LEGAL OFFICE!!

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|---|
| Name: Personal Property Office |
| POC: Inbound Section |
| Address: Building 588 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-9659 |
| FAX: 301-342-1902 |
| DSN Phone: 757-9659 |
| DSN FAX: 342-1902 |

Household Goods Out-Bound Shipments

For more information on this subject:

It's Your Move booklet

<http://www.defenselink.mil/specials/itsyourmove>

Outbound household goods counseling sessions are scheduled on an appointment basis. In order to schedule an appointment, the member must have appropriate orders in hand. Four copies of orders are required for each shipment to be scheduled. If someone other than the member will be making shipment arrangements, that individual must have a Power of Attorney or notarized statement giving them authority to sign for the member.

The "It's Your Move" booklet is available through the Personal Property Office or on line at the website listed above. The booklet should be obtained prior to the counseling session. This booklet contains valuable information dealing with weight allowances, entitlements, preparation for shipment, claims, and shipment procedures. A thorough understanding of the information in this booklet, combined with information received during the counseling session, will enable you to be fully prepared during the actual move. Each member is governed by a weight allowance based on pay grade and whether or not there are dependents. It is important to determine what the property weighs, not only to see if there will be any excess cost, but also to assist the Personal Property Office in scheduling appropriate pack and pickup dates. A good rule of thumb to use is 1000 pounds per full room (master bedroom, living room, formal dining room), 250 pounds each for large appliances, and at least 1-2,000 pounds for books, clothes, and miscellaneous for a normal family.

If you are worried about exceeding the authorized weight, professional material may be an important factor because it is free weight. Professional materials are classified as: textbooks, course books, or manuals used during the member's military career, clothing over and above uniforms such as flight suits, lab coats, etc., and any service related plaques and awards. These items will be considered free weight

only if the following criteria is met: the items are separated and packed separately(boxes which are not completely full must be filled with paper only); the boxes are designated on the inventory as professional items, pro items, or have some term which differentiates the contents from normal books and papers; and most important, there is a weight on each line of the inventory which indicates professional material. This weight may be obtained by using a bathroom scale, or determining the weight based on the cube size of the box. However, the weight MUST BE on the inventory before it is signed, or it will not be counted. If there is still a concern about excess weight, the member can request a reweigh of the shipment before it is delivered at destination.

The Personal Property Office at NAS Patuxent River, Maryland is responsible for moves in and out of St. Mary's and Calvert counties. If you live in other counties, this office can do the paperwork for a mail-out application to request a move and dates. It is the member's responsibility to call the appropriate origin installation noted on DD Form 1299 to see if requested dates can be met. Mail-out applications are not guaranteed move dates.

Many of the D.C. area bases (including Annapolis) are now affected by the Full Service Move Program. Call Personal Property for more information.

IF THERE ARE CONCERNS OR QUESTIONS CONCERNING ENTITLEMENTS, WEIGHT ALLOWANCES, AUTHORIZED ITEMS FOR SHIPMENT, OR ANY PERSONAL PROPERTY ISSUES, CONTACT THE PERSONAL PROPERTY OFFICE FOR ASSISTANCE. IT IS ALL WELL AND GOOD TO LISTEN TO FRIENDS, BUT IF THEIR INFORMATION RESULTS IN EXCESS COST, IT IS THE MEMBER WHO MUST PAY THE BILL!!

| |
|---|
| Name: Personal Property Office |
| POC: Outbound Section |
| Address: Building 588 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-9662/9664 |
| FAX: 301-342-1902 |
| DSN Phone: 757-9662/9664 |
| DSN FAX: 342-1902 |

Household Goods Claims

All claims are tracked through the Personal Property Office. SEE RELOCATION

SERVICES/HOUSEHOLD GOODS INBOUND SHIPMENTS for step by step instructions.

| |
|---|
| Name: Personal Property Office |
| POC: Claims Department |
| Address: Building 588 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-9660 |
| FAX: 301-342-1902 |
| DSN Phone: 757-9660 |
| DSN FAX: 342-1902 |

Household Goods Weight Allowances

HHG weight allowance entitlements can be found in the Joint Federal Travel Regulations (JFTR), Volume I, for military members and Joint Travel Regulations (JTR), Volume II, for civilian employees. In addition, allowances are noted in Department of Defense (DoD) 4500.34R, Personal Property Traffic Management Regulations (PPTMR), and the "It's Your Move" booklet.

Household Goods Weight Allowances

| <i>Grade</i> | <i>Allowance w/Dependents</i> | <i>Allowance wo/Dependents</i> |
|--------------|-------------------------------|--------------------------------|
| E1 | 5,000 | 1,500 |
| E2 | 5,000 | 1,500 |
| E3 | 5,000 | 2,000 |
| E4 | 7,000-8,000 | 3,500-7,000 |
| E5 | 9,000 | 7,000 |
| E6 | 11,000 | 8,000 |
| E7 | 12,500 | 10,500 |
| E8 | 13,500 | 11,000 |
| E9 | 14,500 | 12,000 |
| W-1 | 12,000 | 10,000 |
| W-2 | 13,500 | 12,500 |
| W-3 | 14,500 | 13,000 |
| W-4 | 17,000 | 14,000 |
| O-1 | 12,000 | 10,000 |
| O-2 | 13,500 | 12,500 |
| O-3 | 14,500 | 13,000 |
| O-4 | 17,000 | 14,000 |
| O-5 | 17,500 | 16,000 |
| O-6+ | 18,000 | 18,000 |

POV In-Bound Shipments

For more information on this subject:
POV Tracking Service
<http://www.whereismypov.com>

You can get the booklet "Shipping Your POV" from any Personal Property Office. Read it carefully. To check for details concerning your own personal shipment to or from our area call Personal Property.

| |
|---|
| Name: Personal Property Office |
| Address: Building 588 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-9662/9664 |
| FAX: 301-342-1902 |
| DSN Phone: 757-9662/9664 |
| DSN FAX: 342-1902 |

POV Out-Bound Shipments

SEE RELOCATION SERVICES/POV INBOUND SHIPMENTS

POV Claims

SEE RELOCATION SERVICES/HOUSEHOLD GOODS CLAIMS.

| |
|---|
| Name: Personal Property Office |
| POC: Claims Department |
| Address: Building 588 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-9660 |
| FAX: 301-342-1902 |
| DSN Phone: 757-9660 |
| DSN FAX: 342-1902 |

Pet Boarding/Kennels

Boarding facilities are not available aboard the Naval Air Station. The Navy Lodge does not allow pets.

Government housing allows two pets per unit. The term pet means dogs, cats, birds and other animals of a common household variety. Snakes, monkeys, rabbits, ferrets are not permitted. All pets must be registered with the base Veterinary Clinic and the Housing Office. To register, proper documentation of spay/neutering and shots must be provided within 10 days. The rabies vaccination is required by law. Remember county tags are required and these can also be purchased at the Vet Clinic. Call 301-342-4213 to reach the Vet Clinic. See next section - Pet Licensing.

Pets are not allowed to roam at large in the county as well as on the base. When outside, pets must be on a leash or in a fenced area. On base if a pet is picked up by the CMAA, it will be held on station for a limited amount of time. The animal will then be transferred to the Tri-County Animal Shelter for disposition. If the owner claims the pet before it leaves the base, a \$50.00 fee plus \$2.50 a day must be paid. If you notice that your pet is missing, call the CMAA (301-342-3615) immediately and explain you are looking for it. Then the CMAA will not charge you if they find the animal.

Pets must be housed inside quarters nightly at 10:00 P.M. A pet may not be tied outside for long periods of time (1 hour limit), must not be attached to government property (use a stake) and must be restricted to the immediate area of the owner's unit. Pets may not be left alone in quarters longer than 12 hours. Pet owners should ensure that their pet does not bark, howl, or whine for prolonged periods. Violation of the above will result in seizure and removal of the pet from the area.

After the first offense of biting, an animal may be removed from the Station depending on the severity of the bite. Bites must be reported to the CMAA, and

the victim should report to the hospital for treatment. Owners are liable for all charges brought by the animal's actions.

Occupants in housing must ensure that their pet does not cause damage or become a nuisance. Pet owners are responsible for removing the pet's fecal matter from all areas immediately.

Pet requirements for rental housing will generally be determined by the agency. There is usually a pet deposit (sometimes non-refundable) ranging from but not limited to \$50.00-\$250.00. Some restrictions may be placed on the size of the animal.

The listing below represents a sampling of kennels in our area. You should have the pet's shot record available when checking into a kennel. For further assistance/information, call the individual kennel or use the yellow pages.

| |
|--|
| Name: Applejack K-9 Academy & Kennels |
| Address: 14655 Charles Street (Route 6) |
| City: Charlotte Hall, MD 20622 |
| Phone: 301-884-7547 |
| FAX: 301-884-8741 |
| WWW Link: http://www.applejackk9academy.com |
| Comments: Takes dogs and cats. Hours: Monday-Friday, 9:00 A.M.-7:00 P.M., Saturday, 9:00 A.M.-5:00 P.M. Master Card, VISA, checks and cash accepted. |

| |
|---|
| Name: Interlude Kennel |
| Address: 1025 Calvert Beach Road |
| City: St. Leonard, MD 20685 |
| Phone: 410-586-1843 |
| FAX: 410-586-3006 |
| WWW Link: http://www.interludekennel.com |
| Comments: Takes dogs, cats, birds and other small animals. Hours: Monday-Friday, 8:00 A.M.-6:00 P.M., Saturday, 8:00 A.M.-5:00 P.M., Sunday, 4:00 P.M.-6:00 P.M. Master Card, VISA, checks and cash accepted. |

| |
|---|
| Name: Kiarry Kennels |
| Address: 40181 Stanley Lane |
| City: Mechanicsville, MD 20659 |
| Phone: 301-884-4163 |
| FAX: 301-884-7282 |
| Comments: Takes dogs and cats. Hours: Monday-Saturday, 8:00 A.M.-12:00 noon and 3:00 P.M.-6:00 P.M. and Sunday, 3:00 P.M.-6:00 P.M. No credit cards accepted. |

| |
|--|
| Name: Pet Paradise Kennels |
| Address: 43450 St. Andrews Church Rd |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-2142 |
| FAX: 301-475-5565 |
| Comments: Boards dogs and cats. Trains and grooms dogs. Accept VISA and MC. Hours: Monday-Friday, 9:00 A.M.-5:00 P.M. and Saturday, 9:00 A.M.-4:00 P.M., Sunday, closed. |

| |
|--|
| Name: Precious Pup Kennels |
| Address: 4705 Largo Road |
| City: Upper Marlboro, MD 20772 |
| Phone: 301-952-0318 |
| Comments: Boards and grooms dogs and cats. Open Monday, Tuesday, Thursday, Friday and Saturday from 8:00 A.M.-5:00 P.M. and Sunday from 8:00 A.M.- 12:00 noon. |

| |
|--|
| Name: Riviera Boarding Kennels |
| Address: P.O. Box 429, 16325 Prince Frederick Road |
| City: Hughesville, MD 20637 |
| Phone: 301-274-4456 |
| FAX: 301-274-0472 |
| Comments: Boards and grooms dogs and cats. There is a 10% military discount. Hours: Monday, Tuesday, Thursday, and Friday, 8:00 A.M.-6:00 P.M., Wednesday, 8:00 A.M.-12:00 noon and Saturday, 8:00 A.M.-5:00 P.M. Closed on Sunday. Accept Master Card, VISA and Discover. |

Pet Licensing

St. Mary's County dog registration (dog tags) is required for pets on and off the base. Cats are exempt off base. Tags are available through the St. Mary's County Treasurer's office - cost is \$7.50 per dog, \$2.00 if spayed or neutered. There is an additional \$2.00 late charge attached to each fee if

tag is not purchased before August 1 or within 30 days of the move. Proof of a valid rabies shot is needed and tags may be purchased through the mail by sending the rabies certificate, all fees, and a self-addressed, stamped envelope to the Treasurer's Office. Tags may also be purchased on the base at the Veterinary Clinic. Tags may also be purchased through some area vets and the animal shelter. Cats must be tagged if they live on base.

There is a "Leash Law" in the state of Maryland. The animal must be confined to property or on a leash when off the property. Fines are invoked for noncompliance with these rules. If there is not proof of rabies immunization or if the animal bites someone, these fines will be increased.

| |
|--|
| Name: St. Mary's County Treasurer |
| Address: P.O. Box 642 23150 Leonard Hall Drive |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4472 |
| FAX: 301-475-4946 |
| Comments: Dog registration may be done in person or through the mail by sending a self addressed stamped envelope. |

| |
|--|
| Name: Veterinary Treatment Facility |
| POC: Jennifer Ruiz |
| Address: Building 415 |
| City: NAS Patuxent River, MD |
| Phone: 301-342-4213 |
| FAX: 301-342-5973 |
| DSN Phone: 342-4213 |
| DSN FAX: 342-5973 |

Pet Quarantines

There are no quarantines in the southern Maryland area, but always remember to check when you are preparing to move overseas.

Veterinary Services

The Patuxent River Veterinary Clinic is located in the Craftect Building (415). The clinic is open weekdays from 8:00 A.M.-4:00 P.M. with top-of-the-line grooming aides, flea products, and heartworm medications. Veterinary Staffers are available by appointment on specified days from 8:30 A.M.-2:30 P.M. for vaccinations, internal and external parasite control, heartworm prevention, and routine check-ups. The clinic is open to active duty personnel, retirees, and those authorized active DoD medical

care under the DEERS system. This category includes reservists during their active duty period.

Rabies shots are required at 12 weeks of age for new puppies and cats or dogs never vaccinated. Other than that dogs and cats are vaccinated every three years. Distemper shots are given yearly and the heartworm test should be done every two years for dogs.

Remember your dogs and cats that live on the base and dogs that live out in town require licensing. You can get that license at the Vet Clinic.

| |
|---|
| Name: Veterinary Treatment Facility |
| Address: Building 415 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4213 |
| FAX: 301-342-5973 |
| DSN Phone: 342-4213 |
| DSN FAX: 342-5973 |
| Comments: Clinic is open weekdays 8:00 A.M.-4:00 P.M. Veterinary staffers come on scheduled days and see animals by appointment. |

Pet Transportation

Check with a licensed veterinarian to verify if a Health Certificate is a requirement for your travel plans. A Health Certificate (effective for ten days) or rabies certificate is required for travel aboard public transportation. Check SITES for the base that you are moving to concerning requirements for entry and quarantines. OPNAV INSTRUCTION 4650.15 is the Passenger Transportation Manual. If you go to Chapter 3, Air Movement, Pet Shipment Procedures, you can get more information. Be aware that during the hotter month, pet air transportation may be limited. Also the Transportation Office can help you determine what you need to do concerning your pets and your overseas transfer.

Always check with your veterinarian if you are taking your pet on trip for carrier size and ways to make your pet more comfortable.

| |
|---|
| Name: Transportation Office |
| POC: Mickey Lafayette |
| Address: Building 409 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-7309 |
| DSN Phone: 342-7309 |

PCS Reporting Procedures

Report in at the Command Duty Office (Administration Building 409) open 24 hours a day and have your orders stamped so that your leave will stop. At the Quarter Deck you will be directed to go to the Personnel Support Activity Detachment, Receipt Section, for further processing. Every morning at 7:30 A.M.-11:00 new arrivals will be checked in at PSD. If later than that, you will get paperwork to come back the next working day (Hours 7:30 A.M.-2:00 P.M.). You should have your stamped orders, service record, medical/dental records, receipts from your travel, and your detaching endorsement FID (SH03). With PSD's help you will fill out a new SGLI form, update your Page 2, fill out your travel claim (part of your travel claim will be for you to get your TLE (Temporary Lodging Expense). You can get 10 days paid with receipts. At your new command you will get your base check in sheet (get your sponsor or someone from your command to help you find your way around). Don't forget to fill out your sponsor questionnaire sheet when you check in at your new command or at the Fleet and Family Support Center.

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|--|
| Name: Command Duty Office |
| Address: Building 409 - Administration |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1095 |
| FAX: 301-342-6613 |
| DSN Phone: 342-1095 |
| DSN FAX: 342-6613 |
| Comments: The Command Duty Office is open 24 hours a day for check in. All personnel reporting aboard should arrive in the Uniform of the Day at the Command Duty Office (CDO), Bldg. 409, for inprocessing. The CDO officially terminates leave and travel time, and directs new arrivals to the Personnel Support Detachment (PSD) located in the same building for further processing. After-hours arrivals at the CDO should report to PSD at the beginning of the next work day. |

| |
|--|
| Name: Personnel Support Activity Detachment |
| POC: Receipt Section -PN2 Dalmeida/PN2 Prentice/PNSN Walsh |
| Address: NAS/ADMIN/PSD Bldg 409, Ste 2, 22268 Cedar Point Rd, Unit 42325 |
| City: NAS Patuxent River, MD 20670-1154 |
| Phone: 301-342-7303 (Dalmeida)), 301-342-7315 (Prentice), 301-342-7311 (Walsh) (Velez) |
| FAX: 301-342-1059 |
| DSN Phone: 342-7303 (Dalmeida), 342-7315 (Prentice), 342-7311 (Walsh) |
| DSN FAX: 342-1059 |
| Comments: Hours of operation are 7:30 A.M.-2:00 P.M., M-F. Uniform of the Day required for service at PSD. Check in time is 7:30 A.M.-11:00 A.M., M-F. |

Separation Procedures

When it is time to separate, make an appointment with PSD at least six months prior to your separation date to start the process. PSD will give you separation orders to use to set up your move, and when you actually separate, a copy of your DD 214.

When considering leaving the military, go to a Transition Assistance Program (TAP). At the Fleet and Family Support Center, Patuxent River, there is a Transition Assistance Counselor, Charlotte Dutton. She sets up a monthly Transition Assistance Program (TAP) to provide information on resume writing, job search, and general separation questions and concerns. As a follow up, she holds classes and provides individual counseling for proper resume format and job hunting skills. Charlotte is there to help you find the job that is perfect for you when you leave the service. SEE SUPPORT SERVICES/FAMILY CENTERS.

| |
|--|
| Name: Fleet and Family Support Center/Transition Assistance |
| POC: Doreen Bickel |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1862/DSN 757-1862 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1862 |
| DSN FAX: 342-4802 |
| E-Mail: bickelpd@navair.navy.mil |

| |
|---|
| Name: Personnel Support Activity Detachment - Separation Clerk |
| POC: PN1 Lowe or PN2 Montillo |
| Address: Building 409, Ste.2 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1061 (Lowe) or 301-342-1064 (Montillo) |
| FAX: 301-342-1059 |
| DSN Phone: 342-1061 (Lowe) or 342-1064 (Montillo) |
| DSN FAX: 342-1059 |

Billeting

Once you check in at the Command Duty Office (Administration Building 409) or your command check in point, you will be directed to check in at the Combined Bachelor Quarters (CBQ - Building 406). Go to the front desk with a copy of your orders. The front desk clerk will assign you a room according to your status. For Permanent Change of Station (PCS) orders, if you are single, you will be assigned a room according to your rank. If on transient orders and there is no billeting at the CBQ or at the Navy Lodge, both single and married members must get a Certificate of Non-Availability from billeting authorizing them to go off base. Geographical bachelors must put in a request for permanent geographical bachelor berthing to be decided by the Geographical Bachelor Board. NOTE: GB SPACE IS EXTREMELY LIMITED. Children under the age of 18 are allowed to stay in the CBQ for short amounts of time on a case by case basis. Families are referred to the Navy Lodge on base at 301-737-2400 or 800-NAVYINN for worldwide reservations. If there is no room at the Navy Lodge or you have pets, see the listing of other lodging options below.

OTHER LODGING OPTIONS (in alphabetical order):

This listing represents a sampling of lodging facilities within 15 miles of the base and does not stipulate any endorsement by the Fleet and Family Support Center. For further assistance utilize the yellow pages.

*A&E MOTEL-Lexington Park, 301-863-7411
 *BEST WESTERN-California, 301-862-4100
 *COMFORT INN BEACON MARINA-Solomons, 410-326-6303 or 800-424-6423
 *DAYS INN-Lexington Park, 301-863-6666 or 800-DAYS INN (pets)
 *EXTENDED STAY OF AMERICA-Lexington Park, 240-725-0100
 *FAIRFIELD INN, Lexington Park, 301-863-0203
 *HAMPTON INN-Lexington Park, 301-863-3200
 *HOLIDAY INN

SELECT-Conference Center and Marina-Solomons, 410-326-6311 or 800-356-2009 *LORE'S APARTMENT HOMES -Lexington Park, 301-863-7536 *NAVY RECREATION CENTER-Solomons, 1-800-NAVY-230 from DC,MD,or VA, all other areas, call 410-326-5203 *SLEEP INN-California, 301-737-0000 *SUPER 8-California, 301-862-9822 or 800-800-8000 (pets).

For procedures to secure housing on base SEE HOUSING/GOVERNMENT HOUSING.

| |
|---|
| Name: Combined Bachelor Quarters (CBQ) |
| Address: 22103 Mandt Rd. Bldg. 406 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3601 |
| FAX: 301-995-3614 |
| DSN Phone: 342-3601 |
| DSN FAX: 995-3614 |

| |
|--|
| Name: Navy Lodge |
| Address: Building 2119 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-737-2400 or 1-800-NAVY-INN |
| FAX: 301-862-7866 |
| WWW Link: http://www.navy-nex.com |
| Comments: Efficiencies. No pets allowed. DIRECTIONS: From Gate 1, go to the first traffic light on the base and take a right. The Navy Lodge is just ahead on the left. From Gate 2, take the second left onto Mandt Road, then turn left onto Bundy Road and then a right turn onto Cuddihy Road. Navy Lodge is located on Cuddihy Road on the right across the street from the Commissary and Navy Exchange. |

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|--|
| Name: Navy Recreational Center/Solomons Annex |
| Address: P.O. Box 147 |
| City: Solomons, MD 20688 |
| Phone: 410-326-5204/5203 or 800-NAVY-230 (DC, MD, VA) |
| FAX: 410-326-4280 |
| Comments: No pets allowed in the lodging units (pets on a leash are allowed at outdoor sites). Varied lodging options available. SEE LOCAL COMMUNITY/RECREATION OPPORTUNITIES. |

| |
|---|
| Name: On-Base Camping Reservations |
| POC: Morale, Welfare, and Recreation |
| Address: Bldg.458 (Drill Hall) |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3508 |
| FAX: 301-342-3232 |
| DSN Phone: 342-3508 |
| DSN FAX: 342-3232 |

Unaccompanied PCS

Follow the check-in procedures as noted previously. SEE RELOCATION SERVICES/PCS REPORTING PROCEDURES and also RELOCATION SERVICES/BILLETING for further information.

Support Services

Support Services Overview

There are many support services through out the Tri-County area. Two good starting points are this SITES resource and your Fleet and Family Support Center to find out all the resources available to you.

Family Centers

The Fleet and Family Support Center recognizes that being in the military service is a lifestyle that presents unique challenges and opportunities for service members and their families. Our programs are intended to help you make the most of your time in the military. Our services are available to single and married active duty members, retirees, reservists on active duty and their family members. Department of Defense employees are eligible for the following services: spouse employment assistance, relocation assistance, and education and training workshops and seminars.

Services available at our center include counseling, spouse employment assistance, transition assistance, relocation assistance, veteran benefits advice, information and referral, financial education and even new parent support. Add to these services, informative classes and workshops and you have a one stop help and information center. If we don't have the answer, we probably know where to look.

| |
|--|
| Name: Counseling |
| POC: Linda Hautzenroder- Roberts, Clinical Director |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4911 |
| FAX: 301-757-1866 |
| DSN Phone: 342-4911 |
| DSN FAX: 757-1866 |
| Comments: Licensed counselors are available for crisis intervention, as well as short-term marriage and individual counseling. Support groups and workshops are offered in areas as diverse as stress management and support for victims of domestic violence. Close contact with other military and civilian agencies is maintained so that we continue to provide comprehensive referral services. |

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|---|
| Name: Family Advocacy Program |
| POC: Linda Hautzenroder- Roberts, Family Advocacy Representative |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4911 |
| FAX: 301-757-1866 |
| DSN Phone: 342-4911 |
| DSN FAX: 757-1866 |
| Comments: The Family Advocacy Program handles all cases of spouse abuse, child physical abuse, child neglect, and child sexual abuse. Overall direction and responsibility for the program rests with the Commanding Officer of the installation. |

| |
|--|
| Name: Information and Referral |
| POC: Patsy Baxley |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4914 |
| FAX: 301-342-4802 |
| DSN Phone: 342-4914 |
| DSN FAX: 342-4802 |
| E-Mail: patsy.baxley@navy.mil |
| Comments: A need or question will prompt ready referral to the appropriate military or civilian resource. We can tell you how to get your passport if you are going overseas, how to enroll in the Exceptional Family Member Program, and all about child care providers, Navy Lodges, and other special services. We can provide information on legal aid, voting registration, etc. Call or come by for our "one stop" referral service. |

| |
|--|
| Name: New Parent Support |
| POC: Sally McErlean, RN |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1869 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1869 |
| DSN FAX: 342-4802 |
| E-Mail: sally.mcerlean@navy.mil |
| Comments: A registered nurse is available to help with the transition to parenthood. The primary focus of the New Parent Support Program is promotion of family health, especially for newborns and infants; through visitation, education, and prevention programs. |

| |
|--|
| Name: Personal Financial Management Program |
| POC: Patsy Baxley |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4914 |
| FAX: 301-342-4802 |
| DSN Phone: 342-4914 |
| DSN FAX: 342-4802 |
| E-Mail: patsy.baxley@navy.mil |
| Comments: A trained financial counselor will take you step-by-step through the process involved in setting up and effectively managing a basic financial plan. Workshops and seminars on buying cars, renting or buying homes , and much more are offered. |

| |
|--|
| Name: Relocation Assistance |
| POC: Bettie Broadhurst |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1863 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1863 |
| DSN FAX: 342-4802 |
| E-Mail: bettie.broadhurst@navy.mil |
| Comments: Outbound: A reference library of information (Welcome Aboard) packets and videos for many bases around the world are available for short-term check-out. SITES databases for all DoD installations worldwide and many outbound trainings are provided. Inbound: We coordinate the Sponsor Program, send out Welcome Aboard Packets for NAS Patuxent River, and provide information and referral for services in our area. Don't miss the Welcome to Pax class and other inbound trainings. A limited hospitality locker (dishes, utensils, futons, linens, etc.) is maintained for both inbound and outbound personnel and their families. |

| |
|--|
| Name: Spouses Employment Assistance Program (SEAP) |
| POC: Kim Connor |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1861 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1861 |
| DSN FAX: 342-4802 |
| E-Mail: kimberly.connor@navy.mil |
| Comments: Career counseling, career interest assessments, and job referrals are offered in a confidential environment. These services are available for family members. Workshops offered include resume writing, local job search, completing government applications and interviewing skills. A Computer Resource Room is available to complete forms and write resumes. |

| |
|---|
| Name: Transition Assistance Management Program (TAMP) |
| POC: Doreen Bickel |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1862 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1862 |
| DSN FAX: 342-4802 |
| E-Mail: bickelpd@navair.navy.mil |
| Comments: TAMP is designed to provide seminars, counseling, computer programs, and employment search resources for the separating and retiring military member. This is the starting point for transition into the civilian sector. |

| |
|---|
| Name: Veterans Benefits Representative |
| Address: Fleet and Family Support Center Bldg.2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4911 |
| FAX: 301-342-4802 |
| DSN Phone: 342-4911 |
| DSN FAX: 342-4802 |
| Comments: A Veterans Administration benefits counselor will answer questions concerning benefits and services for service members, veterans, and family members. Appointments are necessary. Call the Fleet and Family Support Center at 301-342-4911 for days, hours and appointments. |

| |
|--|
| Name: Volunteer Program at the Fleet and Family Support Center |
| POC: Kim Connor |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1861 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1861 |
| DSN FAX: 342-4802 |
| E-Mail: kimberly.connor@navy.mil |
| Comments: We boast an extremely active volunteer program, which serves to identify the skills and interest of volunteers and provides them with appropriate training, tasks, support, and rewarding experiences. |

Information and Referral

The blending of needs with resources is the goal of the I&R program at the Fleet and Family Support Center. Information is available about recreational

facilities, how to get a passport, events on the base and in the community, how to help your "special needs" child, plus much more. If we don't have the answer, we will find it for you!

| |
|---|
| Name: Information and Referral |
| POC: Patsy Baxley |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4914 |
| FAX: 301-342-4802 |
| DSN Phone: 342-4914 |
| DSN FAX: 342-4802 |
| E-Mail: patsy.baxley@navy.mil |

Financial Assistance Programs

Financial education is offered to those experiencing money management difficulties or for those who wish to understand better how to budget their finances. Your Fleet and Family Support Center as well as the Navy/Marine Corps Relief Society can work with you to prepare your own personalized financial plan.

The Navy/Marine Corps Relief Society is also there for you with loans if you can't meet your basic living expenses such as rent, food, and electricity. If you need help call them and they will be able to advise you on what services they can provide.

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|---|
| Name: American Red Cross - NAS Patuxent River |
| POC: Alice Pitcher |
| Address: Building 401 22187 Arnold Circle (2nd floor) |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4100 |
| FAX: 301-342-4157 |
| DSN Phone: 342-4100 |
| Comments: Hours of operation are 8:00 A.M.-3:00 P.M., M-F. Emergency after-hours phone number is 1-877-272-7337. |

| |
|---|
| Name: Navy/Marine Corps Relief Society |
| Address: Building 401 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4739 |
| FAX: 301-757-1836 |
| DSN Phone: 342-4739 |
| DSN FAX: 757-1836 |
| WWW Link: http://www.nmcrrs.org/ |
| Comments: Provides budget counseling, layettes, educational loans and grants (also info on other educational loans), coordination with civilian agencies, and interest free loans and/or grants to help with emergencies. Emergencies include funerals, medical/dental bills, emergency transportation, food, rent, utilities, disaster relief assistance, vehicle repairs or unforeseen family emergencies. Services available to active duty, retired, reserves on active duty and family members plus those eligible family members of military members who have died. M-Thu 8:30 A.M. to 2:30 P.M., by appointment. Emergencies go to the head of the line and walk-ins are seen on a space available basis. |

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|---|
| Name: Personal Financial Management Program |
| POC: Patsy Baxley |
| Address: Building 2090, Navy Family Service Center |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4914 |
| FAX: 301-342-4802 |
| DSN Phone: 342-4914 |
| DSN FAX: 342-4802 |
| E-Mail: patsy.baxley@navy.mil |

Emergency Assistance

Navy/Marine Corps Relief Society can provide financial emergency assistance based upon need, through either loans or, when there is a particular hardship, grants. Categories of financial assistance include: basic living expenses, medical not covered by TRICARE, dental not covered by DDP, funeral expenses, emergency transportation, essential car repairs, pay and allotment problems, disasters and assistance for widows, mothers and children.

The American Red Cross can also help in times of emergency. Quick communications with home about family emergencies is available 24 hours a day, 7 days a week, including verification of death or

serious illness of immediate family member, birth announcements to fathers deployed overseas, and health and welfare reports resulting from a lack of communication over a long period of time.

The American Red Cross also offers financial assistance for military personnel and their immediate families in the form of interest free loans or grants when urgent personal crisis arises like death in family.

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| Name: American Red Cross/Calvert County |
| Address: P.O. Box 855 |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-5230 |
| FAX: 410-535-9565 |
| E-Mail: redcrosscalco@chesapeake.net |
| Comments: Open M-F, from 9:00 A.M.-3:00 P.M. Call 410-586-6370 (pager) for after hours disaster service. For after hours service for military call 410-586-6368. |

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|--|
| Name: American Red Cross/Charles County |
| POC: Mike Zabko, Director |
| Address: P.O. Box 507 9255 W & W Industrial Road |
| City: LaPlata, MD 20646 |
| Phone: 301-934-2066 |
| FAX: 301-753-4042 |
| E-Mail: charlescounty.redcross@verizon.net |
| WWW Link: http://charlescounty.redcross.org/ |
| Comments: Office hours are M-F, from 9:00 A.M.-4:00 P.M. For emergencies/disasters, after hours, call 301-553-0864 (pager). For military emergencies, 24 hours a day, call 888-737-4306. |

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|--|
| Name: American Red Cross/NAS Patuxent River |
| POC: Alice Pitcher |
| Address: Building 401 22187 Arnold Circle (2nd floor) |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4100 |
| FAX: 301-342-4157 |
| DSN Phone: 342-4100 |
| DSN FAX: 342-4157 |
| Comments: Hours of operation are M-F, from 8:00 A.M.-3:00 P.M. Emergency after-hours phone number is 877-272-7337. |

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|--|
| Name: American Red Cross/St. Mary's County |
| POC: Mike Zabko, Director, Southern Maryland |
| Address: P.O. Box 387 41655 Court House Drive |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4705 |
| FAX: 301-475-4707 |
| E-Mail: redcross@co.saint-marys.md.us |
| WWW Link: http://www.somd.lib.md.us/smredcross/ |
| Comments: Hours are M-F, from 9:00 A.M.-3:00 P.M. Call 877-272-7337 for Armed Forces emergency services. Disaster Services 301-475-3250. |

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| Name: Navy/Marine Corps Relief Society |
| Address: Building 401 |
| City: NAS Patuxent River, MD 20670` |
| Phone: 301-342-4739 |
| FAX: 301-757-1836 |
| DSN Phone: 342-4739 |
| DSN FAX: 757-1836 |
| WWW Link: http://www.nmcers.org |
| Comments: Provides budget counseling, layettes, educational loans and grants (also info on other educational loans), coordination with civilian agencies, and interest free loans and/or grants to help for emergencies. Emergencies include funerals, medical/dental bills, emergency transportation, food, rent, utilities, disaster relief assistance, vehicle repairs or unforeseen family emergencies. Services available to active duty, retired, reservist on active duty and family members plus those eligible family members of military members who have died. M-Thu 8:30 A.M. to 2:30 P.M., by appointment. Emergencies go to the head of the line and walk-ins are seen on a space available basis. |

Family Advocacy

Child abuse and spouse abuse threaten the fabric of our entire society. Concern for the welfare of Navy families and the effects of family dysfunction on military performance prompted the establishment of the Family Advocacy Program in 1976. Today, the Family Advocacy Program is designed to address the prevention, identification, reporting, intervention, treatment and follow-up of child and spouse maltreatment.

The Navy Family Advocacy Program rests on the following assumptions: (1) That family violence does occur within all communities, including the Navy community. (2) That family maltreatment and abuse is disruptive and interferes with the work performance of the service member and thus with the mission of the Navy. (3) That family violence and neglect are incompatible with the high standards of professional and personal discipline required of Navy members. (4) That many perpetrators of family violence are not deviant or incorrigible and that many may be rehabilitated. (5) That victims and involved families are often best served when the perpetrators of family violence are placed in treatment and are available to participate in the family's rehabilitation. (6) That perpetrators of family violence must be held accountable for their behavior and that swift and certain intervention is a most effective deterrent. (7) That rehabilitation of a valued service member is most effective for the Navy.

The Navy's comprehensive response to family violence is designed to prevent or to stop the violence and to minimize its impact on the family and on the Navy. Program components include: prevention, identification and reporting as well as intervention and treatment. Through prevention, service members and their families are offered a variety of programs and trainings to reduce stressors and facilitate healthy functioning. The Family Advocacy Program provides training to help professionals detect abuse. Incidents of child abuse or neglect are reported to family advocacy representatives and coordinated with local child protective authorities as needed.

A multidisciplinary team of family advocacy professionals and command representatives, through a Case Review Committee, recommends an appropriate response to identified cases of abuse. Interventions may include: crisis intervention, emergency shelter, assessment, group counseling, individual counseling, rehabilitation, or treatment designed to help prevent further violence. All victims and offenders are entitled to physical and/or mental health treatment, counseling and other support services. Special programs to help children who have witnessed domestic violence are also available.

Family Advocacy cases are monitored to ensure the victim is safe and that the perpetrator is making progress. Family support programs, the medical treatment facilities, and local commanders work cooperatively to provide services recommended by the FAP.

At Patuxent River, the Family Advocacy Program is located at the Fleet and Family Support Center. Linda Hautzenroder-Roberts, LCSW-C, is the Family Advocacy Representative, Betsy Callahan, LCSW-C, is a FAP Case Manager; Ann Marie Patke, LCSW-C, and Darlene Lazard, LCSW both serve as a Family Advocacy Specialists.

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| Name: Family Advocacy Representative (FAR) |
| POC: FAR |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4911 |
| FAX: 301-757-1866 |
| DSN Phone: 342-4911 |
| DSN FAX: 757-1866 |
| Comments: Office hours are 7:30 A.M.-4:30 P.M., M-F. |

Single Member Services

What do you enjoy at your present duty station? More than likely you will find that and many new things here. The secret is to get involved. Join a church, sign up for educational courses, recreational programs, or take part in a special interest group such as a health club. Make a list of what you like to do and what you would want to do and go do it!

If you are a sailor, E-1 to E-5, living on or off base, the Liberty Program is open to you. This is a Navy-wide program which sponsors free or reduced priced events for active duty E1-E5. A variety of recreation activities will get you out and about in the local and surrounding areas. Day trips to Virginia, Washington, D.C., and overnight trips to Atlantic City or New York City are just a few of the exciting things planned for the upcoming year. Michele Kessler is the Liberty Coordinator, and she can be reached at 301-757-1394/DSN 757-1394 for more information. On base recreation is also available. Cook-outs, bowling and pool parties, and a whole lot more are here for you. SEE SUPPORT SERVICES/MORALE, WELFARE, AND RECREATION.

Don't forget to come by the Fleet and Family Support Center and talk with the Information and Referral or the Relocation Manager regarding activities available in our area. SEE ALSO SUPPORT SERVICES/FAMILY CENTERS.

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| Name: Morale, Welfare, and Recreation - Athletic Office |
| Address: Building 458 - Drill Hall |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3508/3648 |
| FAX: 301-342-3232 |
| DSN Phone: 342-3508/3648 |
| DSN FAX: 342-3232 |
| Comments: Also do not forget Michele Kessler at 301-757-1394/DSN 757-1394 for LIBERTY Program information. |

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|---|
| Name: Morale, Welfare, and Recreation Administration |
| POC: Kathryn Glockner, Director |
| Address: Building 467, Suite A |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3510 |
| DSN Phone: 342-3510 |

Support Groups

See the Record Listings for a sampling of groups available in our area.

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| Name: Alcoholics Anonymous/AL-ANON |
| Address: P. O. Box 767 |
| City: Charlotte Hall, MD 20622 |
| Phone: 800-492-0209 (answering service), 301-342-3811 (on base) |
| Comments: Call the above number for information for Calvert, Charles and St. Mary's Counties. Leave a message stating your needs. PLEASE NOTE: Alcoholics Anonymous meets every Wednesday at 5:00 P.M. at the Religious Program Center at NAS Patuxent River. Call the base number, listed above, for more information. AL-ANON helps spouses, families, and friends deal with the problem of alcoholism. Call 800-425-2666 for Southern Maryland AL-ANON. |

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|--|
| Name: Pregnancy Care Center |
| Address: 21562 Thames Avenue P.O. Box 31 |
| City: Lexington Park, MD 20653 |
| Phone: 301-737-4604 |
| FAX: 301-737-5497 |
| WWW Link: http://www.pregnancycenters.org/ |
| Comments: Counseling, support groups, free pregnancy test and supplies such as baby and maternity clothes. Hours of operation are 9:00 A.M.-8:00 P.M. Mon. and Wed., 9:00 A.M.-5:00 P.M. Tues. and Thur. and on evenings and weekends by appointment only. |

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| Name: Special Olympics, St. Mary's County |
| POC: Mary Lu Bucci |
| Address: 25926 Whiskey Creek Road |
| City: Hollywood, MD 20636 |
| Phone: 301-373-3469 |
| FAX: 301-373-3019 |
| E-Mail: somdsmc@gmtexpress.net |
| WWW Link: http://www.somdsmc.org |
| Comments: Year round sports training and competition programs for those with mental retardation or physical & developmental disabilities, ages 6 and up. Call for more information. |

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|--|
| Name: T.O.P.S. (Take Off Pounds Sensibly)/327 Leonardtown |
| POC: Fran Durella |
| Address: 17825 River Shore Drive |
| City: Tall Timbers, MD 20690 |
| Phone: 301-994-0529 |
| Comments: Call for more information. Meets Tuesday evenings at 6:45 P.M. at the Garvey Center in Leonardtown. Weigh in starts at 6:15 P.M. |

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| Name: Tri-County Youth Services Bureau/Family Center of St. Mary's |
| Address: 21161 Lexwood Drive |
| City: Lexington Park, MD 20653 |
| Phone: 301-866-5994 or 301-645-1837 |
| FAX: 301-866-5996 |
| WWW Link: http://www.tcysb.org |
| Comments: The Family Center of St. Mary's, situated in close proximity to NAS Patuxent River, offers free classes such as GED Prep, adult basic education skills and computer skills training. |

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|---|
| Name: Walden-Sierra, Inc. |
| Address: 26845 Point Lookout Rd. |
| City: Leonardtown, MD 20650 |
| Phone: 301-863-6661 (24 hour hotline) |
| FAX: 301-997-1321 |
| WWW Link: http://www.waldensierra.org |
| Comments: Drug and alcohol counseling/education. Adult coed inpatient facility with a 28 day drug and alcohol rehab (Anchor Recovery), 301-997-1260. Coed emergency shelter for adolescents, 13-18 years old, for transitional placement, 301-863-6786. Adult females, after meeting certain addiction prerequisites, may be eligible for a residential stay. Their children, up to age 10, may stay with them. This program is COMPASS at 301-862-4212. For literature about the program and for correspondence write 23130 Moakley Street, Leonardtown, MD 20650 (a mailing address) or call 301-997-1300. |

Morale, Welfare, and Recreation

For more information on this subject:
Morale, Welfare and Recreation
<http://nas.nawcad.navy.mil/mwr>

Morale, Welfare, and Recreation (MWR) offers activities and services to Patuxent River Naval Air Station active duty, retired military, DoD civilian personnel and their family members. These services form a web of activities which include athletics, dining and entertainment, plus much more. MWR's sole purpose is to enhance the lives of those stationed in and around Patuxent River by providing a variety of programs, events, services, and facilities to meet the expectation of all who participate.

At the Drill Hall you will find basketball courts, a bowling center, three fitness centers, free weights, gear issue, an indoor pool, racquetball, and volleyball. The Liberty Program (located in the Recreation Office), coordinated by Michele Kessler (301-757-1394/DSN 757-1394), is dedicated to providing entertainment and trips for active duty military, E1-E5, for free or at a discount. Ticket Master and Information, Tickets, and Tours are also there.

MWR also provides a variety of clubs, dining facilities, a Child Development Center, Veterinary Treatment Facility, outdoor recreation areas, pools, a summer day camp, wood and auto hobby shops, a movie theater, a marina, an group exercise center,

and even an 18 hole golf course. Lil Eva's, an All Hands Recreation Center, and Cyber Zone are open at Pax Landing Restaurant.

Check out the MWR website for further information.

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|---|
| Name: Auto Skills Center |
| Address: Bldg. 1586 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3507 |
| DSN Phone: 342-3507 |

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|---|
| Name: Bowling Center |
| Address: Building 458 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3994 |
| DSN Phone: 342-3994 |

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|---|
| Name: Customized Creations |
| Address: Building 415 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3569 |
| DSN Phone: 342-3569 |

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|---|
| Name: Drill Hall/Recreation Office |
| Address: Building 458 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3508/3648 |
| DSN Phone: 342-3508/342-3648 |

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|--|
| Name: Energy Zone |
| Address: Bldg. 1586 |
| City: NAS Patuxent River, MD 20634 |
| Phone: 301-995-3869 |
| DSN Phone: 995-3869 |
| Comments: The Center is located behind the Drill Hall. |

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|---|
| Name: Flight Deck Lounge & Micro Brew Pub |
| Address: Building 406, Combined Bachelors Quarters |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3200 |
| DSN Phone: 342-3200 |

| |
|---|
| Name: Free Weights Room |
| Address: Building 458, Drill Hall |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3559 |
| DSN Phone: 342-3559 |

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|---|
| Name: Gear Issue |
| Address: Building 458, Drill Hall |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3519 |

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|--|
| Name: Goat Locker |
| Address: Building 464 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-5272 |
| DSN Phone: 342-5272 |
| Comments: Eligible patrons are all E-7 through E-9 military members. |

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|---|
| Name: Golf Course, Clubhouse & Pro Shop |
| Address: Building 2630, Cedar Point Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3597 |
| DSN Phone: 342-3597 |

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|---|
| Name: Gym & Fitness Centers |
| Address: Building 458, Drill Hall |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3559 |
| DSN Phone: 342-3559 |

| |
|---|
| Name: Indoor Pool |
| Address: Building 458, Drill Hall |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-5960 |
| DSN Phone: 342-5960 |

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|---|
| Name: Information, Tickets & Tours and Ticket Master |
| Address: Drill Hall Recreation Office |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3648 |
| DSN Phone: 342-3648 |

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|--|
| Name: Lil Eva's (All Hands Recreation Center) |
| Address: Pax Landing - Building 467 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 757-1008 |
| DSN Phone: 757-1008 |

| |
|--|
| Name: Management Support Office (Morale, Welfare and Recreation Dept) |
| Address: Building 467, Suite A, NASMR |
| City: NAS Patuxent River, MD 20670-1537 |
| Phone: 301-342-3510 |
| DSN Phone: 342-3510 |

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|---|
| Name: Marina-West Basin |
| Address: Bldg. 1599 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3573 |
| DSN Phone: 342-3573 |

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|--|
| Name: O'Club Indoor Pool |
| Address: Building 461, Cedar Point Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1669 |
| DSN Phone: 342-1669 |

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|--|
| Name: Officers' Club |
| Address: Building 461, Cedar Point Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3656 |
| DSN Phone: 342-3656 |

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|---|
| Name: Outdoor Pool |
| Address: Building 1598, Cuddihy Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4225 |
| DSN Phone: 342-4225 |

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|---|
| Name: Patuxent Landing Restaurant |
| Address: Bldg. 467 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3293 |
| DSN Phone: 342-3293 |

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|--|
| Name: Theater, Base |
| Address: Building 1495 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3572 |
| DSN Phone: 342-3572 |
| Comments: For a recording of the movies that are scheduled call 301-342-5033/DSN 342-5033. |

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| Name: Vet Clinic |
| Address: Building 415 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-4213 |
| DSN Phone: 342-4213 |
| Comments: SEE RELOCATION SERVICES/VETERINARY SERVICES. |

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|---|
| Name: Wood Hobby Shop |
| Address: Building 415 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-6297 |
| DSN Phone: 342-6297 |

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|---|
| Name: Youth Center |
| Address: Building 1597 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1694 |
| DSN Phone: 342-1694 |

Chapel Services and Programs

Welcome to the Chapel at Patuxent River Naval Air Station. It is truly a beautiful and historical place of worship. You will find a variety of opportunities for worship, Bible study, fellowship and service.

On Sunday mornings there are both Catholic (8:30 AM and 9:30 AM) and Protestant services (11:00 AM) with free child care available. CCD and Sunday School, with age graded classes, and Children's Church/Choir are held weekly. Each Tuesday at 11:30 A.M., the Men's Promise Keepers get together for lunch and on Thursday mornings at 6:00 A.M., there is a Men's Prayer Breakfast. Wednesday evenings is the Protestant choir rehearsal. Sunday night at 6:00 P.M. is a Protestant family night with scripture study and dinner.

Catholic Mass is celebrated every day at 11:35 A.M.

Other special activities and studies are offered throughout the year, including special worship services during religious holidays, announced in the chapel bulletin.

The station chaplains offer pastoral counseling for all station personnel and their dependents including individual, marital, premarital, and religious counseling.

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| Name: Base Chapel |
| POC: CAPT Joseph Lamonde |
| Address: Building 401 /Religious Program Center |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3811/3812 |
| FAX: 301-342-4207 |
| DSN Phone: 342-3811/3812 |

Drug and Alcohol

The mission of the Substance Abuse Rehabilitation Program (SARP) at Naval Medical Clinic, Patuxent River is to: Provide screening and referrals for personnel whose performance and potential for continued military service are adversely affected by the abuse of alcohol, provide individual and group counseling, provide prevention education, and assist

in the rehabilitation process of members who demonstrate potential for continued service. These services are provided to Navy components at NAS Patuxent River and all Armed Forces units, active and reserve, in the Southern Maryland area. On a space-available basis, counseling, screenings, referrals, and preventive services will be provided to retired military members, and family members of military personnel.

Screening and Evaluation services are provided by the SARP to determine the extent of an individual's drug and/or alcohol involvement, need and motivation for rehabilitation, and when indicated, to make an appropriate referral for treatment. Other services provided are outpatient treatment for members diagnosed with alcohol abuse and alcohol dependence, ALCOHOL-IMPACT (a 20-hour intensive education program for first time alcohol incident offenders), drop-in information and counseling for individuals seeking assistance with drug or alcohol problems, continuing care for those needing a continuing source of addiction counseling and support after returning to duty, an extensive referral system, and outreach programs to provide drug and alcohol education.

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|--|
| Name: Substance Abuse Rehabilitation Program (SARP) |
| POC: HMCS Bartholomew |
| Address: Naval Medical Clinic 47149 Buse Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3824 |
| FAX: 301-342-4766 |
| Comments: Hours of operation are 7:30 A.M.-4:00 P.M., M-F. |

Legal Assistance

Legal assistance is available to active duty and retirees and their family members, as well as reservists on active duty status.

Services include Powers of Attorney, Wills, Medical Powers of Attorney, Advance Directives (Living Wills), and counseling on civil matters such as bankruptcy, separation/divorce and child custody.

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| Name: Legal Assistance Office |
| POC: Mary Martin |
| Address: Bldg. 409 Room 219 |
| City: NAS Patuxent River, MD 20670-1154 |
| Phone: 301-342-7643 DSN 342-7643 |
| FAX: 301-342-1044 |
| Comments: Customer service hours are 8:00 A.M.-3:00 P.M. M-Th and 8:00 A.M.-12:00 noon on Friday. Notary hours are 9:00 A.M.-11:00 A.M. on Mon. and Tues. and 1:00 P.M.-3:00 P.M. on Wed. and Thurs. The Volunteer Income Tax Assistance (VITA) program is coordinated by NAS, Legal. |

Child And Teen Services

Child and Teen Services Overview

For more information on this subject:
Military Teens on the Move
<http://www.mtom.com>

On the base, there are child development programs which provide full time and hourly child care services as well as child care provided in certified homes located in government housing for infants through 12 years of age. The Youth Center offers School Age Care as well as a full-day summer day camp for children ages 6-12. There is a waiting list for all these programs. The Child Development Program maintains the Resource and Referral Guide for other child care services in the community.

All counties have a before and after school child care programs and excellent recreational programs. SEE CHILD AND TEEN SERVICES/CHILD CARE PROGRAMS-COMMUNITY and THINGS TO DO-RECREATION AND SPORTS.

New Parent Program

A registered nurse is available at the Fleet and Family Support Center to help with the transition to parenthood. The primary focus of the visiting nurse is promotion of family health, especially for newborns and infants, through visitation, education, and prevention programs.

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| Name: New Parent Support Program, Fleet and Family Support Center |
| POC: Sally McErlean, RN |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1869 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1869 |
| DSN FAX: 342-4802 |
| E-Mail: sally.mcerlean@navy.mil |

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|--|
| Name: Tri-County Youth Services Bureau/Family Center of St. Mary's |
| Address: 21161 Lexwood Drive |
| City: Lexington Park, MD 20653 |
| Phone: 301-866-5994 or 301-645-1837 |
| FAX: 301-866-5996 |
| WWW Link: http://www.tcysb.org |
| Comments: The Family Center of St. Mary's, situated in close proximity to NAS Patuxent River, offers free classes such as GED Prep, adult basic education skills and computer skills training. |

Child Care Programs - on Installation

Families at Patuxent River find an invaluable resource at the Child Development Program. Full time child care for infants six weeks through five years is available. The program has a Central Enrollment Waiting List for center-based care, child development home care, and school age care (before and after school care). The Child Development Program does offer a referral service for all eligible patrons. Their referral booklet lists names and numbers of all the local area center-based daycare facilities. All active duty, DoD employees, active/inactive reservists, delayed entry personnel and the retirees associated with NAVAIR, NAWCAD, Webster Field and Solomon's Annex are eligible to use this program. Call for more information.

The Child Development Program offers full-time care. Children are grouped according to age: infants, toddlers, twos, threes, fours and fives. The daily schedule is divided into active and quiet play time and is designed to support the child's most important years of growth and learning. Children who stay at the centers will have the opportunity to establish and maintain friendships and become responsible for their actions through self-discipline. Art and music activities, and units on number recognition, holidays, seasons, health, safety, and family structure allow children to develop language, math, and social skills.

The Child Development Home program at Patuxent River offers licensed home daycare providers in seven different Navy housing areas. Children in Child Development Home care are able to experience a warm, family environment in a provider's home. Thus, they can build a trusting relationship with a provider who will foster their curiosity and creativity, provide guidance, and give them the hugs they need! The flexibility of rates and hours of operation are tailored to the special needs of military families. Drop-in, nights, and weekend care are available through the Child Development Home program.

The School Age Care Program (SAC), provided for active duty and DoD civilians, is located at the Rassieur Youth Center, hosts a variety of organized, supervised activities. Children can engage in music, drama, arts & crafts, and outdoor sports and recreation activities. The SAC encourages self-reliance, leadership, social and safety skills through both structured and child-directed activities. Programs are available for before & after school care.

Mattapany Day Camp operates from June-August. Summer activities at camp include swimming, canoeing, fishing, arts and crafts, games, sports and field trips.

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|---|
| Name: Child Development Annex |
| POC: Director |
| Address: Building 434 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3636 |
| DSN Phone: 342-3636 |

| |
|---|
| Name: Child Development Home |
| POC: Director |
| Address: Building 433 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3960 |
| DSN Phone: 342-3960 |

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|---|
| Name: Child Development Program |
| POC: Program Administrator |
| Address: Child Development Center, Building 2030 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-7636 |
| DSN Phone: 342-7636 |

| |
|---|
| Name: Rassieur Youth Center |
| POC: Youth Center Director |
| Address: Building 1597 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1694 |
| DSN Phone: 342-1694 |
| Comments: School Age Care Program is provided here as well as various planned activities for children ages 6-17 years. SEE CHILD AND TEEN SERVICES/YOUTH CENTER |

Child Care Programs - Community

You will find numerous child care options in Southern Maryland (Calvert, Charles and St. Mary's Counties). The settings are varied, and include, but are not limited to, day care centers, Montessori schools, Head Start, preschools, family day care providers, and school-age care programs. The Southern Maryland Child Care Resource Center provides parents with referral services and assistance in locating child care in Charles, Calvert and St. Mary's counties. The center also provides training, technical assistance, and behavioral management consulting to child care providers in the tri-county area. In addition, they maintain a Resource Library with a wide variety of child care and child development related materials. Copying and laminating equipment are available for a nominal fee. SEE CHILD AND TEEN SERVICES - SCHOOL AGE CARE.

| |
|---|
| Name: Before/After Child Care, Calvert Co. Public School |
| POC: Debbie Harris, Marci Mary Ann Terrell |
| Address: 1305 Dares Beach Rd. |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-7264 (Debbie) or 410-535-7259 (Mary Ann/Marcia) |
| E-Mail: terrellm@calvertnet.k12.md.us |
| Comments: Pre-kindergarten-grade 5 at all elementary schools. |

| |
|---|
| Name: Before/After Day Care, St. Mary's Co. Dept. of Recreation and Parks |
| Address: 23150 Leonard Hall Drive P.O. Box 653 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4200 x1800/1801 |
| WWW Link: http://www.co.saint-marys.md.us/recreate (See Childcare/School Age Center) |
| Comments: Before and after school care is available at selected elementary schools and Hollywood Recreation Center serving ages 5-12. There is an after school program Monday-Friday (2:30-6:30 PM) for teens who attend Leonardtown Middle School and Esperanza Middle School at the Hollywood Recreation Center on Mervell Dean Road. Also, the Kindergarten Extended Care Enrichment Program is held at Hollywood, Mechanicsville and Green Holly for preschoolers and kindergarteners. Please call for more information on registration and space availability. |

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|--|
| Name: Child Care Administration |
| POC: Lois Gaulke |
| Address: 41670 Courthouse Drive P. O. Box 1709 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-3770 |
| FAX: 301-475-4017 |
| E-Mail: lgaulke@dhr.state.md.us |
| Comments: Licensing for child care providers in the Southern Maryland area (Calvert, Charles and St. Mary's Counties). |

| |
|---|
| Name: Child Development Program |
| POC: Terry Davis |
| Address: Building 434 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3902 |
| DSN Phone: 342-3902 |
| Comments: The Central Enrollment Waiting List is maintained here as well as a complete referral list of area child care facilities. Call for further information. |

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|---|
| Name: Ed Solutions, Charles County Dept. of Community Service |
| Address: 2745 Old Washington Road |
| City: Waldorf, MD 20602 |
| Phone: 301-885-0155 |
| FAX: 301-885-0157 |
| Comments: Before and after school child care for infants to age 13. |

| |
|---|
| Name: Southern Maryland Child Care Resource Center |
| POC: Sharon Aldridge |
| Address: 29958 Killpeck Creek Court |
| City: Charlotte Hall, MD 20622 |
| Phone: 301-290-0040/866-290-0040 (toll free) |
| FAX: 301-290-0050 |
| WWW Link: http://www.smccrc.org |
| Comments: Provides training for child care providers, referrals for parents seeking child care, outreach and support for informal caregivers, information and resources. Hour of operation 8:30 A.M.-4:30 P.M. M-F. LOCATE:CC, database for referrals for child care, has hours from 9:00 A.M.-3:00 P.M., M-F. They can be reached at 1-866-290-0045 (Calvert and Charles Counties) and 301-290-0045 (St. Mary's County). |

Things To Do - Clubs and Social

Many of the clubs and social activities offered in Southern Maryland are associated with the schools. There are also youth centers in all three counties.

For movie buffs, the Center Stage Theater is located on base and a six-screen cinema is located in nearby Lexington Park, St. Mary's County. Additional theaters are located in Charles and Calvert Counties.

The Morale, Welfare & Recreation Department (MWR) at Patuxent River hosts activities for children and teens, most of which fall under the next heading - CHILD AND TEEN SERVICES/THINGS TO DO - RECREATION AND SPORTS.

Things To Do - Recreation and Sports

Recreation, particularly outdoor recreation, is the name of the game in Southern Maryland. On base programs for kids and teens are sponsored by the Morale, Welfare & Recreation Department (MWR). There are three swimming pools at Pax, including an

Olympic size outdoor pool. The Drill Hall is the site of an array of sports and fitness facilities, including basketball courts, a bowling center, a fitness center, free weights, gear issue, an indoor pool, racquetball, and volleyball. During the summer, children (and their parents!) eagerly await startup of the Mattapany Day Camp, which hosts activities that include swimming, canoeing, fishing, arts & crafts, games, sports, and field trips. MWR also provides Wood and Auto Hobby Shops, a movie theater, a marina, an aerobics center called the Energy Zone, and even an 18 hole golf course.

The Rassieur Youth Center at Pax offers activities and programs specifically geared toward youths, including games (air hockey, Ping-Pong, billiards, cards, and board games), cooking classes, arts & crafts, and excursions to fun places. The Beach House on base is a popular picnic area that overlooks the Chesapeake Bay. This facility has outdoor pavilion seating areas, a kitchen facility, barbecue grills, a softball field, and a horseshoe pit. Across the street from the Beach House, during the summer, is paddle-boating and canoeing.

The Navy Recreation Center, Solomons is located in Calvert County. This recreation area has lodging and camping facilities, swimming, fishing, crabbing, boating, cycling, and tennis.

All three counties have very active parks and recreation programs. There are so many programs offered that there is not enough space to elaborate all of them. Please contact the individual agencies to get their schedule of events and programs.

Calvert County Parks and Recreation offers a complete program of recreational activities including dance, martial arts, fitness, arts and crafts, trips and special events to name a few. You will also find almost every possible sport to participate in in the county. During the summer, swimming lessons, summer sports and youth camps are available. Kinder Camp is designed for ages 3-5 years and features games, crafts, play, and field trips. Super Summer offers a 7 week program for 6-11 year olds. Teen summer activities, including a travel camp, are a big focus so come to any one of three community centers or activity areas to have fun and meet new friends. Park facilities in Calvert County include athletic facilities, a swimming pool, boat ramp and the Breezy Point Park - a public beach and campground located on the Chesapeake Bay.

Charles County Department of Community Services offers a full range of sports and fun activities

throughout the year. There are 9 community center sites at local schools for activities and registrations. Sports activities for ages 5 and up include golf, ballet, gymnastics, aerobics, and swimming (summer only), pee wee tennis and soccer, teen and adult basketball, indoor soccer, volleyball to name a few. Summer camps, special events, developmental sports, and trips and tours provide a complete program. To see what Community Services has to offer visit our website to view our monthly publications.

St. Mary's County Department of Recreation and Parks provides a wide variety of facilities and activities for citizens of all ages and abilities. The department develops and maintains the local park system consisting of over 1,200 acres of open space dedicated to public use. Twenty-one parks, fourteen public landings, and various athletic facility sites are available. The Department oversees Wicomico Shores Golf Course, St. Clements's Island-Potomac River Museum and Piney Point Museum and Park. The department also manages a historic shipwreck preserve, the recently acquired African American Schoolhouse in Drayden, the Leonard Hall, Margaret Brent, Carver and Hollywood Recreation Centers, a Gymnastics Center, a Teen Center, a skate park at Nicolet Park and the new Great Mill Swimming Pool next to Great Mills High School. Over 90 youth and adult programs are offered that encompass a broad range of educational, leisure, therapeutic and sports activities. Recreation and Parks also operates before and after school care programs at School Age Centers at various public schools, "KEEP" (Kindergarten Extended Enrichment Care), After School Learning Centers, summer day camps and sports camps. Please call or visit our website for further information on facilities, programs and registration.

The high schools in the three Southern Maryland counties have athletic programs that cover field hockey to football, and everything in between. Contact information is located under the CHILD AND TEEN SERVICES/SCHOOLS heading.

Two sources of athletic and leisure activities that should not be overlooked are St. Mary's College and Historic St. Mary's City. The college is located in St. Mary's City, a beautiful locale south of the base on the St. Mary's River.

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|--|
| Name: Calvert County Parks and Recreation |
| Address: 175 Main Street, Court House |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-1600 x2225 |
| FAX: 410-535-2233 |
| WWW Link: http://www.co.cal.md.us/ccpr |

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|--|
| Name: Charles Co. Department of Community Services |
| Address: 8190 Port Tobacco Road |
| City: Port Tobacco, MD 20677 |
| Phone: 301-934-9305 x5152 |
| FAX: 301-934-5624 |
| WWW Link: http://www.charlescounty.org |

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| Name: Navy Recreational Center - Solomons |
| Address: P.O. Box 147 |
| City: Solomons, MD 20688-0147 |
| Phone: 410-326-5000 |

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|---|
| Name: On-Base Recreational Facilities |
| POC: Morale, Welfare and Recreation Department |
| Address: Drill Hall |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3510 |
| FAX: 301-342-3637 |
| DSN Phone: 342-3510 |
| DSN FAX: 342-3637 |

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|--|
| Name: St. Mary's County Department of Recreation and Parks |
| Address: P.O. Box 653 23115 Leonard Hall Drive |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4200 x1800/1801 |
| FAX: 301-475-4108 |
| E-Mail: rec&parks@co.saint-marys.md.us |
| WWW Link: http://www.co.saint-marys.md.us/recreate |

Schools

When you come to NAS Patuxent River, you will probably live in one of three counties. Each has excellent public and private schools. Each public school system has an advanced placement/gifted program, special education programs, and adult education classes. Local students in all three counties have posted new highs on their Scholastic Assessment Test (SAT). In each county there is a before and after school child care program in selected schools.

Calvert County Public Schools, with a pre-kindergarten-grade 12 student enrollment of 16,845, has a total of 23 schools, reflecting an aggressive capital improvements plan to accommodate local growth. Calvert is the fastest growing school district in the state.

Charles County is located approximately 30 miles south of Washington, D.C. With a student population of more than 24,000, there are 19 elementary schools (K-5), 7 middle schools (6-8), 5 high schools (9-12). A sixth high school, North Point for Science, Technology and Industry is under construction. There are a number of special centers including the Charles County Career and Technology Center for high school students, an environmental education center, a learning evaluation center, an early childhood center, adult services centers, NOVEL--an alternative to the regular high school and a Radio Station Road Academy. The county has one of the top technology programs in the state and an aggressive renovation and new construction program.

With the motto "Fulfilling the Promise In Every Child", St. Mary's County Public Schools system has successfully maintained some of the smallest class sizes throughout Maryland. There are 16 elementary schools, 4 middle schools, 3 high schools, a vocational/technical center, as well as 2 extended special education centers. At present, the student population is 16,262 students, but the county stands ready to respond to the rapid growth expected.

There are no DODD schools available in our area.

Public school registration requirements vary from county to county, but there are certain state standards that are followed by all. Maryland law requires that children must attend kindergarten before they enter first grade. The Maryland Transfer Record (SR7) is required for students transferring within the state, and a physical examination is a must for all students entering Maryland public schools for the first time. All children immunization records with DPT, mumps, measles, rubella (MMR, 2 doses), oral polio. Children less than 59 months of age enrolled in educational pre-school programs are required to have the Meningitis vaccine (HIB).

Calvert schools ask that parent/guardians also provide proof of residency, a student social security number, emergency information, and information from the previous school, plus a birth certificate for pre-kindergartners (age 4 by Oct. 31, 2003 or Sept. 30, 2004) and kindergartners (age 5 by Nov. 30, 2003 or Oct 30, 2004) entering school for the first time and

those transferring from out of state. Charles County schools ask for the same but also require two proofs of residency other than a driver's license such as a utility bill, etc. In St. Mary's County, proof of residency is also required and includes one of the following: 1) deed and/or rental agreement which shows occupancy of an owned or rented domicile, 2) building contract (letter from builder, realtor, landlord, etc. which indicates address and projected occupancy date), 3) current property tax bill, electric/gas/oil bill which identifies the 911 address of a bona fide residence (no post office box is accepted), 4) official documentation from a landlord or residence management company that verifies the 911 address. (If the documentation is from the landlord, then the landlord must provide the parent with proof of residence using one of the preceding categories, 5) Patuxent River Naval Base Housing Form NOW-NATC-1110-1/15, Assignment to Public Quarters, which identifies bona fide residence in St. Mary's County, 6) hardship case as determined by the Director of Student Services.

The Maryland State Board of Education adopted the following graduation requirements for students: Students must pass functional tests in reading, writing, citizenship and mathematics, must complete student service learning requirements and earn four credits beyond their junior year. Credits required are English, 4; social studies, 3; science, 3; mathematics, 3; physical education, 1/2; health, 1/2; fine arts, 1; technology education, 1; choice of technology education, 1; career courses (foreign language, career and technology education), 2; electives, 2 for a total of 21 credits. St. Mary's County requires one extra social studies credit plus a student portfolio.

Pending state board approval, beginning statewide with the 2007 graduating class, students must pass five tests on core subjects to graduate, under the High School Assessment plan. They must pass test English, algebra, geometry, biology and government. The High School Assessment is part of the state's efforts to improve education in public schools and the quality of Maryland's work force.

As part of the state requirement for graduation, students in Calvert must complete either a school system-designed program in student service or 75 hours of student service that includes preparation, action, and reflection components. This is called a Service Learning Requirement for Graduation.

Public schools in Calvert and Charles and St. Mary's County will start in August, 2004. Please verify exact date with the county where you live.

| |
|--|
| Name: Calvert County Schools |
| POC: Helen Thompson |
| Address: 1305 Dares Beach Road |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-7207 |
| FAX: 410-535-7298 |
| WWW Link: http://www.calvertnet.k12.md.us |

| |
|---|
| Name: Charles County Schools |
| POC: Katie O'Malley-Simpson |
| Address: P.O. Box 2770 |
| City: La Plata, MD 20646 |
| Phone: 301-934-7221/301-870-3814 x7221 |
| FAX: 301-932-6651 |
| E-Mail: komalley@ccboe.com |
| WWW Link: http://www.ccboe.com |

| |
|---|
| Name: St. Mary's County Schools |
| POC: Zina McGowan-Thomas |
| Address: P.O. Box 641 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-5511 x7 |
| FAX: 301-475-4262 |
| E-Mail: zthomas@mail.smcps.k12.md.us |
| WWW Link: http://www.smcps.k12.md.us |

School Age Care

The Child Development Program maintains a Central Enrollment Waiting List for center-based care, child development home care and school age care (before and after school care).

All three counties have before and after child care.

CHILD AND TEEN SERVICES/CHILD CARE PROGRAMS-ON INSTALLATION/COMMUNITY

| |
|---|
| Name: Calvert County Schools/Before/After Child Care |
| POC: Debbie Harris, Mary Ann Terrell or Marcia Claggett |
| Address: 1305 Dares Beach Road |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-7264 (Debbie) or 410-535-7259 (Mary Ann/Marcia) |
| E-Mail: terrellm@calvertnet.k12.md.us |
| Comments: Pre-kindergarten-5th grade in all elementary schools. |

| |
|--|
| Name: Child Care Administration |
| POC: Lois Gaulke |
| Address: 41670 Courthouse Drive P.O. Box 1709 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-3770 |
| FAX: 301-475-4017 |
| E-Mail: lgaulke@dhr.state.md.us |
| Comments: Licensing for child care providers for the Southern Maryland area. |

| |
|--|
| Name: Child Development Program |
| POC: Phyllis Leighton |
| Address: Building 2030 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-7636 |
| DSN Phone: 342-7636 |
| Comments: A Central Enrollment Waiting List for center-based care, child development home care and school age care is maintained here plus a list of community child care providers. |

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|--|
| Name: Ed Solutions, Charles County Dept. of Community Service |
| Address: 2745 Old Washington Rd. |
| City: Waldorf, MD 20602 |
| Phone: 301-885-0155 |
| FAX: 301-885-0157 |
| Comments: Child care for infants to age 13. |

| |
|---|
| Name: Rassieur Youth Center/School Age Care Program |
| POC: Keeje Johnson |
| Address: Building 1597 |
| City: NAS Patuxent River, MD |
| Phone: 301-342-1694 |
| DSN Phone: 342-1694 |
| Comments: Before and after school care on base for ages 6-12 year olds. |

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|--|
| Name: Southern Maryland Child Care Resource Center |
| POC: Sharon Aldridge |
| Address: 29958 Killpeck Creek Court |
| City: Charlotte Hall, MD 20622 |
| Phone: 301-290-0040/866-290-0040 (toll free) |
| FAX: 301-290-0050 |
| WWW Link: http://www.smccrc.org |
| Comments: Provides training for child care providers, referrals for parents seeking child care, behavior modification consultations, outreach and support for informal caregivers, information and resources. Hour of operation 8:30 A.M.-4:30 P.M. M-F. LOCATE:CC for referrals for child care can be reached 9 A.M.-3 P.M., M-F at 1-866-290-0045 (Calvert and Charles Counties) and 301-290-0045 (St. Mary's County). |

| |
|---|
| Name: St. Mary's County Before/After School Program |
| POC: Recreation and Parks |
| Address: 23150 Leonard Hall Drive P.O. Box 653 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4200 x1800/1801 |
| FAX: 301-475-4108 |
| WWW Link: http://www.co.saint-marys.md.us/recreate (See Childcare/School Age Center) |
| Comments: Before and after school care is available at selected elementary schools and Hollywood Recreation Center serving ages 5-12. There is an after school program Monday-Friday (2:30-6:30 PM) for teens who attend Leonardtown Middle School and Esperanza Middle School at the Hollywood Recreation Center on Mervell Dean Road. Also, the Kindergarten Extended Care Enrichment Program is held at Hollywood, Mechanicsville and Green Holly for preschoolers and kindergarteners. Please call for more information on registration and space availability. |

Religious Programs

Welcome to the Chapel at Patuxent River Naval Air Station. It is truly a beautiful and historical place of worship. You will find a variety of opportunities for worship, Bible study, fellowship and service.

On Sunday mornings there are both Catholic (8:00 AM & 9:30 AM) and Protestant (11:00 AM) services with free child care available. CCD and Sunday

School, with age graded classes, and Children's Church/Choir are held weekly. On Wednesday evening there is choir rehearsal for the Protestant choir.

Catholic Mass is celebrated every day at 11:35 A.M.

Other special activities and studies are offered throughout the year, including special worship services during religious holidays.

The station chaplains offer pastoral counseling for all station personnel and their dependents including individual, marital, premarital, and religious counseling.

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|--|
| Name: St. Nicholas Protestant and Catholic Chapel |
| POC: CAPT Joseph Lamonde |
| Address: Building 401 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3811 DSN 342-3811 |
| FAX: 301-342-4207 |

Special Events

When you move to this area, you will quickly discover the joys of living near the water. Boating (you can rent one at the Solomon's Recreation area and at the NAS marina), fishing, crabbing, and swimming will surely top your list of enjoyable activities.

The counties offer many events to entertain the whole family. See the record listings for a few suggestions.

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|---|
| Name: Blessing of the Fleet |
| Address: St. Clement's Island Museum |
| City: Colton's Point, MD |
| Phone: 301-769-2222 |
| WWW Link: http://www.stmarysmd.com/recreate/museums |
| Comments: First weekend in October. Live music, arts and crafts, food, parade, fireworks, and the blessing of the fleet. Boat rides to the island. Small admission. |

| |
|---|
| Name: Calvert County Fair |
| Address: P.O. Box 224 |
| City: Barstow, MD 20610 |
| Phone: 410-535-0026 |
| Comments: The fair takes place the last week in September, Wed.-Sun. Small admission charged. |

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|---|
| Name: Charles County Fair |
| Address: P.O. Box 968 8440 Fairgrounds Rd. |
| City: LaPlata, MD 20646 |
| Phone: 301-932-1234 |
| Comments: Second Thursday-Sunday after Labor Day. |

| |
|---|
| Name: Crab Festival |
| Address: Governmental Center |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-6910 |
| Comments: Yearly in June. Steamed crabs, seafood, and non-seafood dishes are served. Entertainment involves arts and crafts and an antique and classic car show. There is an admission fee. |

| |
|---|
| Name: Governor's Cup Yacht Race |
| Address: St. Mary's College |
| City: St. Mary's, MD |
| Phone: 301-862-3059 |
| Comments: Sailboat race departing Annapolis August 6, 2004 at 6:00 P.M. and ending at St. Mary's College during the morning hours of August 7. Continuous live entertainment, food and festivities ending with the Governor's Cup Dinner. This will be the 31st annual race and special events will be planned. |

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|---|
| Name: Maryland Days |
| Address: St. Clement's Island- Potomac River Museum |
| City: Colton's Point, MD |
| Phone: 301-769-2222 x305 |
| Comments: March celebration of Maryland's 370th birthday with a special ceremony at 11:00 A.M. followed by a luncheon (by reservation). |

| |
|--|
| Name: Maryland Days at Historic St. Mary's City |
| City: St. Mary's City, MD |
| Phone: 240-895-4960 |
| WWW Link: http://www.stmaryscity.org |
| Comments: March celebration of Maryland's 370th birthday with historical interpretations, pagentry and ceremonies. March 28, 2004. |

| |
|--|
| Name: Oyster Festival |
| POC: David Taylor |
| Address: P.O. Box 766 |
| City: California, MD 20619 |
| Phone: 301-863-5015 |
| WWW Link: http://www.usoysterfest.com/ |
| Comments: Third weekend in October (Oct. 16-17,2004) at the St. Mary's County Fairgrounds. Great food, non-stop live entertainment and fun. Admission fee. Home of the National Oyster Shucking Championship and National Oyster Cook Off. |

| |
|--|
| Name: Patuxent River Appreciation Days |
| POC: Karen Stone |
| Address: Calvert Marine Museum P.O. Box 97 |
| City: Solomons, MD |
| Phone: 410-326-2042 x32 |
| Comments: Columbus Day weekend in October (Oct. 9-10, 2004). Food, arts and crafts, educational exhibits, seafood cooking demonstrations, children's activities, a parade, a 5K run/walk and free boat ride. No admission. Museum hours are 10:00 A.M.-5:00 P.M. daily and there is no admission charge on the day of this event. |

| |
|---|
| Name: River Concert Series |
| POC: Barbara Bershon |
| Address: St. Mary's College of Maryland Townhouse Green |
| City: St. Mary's City, MD 20686 |
| Phone: 301-862-4107 |
| WWW Link: http://www.riverconcertseries.com |
| Comments: Seven free performances starting Friday, June 11, and continuing on Friday evenings ending July 23, 2004. Concerts are on the Townhouse Green. Grounds open for picnicking at 5:00 P.M with the concert starting at 7:00 P.M. A variety of food is available for purchase at the site. Concerts will cater to a variety of musical taste and the evening will feature family fun. |

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| Name: St. Mary's Co. Office of Economic and Community Development |
| POC: Carolyn Laray, Tourism Manager |
| Address: 23115 Leonard Hall Drive, Governmental Center P.O. Box 653 |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-4200 x1404 |
| FAX: 301-475-4414 |
| E-Mail: carolyn_laray@co.saint-marys.md.us |
| WWW Link: http://www.co.saint-marys.md.us/ |
| Comments: Area information on events and sights to see. Hours of operation are 8:00 A.M.-5:00 P.M., M-F. |

| |
|--|
| Name: St. Mary's County Fair |
| POC: John Richards |
| Address: St. Mary's County Fairgrounds |
| City: Leonardtown, MD 20650 |
| Phone: 301-475-8434 |
| E-Mail: jrichards@olg.com |
| Comments: Third weekend in September (Sept. 23-26, 2004). Traditional activities - horse pull, carnival rides, livestock, exhibition hall featuring food, flower, farming, arts and crafts displays and 4-H exhibits. Admission. |

Sponsorship and Support

At this time there is no youth sponsorship on our base.

Every attempt is made to assign a sponsor to an inbound service member. This person may have a child who could write to yours. Don't forget you can always call the Fleet and Family Support Center and we will help in any way we can.

| |
|---|
| Name: Fleet and Family Support Center |
| POC: Bettie Broadhurst/NAS Sponsor Coordinator |
| Address: Building 2090 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1863 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1863 |
| DSN FAX: 342-4802 |
| E-Mail: bettie.broadhurst@navy.mil |

Youth Employment

Youth employment assistance is available at the Naval Air Station, Patuxent River, Maryland. Contact Kim Connor, Spouse Employment

Assistance Program (SEAP), 301-757-1861, at the Fleet and Family Support Center, Building 2090. Referral Services to paid and volunteer positions will be provided. The program also offers assistance in writing resumes, completing applications, networking and interviewing techniques. These workshops and job fairs are advertised in the Fleet and Family Support Center monthly calendar of events.

Volunteer opportunities for teens are available. The Fleet and Family Support Center (FFSC) will act as a referring agency. Positions may be found with the Red Cross, the museums, the Environmental and Safety Departments and MWR. These experiences will enhance the marketable skills needed to secure paid positions.

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|--|
| Name: Fleet and Family Support Center |
| POC: Kim Connor |
| Address: Building 2090 |
| 21993 Bundy Rd. |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1861 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1861 |
| DSN FAX: 342-4802 |
| E-Mail: kimberly.connor@navy.mil |
| Comments: |
| Assistance with resumes and your job search. |

Youth Centers

The base has the Rassieur Youth Center that provides the School Age Care Program and other programs as announced. During the summer there are extra hours and activities provided. SEE CHILD AND TEEN SERVICES/THINGS TO DO - RECREATION AND SPORTS.

| |
|---|
| Name: Rassieur Youth Center |
| POC: Keetje Johnson Youth Director |
| Address: Building 1597 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1694 |
| DSN Phone: 342-1694 |

For Teens Only

So you're moving to NAS Patuxent River. You should be pleasantly surprised at how beautiful this area is and all that it has to offer. You can do a multitude of outdoor activities such as going to beaches, boating, fishing, crabbing, and hunting.

Morale, Welfare and Recreation (MWR) adds to the outdoor, as well as indoor, fun by providing sports activities such as paddle boating, canoeing, camping, golfing, baseball, softball, volleyball, basketball, weight training, exercise classes, swimming, and bowling. The base even has a movie theater, a woodworking shop, and a do-it-yourself auto repair garage. There is also a community center on base which offers teen activities and extra summer fun and programs.

Each of the surrounding counties - Calvert, Charles, and St. Mary's - compliments the base services with an abundant amount of sporting, educational, and just plain fun activities through their Parks and Recreational programs. There is not a sport that can be thought of that you can't find to do here. Plus there are also many sports camps that help you perfect your favorite activity.

If you want to go on a trip to one of the nearby amusement centers or tourist attractions chances are that MWR or one of the county recreational programs will offer you the chance.

Did you enjoy a club or sport in your last high school? Well chances are you will find it in your new one here. Football, baseball, basketball, field hockey, soccer, golf, tennis, cheerleading, volleyball, cross country, track and lacrosse are some of the chosen sports of our county athletes. Clubs for every interest level are in the junior and high schools.

No one will pretend to say it is easy to move and leave your friends when you are a teenager, but the Tri-County area is a friendly community that can offer a wealth of resources and fun for you. Come to enjoy and make some wonderful new friends!

Survival Tips For First Termers

Survival Tips for First Termers Overview

Being in the Navy is both an opportunity and a proud tradition. However there are also many challenges for both single and married members as they try to manage their military duties, personal and financial obligations, and the demands of family life.

Naval personnel and their families are envied for the variety of experiences and number of places they travel and live, but it takes a lot of planning a preparation to live this lifestyle. Always remember that your Fleet and Family Support Center is there for you and your family with relocation services,

counseling, spouse employment assistance, financial counseling, plus a variety of other family programs.

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| Name: Fleet and Family Support Center |
| Address: 21993 Bundy Road, NASFS Building 2090 |
| City: Patuxent River, MD 20670-1132 |
| Phone: 301-342-4911 |
| FAX: 301-342-4802 |
| DSN Phone: 342-4911 |
| DSN FAX: 342-4802 |

Before You Move

As soon as you receive your orders, you should visit the Relocation Counselor at the Fleet and Family Support Center. They have many resources to help you throughout your move including SITES (Standard Installation Topic Exchange Service), Welcome Aboard Packets for places around the world, classes to help you plan your move in the U.S. or overseas, moving checklists, and even a lending closet for household goods you may need during the transition.

Next contact the Personal Property Office for an appointment with a counselor to schedule your household goods shipment. At their office you will receive the booklet "It's Your Move" plus a great deal of valuable information. Read through the booklet, pay close attention to what you read, take notes, and ask questions at your counseling session. "It's Your Move" contains valuable information dealing with weight allowances, entitlements, preparation for shipment, claims, and shipment procedures. A thorough understanding of the information in this booklet, combined with information received during the counseling session, will enable you to be fully prepared during the actual move. Each member is governed by a weight allowance based on pay grade and whether or not there are dependents. It is important to determine what the property weighs, not only to see if there will be any excess cost, but also to assist the Personal Property Office in scheduling appropriate pack and pickup dates. A good rule of thumb to use is 1000 pounds per full room (master bedroom, living room, formal dining room), 250 pounds each for large appliances, and at least 1-2,000 pounds for books, clothes, and miscellaneous for a normal family. Remember professional gear does not count in your weight allowance so point it out.

Request a sponsor from your new command. This person can prove to be invaluable as a source of information about your new duty station. They can

meet you at the airport or see that you are met, and can help you settle in and find your way around.

Notify your landlord, rental agent, or Housing Office about the date of your expected departure. Do so in writing if you have a military clause in your lease. Then complete and mail (or fax) in your housing application for NAS, Patuxent River. This will start a file for you. When you get your detachment orders, fax those immediately to the Housing Welcome Center at Patuxent River (301-342-4823/DSN 342-4823). Call 301-342-3847/DSN 342-3847 to verify receipt of fax. This fax will activate you on the housing list. So while you travel, you will be working your way up on the list.

Start budgeting for your move. Go to your Personnel Support Detachment (PSD) to find out all your options for allotments, advanced pay, travel funds, and entitlements, etc.. If there is a payback involved, see how long you have and plan accordingly. Even with the funds you get, moving can be very expensive especially if the spouse must give up their job. Don't forget the Fleet and Family Support Center's Financial Counselor and the Spouse Employment Counselor!

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|---|
| Name: Housing Welcome Center |
| POC: Edie Potter |
| Address: Building 2371 21967 Cuddihy Road |
| City: NAS Patuxent River, MD 20670 |
| E-Mail: edith.potter@navy.mil |

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| Name: Personal Financial Counselor |
| POC: Patsy Baxley |
| Address: Naval Air Station FFSC 21993 Bundy Rd |
| City: Patuxent River, MD 20670-1132 |
| Phone: 301-342-4914 |
| FAX: 301-342-4802 |
| DSN Phone: 342-4914 |
| DSN FAX: 342-4802 |
| E-Mail: patsy.baxley@navy.mil |

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|---|
| Name: Personal Property |
| POC: Receptionist |
| Address: Building 588 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-9666 |

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|---|
| Name: Relocation Counselor |
| POC: Bettie Broadhurst |
| Address: Naval Air Station FFSC 21993 Bundy Rd. NASFS |
| City: Patuxent River, MD 20670-1132 |
| Phone: 301-757-1863 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1863 |
| DSN FAX: 342-4802 |
| E-Mail: betty.broadhurst@navy.mil |

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|---|
| Name: Spouse Employment Assistance |
| POC: Kim Connor |
| Address: Naval Air Station FFSC 21993 Bundy NASFS |
| City: Patuxent River, MD 20670-1132 |
| Phone: 301-757-1861 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1861 |
| DSN FAX: 342-4802 |
| E-Mail: kimberly.connor@navy.mil |

After You Arrive

Check in at the Command Duty Office (Quarter Deck) or your command so that you will have your leave period stopped. They will direct you to the Personnel Support Detachment so that you can continue your check-in process.

Go to the Fleet and Family Support Center and talk with the Relocation Counselor, Bettie Broadhurst, 7:30 A.M.-5:00 P.M., M-Th and 7:30 A.M.-4:30 P.M. on Friday. She will aim you in the right direction for setting up your housing, tell you how to register your children for school, set you up with a spouse employment appointment, and give you any other general information about the area and its resources. Also you can borrow items you may need to set up house until your household goods arrive. Finally, don't forget to sign up for "Welcome to Pax", the newcomer's orientation at the Center. This 3 hour class, which includes a base tour, will be the best investment of time you can make. Plus you get training credit for doing it!

Check in at the Housing Welcome Center just around the corner from the Fleet and Family Support Center. There you can sign up for housing, find out where you are on the housing list (if you signed up when you detached from your other command) or find information about other housing options. Remember check with them before signing a lease or rental

agreement. They may help you avoid a terrible mistake.

If you are single and planning to live in the barracks, check in with the Command Duty Office and they will tell you where to go for billeting.

Call the Personal Property Office to let them know that you have arrived, where they can get in touch with you, and when you want your household goods delivered. If necessary, ask about storage entitlement time, and if they have any suggestions for you on this end of your move.

If a delivery address is available, this information should also be provided. When the inbound section has been notified that the shipment has arrived, you will be contacted to determine availability for delivery. A direct delivery to the residence is preferred, since it prevents unnecessary handling of the shipment and reduces the risk of loss and/or damage. However, if the shipment cannot be accepted, it will be placed in temporary storage at government expense. The shipment can remain in storage for 90 days from the date of arrival. If additional storage is required, an extension request may be submitted, with approval at the discretion of the Transportation Office. When you are ready for delivery, at least five working days notice should be given to the Personal Property Office for scheduling. The member/agent **MUST** be available between 8-5 on the scheduled delivery date. If the contractor is unable to deliver the shipment because the appropriate individuals are not available, the member will be charged with an attempted delivery, and the delivery will have to be rescheduled.

At time of delivery, the member/agent should have a good, legible copy of the inventory. As items are brought to the residence, they should be checked off the inventory sheets. Any items which are found to be missing or damaged at time of delivery should be recorded on the pink form DD 1840 (Joint Statement of Loss or Damage at Delivery). This form will be signed by the member/agent and the carrier representative, and serves as a notice to start tracer action (if necessary) and seals the carrier's liability for the documented items.

Within 70 days from the date of delivery, the entire shipment should be unpacked and all items checked for damage. Any additional loss/damage discovered at this time should be noted on DD Form 1840R (Notice of Loss or Damage), which is the reverse side of the DD Form 1840. This form must be taken to the Claims Section of the Personal Property Office,

where it will be signed off, sent to the carrier to seal liability for the additional items, and a copy given to the member. Completing the pink forms is only a notification to the carrier of any loss/damage discovered during and after the delivery. The member has two years from the date of delivery to complete the claim itself. The claim package may be obtained from the claims section.

ALL ITEMS DOCUMENTED ON THE DD FORM 1840 OR DD FORM 1840R MAY NOT END UP ON THE FINAL CLAIM--HOWEVER, ALL ITEMS ON THE FINAL CLAIM MUST HAVE BEEN DOCUMENTED ON THE DD FORM 1840 OR DD FORM 1840R. ITEMS APPEARING ON THE FINAL CLAIM WHICH WERE NOT PREVIOUSLY DOCUMENTED MAY BE DENIED FOR PAYMENT BY THE LEGAL OFFICE!!

Once you have a place to live, arrange for the utilities to be turned on - electric, water, phone, and the cable.

When you are all ready for your personal property to be delivered, make sure you are there to greet the movers and know basically where you want things to be placed. Check off items on your inventory as they come in and note any missing or damaged items.

Throughout this whole process your sponsor will assist you by helping you find your way around, acquainting you with base regulations, and answering any questions you may have.

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|---|
| Name: Housing Welcome Center |
| POC: Edie Potter |
| Address: Bldg. 2371 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3847 |
| FAX: 301-342-4823 |
| DSN Phone: 342-3847 |
| DSN FAX: 342-4823 |
| E-Mail: edith.potter@navy.mil |

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|--|
| Name: Personal Property Office |
| POC: Inbound Section |
| Address: Building 588 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-9659 |
| FAX: 301-342-1902 |
| DSN Phone: 757-9659 |
| DSN FAX: 342-1902 |
| WWW Link: http://www.navsup.navy.mil |

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|--|
| Name: Relocation Assistance |
| POC: Bettie Broadhurst/Relocation Manager |
| Address: Building 2090, 21993 Bundy Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-1863 |
| FAX: 301-342-4802 |
| DSN Phone: 757-1863 |
| DSN FAX: 342-4802 |
| E-Mail: bettie.broadhurst@navy.mil |

Reporting Procedures

Report in at the Command Duty Office (Administration Building 409), open 24 hours a day, and have your orders stamped so that your leave will stop. At the Quarter Deck you will be directed to go to the Personnel Support Activity Detachment, Receipt Section, for further processing. Every morning at 7:30 A.M.-11:00 A.M. new arrivals check in at PSD. If later (PSD is opened til 2:00 P.M.) you will be given paperwork and asked to come back the next working day. You should have your stamped orders, service record, medical/dental records, receipts from your travel, and your detaching endorsement FID (SH03). With PSD's help you will fill out a new Servicemen's Group Life Insurance (SGLI) form, update your Page 2, fill out your travel claim - part of your travel claim will be for you to get your Temporary Lodging Expense (TLE). You can get 10 days paid with receipts. Receive your base check in sheet at your new command. Get your sponsor or someone from your command to help you find your way around. Don't forget to fill out your Sponsor Questionnaire when checking in at your new command or at the Fleet and Family Support Center.

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| Name: NAS Command Duty Office |
| Address: Building 409/Administration 22268 Cedar Point Rd. |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-1095 |
| FAX: 301-342-6613 |
| Comments: Check in starts here. |

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| Name: Personnel Support Activity Detachment |
| POC: Receipt Section - PN2 Dalmeida/PN2 Prentice/PNSN Walsh |
| Address: Building 409, NAS Admin. Ste.2 22268 Cedar Point Rd. Unit 42325 |
| City: NAS Patuxent River, MD 20670-1154 |
| Phone: 301-342-7303 (Dalmeida), 301-342-7315 (Prentice), 301-342-7311 (Walsh) |
| FAX: 301-342-1059 |
| DSN Phone: 342-7303 (Dalmeida), 342-7315 (Prentice), 342-7311 (Walsh) |
| DSN FAX: 342-1059 |
| Comments: Hours of operation are 7:30 A.M.-2:00 P.M., M-F with check-in time being 7:30 A.M.-11:00 A.M. Uniform of the Day is required for service at PSD. |

Travel Planning

You're a step ahead already in obtaining SITES.

If you're near a military installation, contact the Relocation Counselor at the Fleet and Family Support Center - they can provide tips to make your trip much more pleasant. There are internet mapping systems such as Mapquest that can help you chart the best route and plan out your stops. Also pick up maps at your Fleet and Family Support Center. Buy a first-aid kit for the car. If your move allows you enough time, stop early enough to have moments as a family - these will be treasured memories later. Make lodging reservations ahead so you don't get disappointed when you are ready to stop. Make sure that your pet can join you at the hotel.

Remember every age experiences some trauma at the thought and the process of relocation, but you can get through it if you listen and validate each person's feelings, take time to be together as a family, and keep a good sense of humor.

Arrivals via commercial air carrier will land at one of three airports in the Washington, D.C. and Baltimore areas. Because of the rural location of Patuxent River, no public transportation is available between the airports and the base. To avoid being stranded at an airport, contact your sponsor at your new command. If you do not know who your sponsor is, contact Bettie Broadhurst, Relocation Assistance, at 301/757-1863/DSN 757-1863, and she will find a sponsor for you. Also, if possible, have either a nationally recognized credit card or enough cash on hand to rent a car. Taxi service is available, but costs may be more than \$100. PLEASE NOTE: In order to be reimbursed for taxi fares or rental car fees,

orders must specifically state: "Authorized to utilize taxi or rental car from airport to ultimate destination." NAS Pax River does have a shuttle bus service to/from Ronald Reagan National Airport. The "Pax Shuttle" is a free transportation service available to/from Ronald Reagan National Airport M-F (NO WEEKEND OR HOLIDAY SERVICE). Try to plan your arrival before 1:30 P.M. The shuttle departs from near the flag pole in front of the old main terminal departure. The current shuttle schedule has two departures from the airport at 8:35-8:40 A.M. (arriving in Pax at approximately 1:00 P.M. after several stops) and 2:10-2:20 P.M. (arriving at Pax at approximately 5:00 P.M.). This schedule is subject to change. RESERVATIONS ARE A MUST SO THEY KNOW TO LOOK FOR YOU. You should be in the appointed spot at the appointed time. Also note there are several community shuttles servicing the Tri-County area to/from Dulles, BWI, and Ronald Reagan National airports and train stations - C'Agnes at 301-994-0773, Martin Shuttle Service at 301-373-4407 and Smart Ride at 410-535-6932. Call for reservations! Be sure to call your command, your sponsor, the Public Works Transportation Office at 301-342-5088 (DSN 342-5088) or one of the local shuttles for reservations and any changes if flying in. Do not forget your sponsor who can be a big help!

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| Name: C'Agnes Transportation |
| POC: Leo Young |
| Phone: 301-994-0773 |
| Comments: All occasion sedan-van service offering door to door service 24 hours a day. Service to and from area airports included. Call for fees and reservations. |

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|---|
| Name: Martin's Shuttle Service |
| Phone: 301-373-4407 |
| E-Mail: gomassinc@aol.com |
| Comments: By appointment door to door shuttle service to/from bus and train stations and airports plus any destination in the D.C., VA or Baltimore areas. Single, family, group/corporate rates. Call for fees and reservations. 48 hours advance notice is recommended. Emergency contact number is 301-672-0599. |

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| Name: Public Works Transportation Office |
| POC: Dispatcher |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-5088 |
| DSN Phone: 342-5088 |
| Comments: THERE IS NO PUBLIC TRANSPORTATION TO THE PATUXENT RIVER AREA. TAXIS ARE GENERALLY NOT REIMBURSABLE AND ARE VERY EXPENSIVE. Call to make reservations for the "Pax Shuttle" (free shuttle to/from the base) that picks up at Ronald Reagan National Airport two times a day M-F except holidays. RESERVATIONS ARE A MUST for the "Pax Shuttle". See TRAVEL PLANNING/OVERVIEW for more details. |

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| Name: Smart Ride, Inc. |
| Phone: 410-535-6932 |
| FAX: 301-855-9228 |
| E-Mail: info@smartrideinc.com |
| Comments: Shuttle transportation to/from bus, train and airports. Call 24 hours in advance for fees and reservations. Family plan - additional family member fee is \$5.00 beyond the first full fee member. Accept personal checks, American Express, VISA and MC. 10:00 P.M.-5:00 A.M. pickup may incur an additional \$10.00 charge. Smart Ride has just started a shuttle van service to/from the St. Mary's County airport and Baltimore-Washington Airport (BWI) three times a day. Fees are greatly reduced. Call for more details. |

Vehicle Ownership

Members of the Armed Forces are exempt from acquiring a Maryland license if they have a valid driver's license from their home of record.

Military personnel do not need to re-register their car if the car is registered in their home state. Call the Motor Vehicle Administration at 1-800-950-1682 to verify specific questions.

To register a vehicle on base you must have registration, identification card, valid drivers license and proof of insurance. You can register your vehicles at the Department of Public Safety, at the Gate 1 Pass Office or at Gate 2 Pass Office (Building 2189). Hours are 7:30 A.M.-5:30 P.M., M-F at Gate 1 and 7:30 A.M.-3:30 P.M., M-F at Gate 2.

All the major insurance companies have offices in Southern Maryland, for more information call the insurance companies to compare rates and to meet your needs.

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| Name: Direct Express Auto Tag & Title, LLC |
| POC: Kristyn Hood |
| Address: 22934 Three Notch Road Suite 001 |
| City: California, MD 20619 |
| Phone: 301-862-5533 |
| WWW Link: http://www.marylandautotags.com |
| Comments: Save yourself a trip to the MVA. Maryland vehicle tags and registration while you wait or next day - cars, trucks, motorcycles, trailers, anything on wheels. MVA licensed. Service charge. Located near Blockbuster Video. Call for information and questions. Other locations are in Prince Frederick, 410-535-5979, Dunkirk, 410-286-5599, and Temple Hills, 301-433-0970. Hours of operation are: 9:00 A.M.-6:00 P.M., M-F, and 9:00 A.M.-1:00 P.M. on Saturday. |

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| Name: Fast Stop Tag and Title, LLC |
| Address: 22340 Three Notch Rd. |
| City: Lexington Park, MD 20653 |
| Phone: 301-863-2886 |
| FAX: 301-863-2053 |
| E-Mail: fstt_autotags@yahoo.com |
| Comments: AUTO REGISTRATION SERVICE (for additional fee), servicing Southern Maryland since 1994. MVA licensed. Customer oriented service offering MD vehicle registration and out of state registration. New resident's service, with or without a MD driver's license, and with or without a lien. Notary and fax service available. Discount for multi vehicle registration and repeat customers. Other locations at 25805 Point Lookout Rd., Leonardtown, MD, 301-475-9241/fax 301-475-2013 and 810 North Solomons Island Rd., Prince Frederick, MD, 410-414-9824/fax 410-414-9822. Hours of operation are: 9:00 A.M.-5:00 P.M., M-F. |

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| Name: Motor Vehicle Administration |
| Address: 27351 Point Lookout Rd. Route 5 at Sunnyside Rd. |
| City: Leonardtown, MD 20650 |
| Phone: 1-800-950-1682 |
| WWW Link: http://www.marylandmva.com |
| Comments: Hours of operation are 8:30 A.M. to 3:45 P.M., W-F (12:00-12:30 P.M. lunch). Part-time facility featuring: renewal of driver's license and I.D. cards, duplicate driver's license and I.D. cards, corrected driver's license and I.D. cards, new residents conversion to MD driver's license (with valid out of state license), commercial driver's learners permit (CDL permit done in Waldorf), learner's permits (no road skills test), conversion of profile license/I.D. to front view, conversion of provisional license, tag return, certified copies of driving records and voter registration. NO TAG & TITLE WORK IS PROCESSED AT PART-TIME FACILITIES. The mobile unit comes 4 times a month. Call for days. Services include state driver's license conversion, ID services, registration renewal, substitute tags and sticker, tag returns, voter/organ registration, change of address, duplicate registration, certified copy of driving record and disabled parking tags and placards. |

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| Name: Motor Vehicle Administration - Mobile Unit |
| Address: Parking Lot/Frank Knox Bldg./Bldg. 2189 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 1-800-950-1682 |
| WWW Link: http://www.marylandmva.com |
| Comments: Open the last Thursday and Friday of the month from 10-3 (Lunch from 12:30-1:00 P.M.). Call to verify days and times! Services include state driver's license conversion, ID services, registration renewal, substitute tags and sticker, tag returns, voter/organ registration, change of address, duplicate registration, certified copy of driving record and disabled parking tags and placards. |

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| Name: Motor Vehicle Administration/Prince Frederick |
| Address: 200 Duke Street (Louis Goldstein Building) |
| City: Prince Frederick, MD 20678 |
| Phone: 1-800-950-1682 |
| WWW Link: http://www.marylandmva.com |
| Comments: Hours of operation are 8:30 A.M.-3:45 P.M. on Mondays and Tuesdays (Lunch from 12:00-12:30 P.M.). Part-time facility featuring: renewal of driver's license and I.D. cards, duplicate driver's license and I.D. cards, corrected driver's license and I.D. cards, new residents conversion to MD driver's license (with valid out of state license), commercial driver's learners permit (CDL permits done in Waldorf), learner's permits (no road skills test), conversion of profile license/I.D. to front view, conversion of provisional license, tag return, certified copies of driving records and voter/organ registration. NO TAG & TITLE WORK IS PROCESSED AT PART-TIME FACILITIES. |

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| Name: Motor Vehicle Administration |
| Address: 11 Industrial Park Dr. |
| City: Waldorf, MD 20602 |
| Phone: 1-800-950-1682 |
| WWW Link: http://www.marylandmva.com |
| Comments: Hours of operation are 8:30 A.M.-4:30 P.M., M-F for FULL SERVICE. 8:30 A.M.-noon, Sat. for driver's license services only. Last Saturday of the month, they offer tag renewals. Call to verify this. |

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| Name: NAS Security Pass Office |
| POC: Jim McCoy |
| Address: Building 2189 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-757-4675 |
| FAX: 301-342-3392 |
| DSN Phone: 757-4675 |
| DSN FAX: 342-3392 |
| Comments: There are Pass Offices at Gates 1 and 2. Both offer the same services. Gate 1 has longer hours and provides housing guest passes. |

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| Name: St. Mary's County Treasurer |
| Address: P.O. Box 642 23150 Leonard Hall Drive |
| Phone: 301-475-4472 |
| FAX: 301-475-4946 |
| Comments: Maryland automobile tag renewal may be done here for an additional \$1.00 fee. |

Housing and Billeting

Once you check in at the Command Duty Office (Administration Building 409) or your command check-in spot, you will be directed to check in at the Combined Bachelor Quarters (CBQ, Building 406). Go to the front desk with a copy of your orders. The front desk clerk will assign you a room according to your status. For Permanent Change of Station (PCS) orders, if you are single, you will be assigned a room according to your rank. If on transient orders and there is no billeting at the CBQ or at the Navy Lodge, single and married members must get a Certificate of Non-Availability from billeting authorizing you to go off base. Geographical bachelors must put in a request for geographical bachelor berthing to be decided by the Geographical Bachelor Board. NOTE: GB SPACE IS LIMITED. Children under the age of 18 are allowed to stay in the CBQ for a short time on a case by case basis. Families are referred to the Navy Lodge on base (301-737-2400) or call 1-800-NAVYINN for worldwide reservations. If there is no room at the Navy Lodge or you have a pet, see the listing of other lodging options below.

OTHER LODGING OPTIONS (in alphabetical order):

This listing represents a sampling of lodging facilities within 15 miles of the base and does not stipulate any endorsement by the Fleet and Family Support Center. For further assistance utilize the yellow pages.

*A&E MOTEL-Lexington Park, 301-863-7411
 *BEST WESTERN-California, 301-862-4100
 *COMFORT INN BEACON MARINA-Solomons, 410-326-6303 or 800-228-5150
 *DAYS INN-Lexington Park, 301-863-6666 or 800-DAYS INN (pets)
 *EXTENDED STAY OF AMERICA-Lexington Park, 240-725-0100
 FAIRFIELD INN-Lexington Park, 301-863-0203
 *HAMPTON INN-Lexington Park, 301-863-3200
 *HOLIDAY INN SELECT-Conference Center and Marina-Solomons, 410-326-6311 or 800-HOLIDAY
 *LORES APARTMENT HOMES-Lexington Park, 301-863-7536
 *NAVY RECREATION CENTER-Solomons,

800-NAVY-230 from DC,MD,or VA, all other areas, call 410-326-5203
 *SLEEP INN-California, 301-737-0000
 *SUPER 8-California, 301-862-9822 or 800-800-8000 (pets).

Hours of operations for the Housing Welcome Center are 6:30 A.M.- 4:30 P.M., M-Th, and 7:30 A.M.-4:00 P.M. on Friday, with a 24 hour computer information system in the foyer. See Record Listings.

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|---|
| Name: Combined Bachelor Quarters (CBQ) |
| Address: Bldg. 406 22103 Mandt Rd. |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3601 |
| FAX: 301-995-3614 |
| DSN Phone: 342-3601 |
| DSN FAX: 995-3614 |

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|---|
| Name: Housing Welcome Center |
| POC: Edie Potter |
| Address: Building 2371 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3847 |
| FAX: 301-342-4823 |
| DSN Phone: 342-3847 |
| DSN FAX: 342-4823 |
| E-Mail: pottered@navair.navy.mil |

| |
|---|
| Name: Navy Lodge |
| Address: Building 2119 22148 Cuddihy Road |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-737-2400 or 1-800-NAVY INN |
| FAX: 301-862-7866 |
| WWW Link: http://www.navy-nex.com |
| Comments: Efficiencies. No pets allowed. Directions: Enter Gate 1 and take a right at the light (Cuddihy Road). Lodge is on the left across from the commissary. |

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|---|
| Name: On-Base Camping Reservations |
| POC: Morale Welfare and Recreation |
| Address: Bldg. 458 (Drill Hall) |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-3508 x5 |
| FAX: 301-342-3232 |
| DSN Phone: 342-3508 x5 |
| DSN FAX: 342-3232 |

| |
|---|
| Name: Recreational Center/Solomons |
| Address: P.O. Box 147 |
| City: Solomons, MD 20688 |
| Phone: 410-326-5204/5203 or 1-800-NAVY-230 (MD,DC,VA) |
| WWW Link: http://www.ndw.navy.mil/mwr/nrcsolomons.html |
| Comments: Varied lodging opportunities available. No pets are allowed in lodging but can be on the grounds if on a leash. |

Money Matters

The cost associated with PCS orders can be debilitating for even the most solid budget. Research shows that only one out of three dollars spent are actually reimbursed from the government. So plan carefully, ask questions, and keep up with receipts and spending. Below are some of the allowances you should know about before you move.

DISLOCATION ALLOWANCE (DLA): Active duty personnel with family member moving from a permanent duty station are entitled to a DLA. This is paid to offset the costs of closing on a home and setting up one. DLA is not available to those transferring in the same geographical location. DLA may be dispersed at the time of travel, or upon arrival at the gaining command.

MILEAGE IN LIEU OF TRANSPORTATION (MALT): Service members receive a MALT when they drive to a new assignment. The allowance is computed on federal tables of mileage between the old and new duty stations (official distance). Even though the official distance may be longer or shorter than the service member drives, the official distance determines the allowance payable. MALT is also paid to those going overseas if they drive from their stateside location to the port of embarkation for transcontinental plane or ship, or from the port of debarkation to the new duty station. There are rates that apply to spouses authorized to travel alone or with family members, and to sponsors traveling with family members. These rates also apply to travel in a second car when its use is authorized. MALT will be dispersed at the time of travel or upon arrival at the gaining command. .

PER DIEM ALLOWANCES: Along with DLA and MALT, food and lodging are allotted when making a PCS move. The allowance is paid at a rate of 356 miles per day travel. Service members receive \$86.00 a day plus \$64.56 a day for their spouse and

each family member over the age of twelve. When a spouse travels separately, the spouse receives \$86.00 a day and family members traveling with her get \$64.56 or \$43.00 depending on the age.

TEMPORARY LODGING EXPENSE (TLE): New arrivals are eligible for this allowance to help offset the cost of temporary housing and meals. You are entitled to TLE even if you move into temporary government quarters. The amount of TLE depends on several factors, including family size, local per diem rate, actual cost of quarters and whether the quarters provide cooking or dining facilities. A single person gets 65% of the local per diem rate. A member with one dependent gets 100% and 25% for each additional dependent of the local per diem rate if expenses warrant. Two dependents without the member accompanying them are entitled to 100% and 25% per dependent thereafter. TLE is payable at either your new or old permanent duty station not to exceed 10 days for CONUS transfers. When transferring from or to OCONUS, the member may be entitled to up to 5 days TLE for lodging incurred in CONUS. Check with your overseas destination for allowed TLA upon arrival. **KEEP LODGING RECEIPTS.** You are allowed \$180.00/day maximum. TLE is not payable upon separation or transfer to the fleet reserve/retirement.

ADVANCED PAY: Advance pay is your base pay less mandatory deductions, i.e. FITW, FICA, SITW, SGLI, etc. Not other pays or allowances may be included in the computation. Consider this advance very carefully! As soon as you get your orders, a spending plan should be developed early enough to save extra money to be used to assist with the moving expenses. Many times advance pay is spent on other "emergencies" and is not around to assist with moving expenses. In addition, advance pay is a "dead horse" that automatically reduces your take home pay to use for bills and unforeseen moving expenses. Talk to your Command Financial Specialist prior to drawing advance pay.

No more than three months advance pay may be drawn. The advance is normally repaid in equal installments over twelve months. In certain cases, repayment can be spread over twenty-four months. Repayment may be delayed for up to three months after the month of receipt.

If approved by your commanding officer, an advanced housing allowance can be drawn (with copy of lease). You must prove that this money will be used for housing costs. Advance housing allowance is up to three months BAH. Advance

housing allowance may be repaid over a twelve month period, and in exceptional circumstances, may be repaid over a longer period. This is not for buying a home.

REMEMBER, ALL ADVANCED PAY MUST BE REPAID.

UTILITIES: In the record listings below, we have listed the setup costs, deposits and basic fees for the most common utilities. Use these in preparing your moving budget. For natural gas and trash collection there are many companies in the three counties to choose from. Check the yellow pages and call around for the best service and price for you.

| |
|--|
| Name: COMCAST-For Calvert County cable |
| Address: 1030 Theater Drive Suite D |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-2602 |
| WWW Link: http://comcast.net |
| Comments: There is a \$29.00 hook-up fee for new homes and \$24.00 fee for older homes for the first television and \$16.50 for each of the others if done at the same time. Limited Basic cable costs \$16.30 plus tax and franchise fees and Basic Plus is \$41.90 plus tax and franchise fees. Premium channels (HBO, CINEMAX, SHOWTIME and TMC) are available for an additional fee. Also be aware that prices may vary due to promotional offers in your area. Installation wait for homes with existing cable is 2-3 days - for new homes or homes that have never had cable, 2-3 weeks wait depending on availability. This division of the company also services some homes on the border between Charles and St Mary's counties and southern Anne Arundel Co. |

| |
|--|
| Name: COMCAST-for Charles County cable |
| Address: 336 Post Office Road |
| City: Waldorf, MD 20602 |
| Phone: 301-645-9300 |
| FAX: 301-843-7212 |
| WWW Link: http://www.comcast.com |
| Comments: There is a \$35.00 installation fee for the first set and \$19.50 for each after that for homes that did not have cable previously. For those that did have cable before, installation is \$29.00 for the first set and \$19.50 for each additional. Installation can usually be done the same or next day and on Saturday. Limited Basic cable cost is \$13.50 and Basic Plus is \$40.13 per month. Indian Head and LaPlata have franchise fees, therefore, monthly charges may be higher. |

| |
|--|
| Name: Calvert County Water and Sewage Division |
| Address: 150 Main St. |
| City: Prince Frederick, MD 20678 |
| Phone: 410-535-1600 ext 2329 |
| FAX: 410-414-2498 |
| Comments: There is a connection charge for new houses which is usually paid by the builder. Billing is done on a quarterly basis with areas having standard charges either metered or flat fees. |

| |
|---|
| Name: Charles County Government - Water and Sewer |
| Address: P.O. Box 1630 |
| City: La Plata, MD 20646 |
| Phone: 301-645-0624 |
| FAX: 301-645-0505 |
| WWW Link: http://www.charlescounty.org |
| Comments: There is a quarterly billing cycle from metered readings. 3-5 days notice needed before move in to do readings from previous tenant. If you are buying a house, you will need to provide the name of the title company, day of settlement, new owner's name, and lot and property number. For new home, call to set up service. |

| |
|---|
| Name: Fleet and Family Support Center - Personal Financial Counselor |
| POC: Patsy Baxley |
| Address: Building 2090 21993 Bundy Rd. |
| City: NAS Patuxent River, MD 20670-1132 |
| Phone: 301-342-4914 |
| FAX: 301-342-4802 |
| DSN Phone: 342-4914 |
| DSN FAX: 342-4802 |
| E-Mail: patsy.baxley@navy.mil |

| |
|--|
| Name: GMP Cable T.V. |
| Address: 44150 Airport View Drive |
| City: Hollywood, MD 20636 |
| Phone: 301-373-3201 |
| FAX: 301-373-3757 |
| WWW Link: http://www.gmpcabletv.net |
| Comments: This company installs television cables in St. Mary's County, Chesapeake Beach, North Beach, Boones Estates, and King George County in Virginia. If it is a new residence or never had a hook-up, you must schedule an install -installation wait can be up to 4-6 weeks. A technician will let you know if the installation is possible and what is involved and the possible cost. The average wait for installation, if cable has previously been installed, is 3-5 working days . Basic cable cost \$39.83 for St. Mary's County and on NAS Patuxent River. |

| |
|--|
| Name: Personnel Support Activity Detachment |
| POC: PNC Cannon |
| Address: Building 409, Admin., 22268 Cedar Point Rd. Unit 42325 |
| City: NAS Patuxent River, MD 20670 |
| Phone: 301-342-7293 |
| FAX: 301-342-1059 |
| DSN Phone: 342-7293 |
| DSN FAX: 342-1059 |

| |
|---|
| Name: Southern MD Electric Cooperative (SMECO) |
| Address: P.O. Box 1937 (correspondence) P.O. Box 2000 (payments) |
| City: Hughesville, MD 20637 |
| Phone: see comments |
| FAX: 301-274-4451 |
| WWW Link: http://www.smeco.coop |
| Comments: Call Calvert County 410-535-4400, Charles County 301-645-3636, or St. Mary's County 301-475-5631 for service, or 888-440-3311 for all counties. In most circumstances, set-up can be arranged over the phone during working hours 8-5 M-F (except holidays) one day prior to date of desired service hookup and setting up of account. A \$25.00 service application fee will be charged and the charge will be on the first bill. This service application fee is non-refundable. Representatives will inform you of any other requirements at time of call in. Assess first time customers a deposit which varies depending on location. Deposit is deferred until the 2nd month's billing. Confirmation letter mailed on date service requested will address ways of having deposit waived (ex. good credit report from previous utility or credit report done in the last 3 months). |

| |
|--|
| Name: St. Mary's Co. Metropolitan Commission (water/sewage) |
| Address: 43990 Commerce Ave. |
| City: Hollywood, MD 20636 |
| Phone: 301-373-4733 |
| FAX: 303-373-4822 |
| Comments: There is a monthly billing with a quarterly meter reading so your quarterly bill may be higher. Call for set up details. |

| |
|--|
| Name: Verizon (telephone) |
| Address: P.O. Box 17577 (bill payments) |
| City: Baltimore, MD 21297-0429 |
| Phone: 301-954-6260/6230 |
| FAX: 800-510-1914 |
| WWW Link: http://www.verizon.com/ |
| Comments: There is a \$48.00 connection charge that can be paid in the first bill. Based on your credit history, an advanced payment of \$75.00 (which goes toward your first bill) and a security deposit of \$50.00 may be required. |

Call the number above for set-up or set up via the internet site. If doing by internet, please be aware that the set up process is slower - follow up by phone.

For correspondence write EDMA Imaging Center, P.O. Box 1915, Beltsville, MD 20704.

At A Glance

Facility/Services Summary

| <i>--Officer and Enlisted Population--</i> | | | |
|--|------|--|------|
| Active Duty Officer | 800 | Active Duty Warrant Officer | 11 |
| Guard Reserve Officer | 0 | Guard Reserve Warrant Officer | 10 |
| Retired (Officer and Enlisted) | 4500 | Foreign Service Officers | 15 |
| Active Duty Enlisted | 2200 | Guard Reserve Enlisted | 0 |
| Foreign Service Enlisted | 0 | | |
| <i>--Civilians--</i> | | | |
| Civil Service | 7200 | Wage Grade | 100 |
| Non-Appropriated Funds | 400 | Family Members -on and off Installation- | 4500 |
| <i>--Family Services--</i> | | | |
| Family Centers | 1 | Teen Centers | 1 |
| Child Day Care | 2 | Family Child Care Certified Homes | 29 |
| Total Child Capacity | 202 | Total Child Capacity | 162 |
| Average Waiting List Time -Months- | 9 | | |
| <i>--Other Services--</i> | | | |
| Commissary | 1 | Exchanges | 1 |
| Shoppettes | 1 | Gas Stations | 1 |
| Movie Theaters | 1 | Banks and Credit Unions | 2 |
| McDonalds/Burger King | 1 | Other i.e. Exchange concessionaires | 5 |

Housing Summary

| <i>--Officer Housing--</i> | | | |
|----------------------------------|---|----------------------------------|---|
| Senior Officer Waiting | 0 | Senior Officer 3 Bed Room | 0 |
| Senior Officer 4 Bed Room | 0 | Senior Officer Other | 0 |
| Company Grade Officer Waiting | 0 | Company Grade Officer 2 Bed Room | 0 |
| Company Grade Officer 3 Bed Room | 0 | Company Grade Officer 4 Bed Room | 0 |
| Company Grade Officer Other | 0 | BOQ | 0 |
| <i>--Enlisted Housing--</i> | | | |
| Senior Enlisted Waiting | 0 | Senior Enlisted 3 Bed Room | 0 |
| Senior Enlisted 4 Bed Room | 0 | Senior Enlisted Other | 0 |
| Enlisted Waiting | 0 | Enlisted 2 Bed Room | 0 |
| Enlisted 3 Bed Room | 0 | Enlisted Other | 0 |
| BEQ | 0 | Transient Lodging Facilities | 0 |

Education Summary

| <i>Name</i> | <i>Numbers</i> |
|-----------------------|----------------|
| Elementary School | 0 |
| Jr High/Middle School | 0 |
| High School | 0 |

Local Community Summary

| <i>Type of Housing</i> | <i>Avg.</i> | <i>Low</i> | <i>High</i> |
|-----------------------------|-------------|------------|-------------|
| Apartment Rent | 840 | 575 | 1700 |
| House Rent | 995 | 500 | 1800 |
| House Price - Single Family | 170000 | 9000 | 1500000 |
| Townhouse/Condominium Price | 48720 | 27000 | 299900 |

Medical and Dental Summary

| <i>--Medical Facilities--</i> | | | | | |
|-------------------------------|---|------------------------------|---|------------------|---|
| Medical Treatment Facilities | N | Number of Beds | 0 | Medical Clinic | 1 |
| Alcohol | Y | Allergy | Y | Audiology | Y |
| Cardiology | N | Coronary care | N | Dermatology | N |
| Dietary | Y | Emergency room | N | Endocrinology | N |
| Family Practice | Y | General surgery | N | Gynecology | Y |
| HIV Unit | N | Hematology | N | Immunization | Y |
| Infect Disease | Y | Intensive Care | N | Laboratory | Y |
| Mental Health | Y | Neonatal Intensive Care Unit | N | Nuclear Medicine | N |
| Nephrology | N | Neurology | N | Neurosurgery | N |
| Obstetrics | N | Oncology | N | Ophthalmology | Y |
| Optometry | Y | Orthopedics | N | Otolaryngology | N |
| Pathology | N | Pediatrics | Y | Physical Therapy | Y |
| Podiatry | N | Primary Care | Y | Radiology | Y |
| Rheumatology | N | Urology | N | | |
| <i>--Dental Facilities--</i> | | | | | |
| Dental Clinics | 1 | Adolescent | N | Endodontics | Y |
| General Dentistry | Y | Oral Surgery | Y | Orthodontics | N |
| Pedodontist | N | Periodontics | Y | | |

Relocation and Support Services Summary

| <i>--Military Clubs--</i> | | | |
|--------------------------------------|----|--------------------------------|---|
| Officers Club | 1 | Non-Commissioned Officers Club | 1 |
| Enlisted Club | 0 | | |
| <i>--Recreation--</i> | | | |
| Arts and Crafts | 1 | Automobile Hobby Centers | 1 |
| Bowling Centers | 1 | Recreational Centers | 1 |
| Libraries | 1 | Music and Theater Locations | 1 |
| <i>--Physical Fitness/Sports--</i> | | | |
| 9 Hole Golf Courses | 0 | 18 Hole Golf Courses | 1 |
| Gyms/Physical Fitness Centers | 1 | Jogging Paths | 1 |
| Tennis Clubs/Courts | 6 | Tennis Courts - Lighted | 1 |
| Swimming Pools - Public | 2 | | |
| <i>--Nature/Outdoor Activities--</i> | | | |
| Outdoor Recreation Centers | 15 | Campgrounds | 2 |
| Fishing Areas | 5 | Horse Stables | 0 |

APPENDIX

Disclaimer

Presentation of direct or indirect links to products, services or vendors does not constitute endorsement by the Department of Defense. We have provided links to these sites because they have information that may be of interest to our users. These links are presented for informational purposes only. You are encouraged to thoroughly investigate and evaluate items of interest prior to entering into contractual obligations.